

Bendoc Wheel

News from the Neighbourhood House

Yet another month has passed us by and yes it's getting colder. No snow yet and only a little rain.

Important news relating to the killing of protected wildlife in our region. For those receiving hard copy newsletters, more information on this please visit our website www.bendoc.org.au and look under our newsletter section for Operation Norwich for those who receive email pdf newsletters there will be a second attachment with details.

During the upcoming school holidays, please take care on our roads. The Bendoc Neighbourhood House will be open during these holidays.

Our craft ladies had a fantastic day at Tree Of Life in Bombala on June the 12th, finishing off a selection of amazing items. Our thanks to Shirley for her continued assistance with our classes. Our next class is on Tuesday 10th July 2018 at the Tree of Life in Bombala, cost is \$20 per person.



If anyone has any ideas that could be used as either courses or events at our centre please let us know what you would like us to do for you.

If anyone has books, DVDs or music CDs they would like to donate to our community library, please drop them down at the centre.

Until next month, please stay safe and enjoy the upcoming holidays.

From the Co-ordinator's desk Bendoc Neighbourhood House.

Bendoc Progress Association Inc.

Opening Hours

Monday, Tuesday, & Wednesday

9.30am—2.30pm

Closed Public Holidays

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

Bendoc Neighbourhood House

[Shire Outreach Centre](#)

Remember

East Gippsland Shire Council Library Books can be returned to our centre, we also have new books & DVDs for your perusal.

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Bendoc Fishing Club Wind Up Results. From Helen Jamieson.

Presentation day was held on 12th of May 2018 .

Juniors

Biggest Trout - Zane Jones

Biggest Redfin - Lydia Jamieson

Biggest Blackfish - Anna Cameron (Congratulations of all our Juniors)

Biggest Bag Eels - Aspen Cameron

Encouragement Award - Callan Jamieson

Seniors

Biggest Trout - Mick Hawkins

Biggest Off Comp Trout - Lance Mathews (Congratulations of all our Juniors)

Biggest Bag Eels - Peter Elliott

A ' Why Not Me ' Keyring went to Aaron Voveris for not being able to catch a fish all season (Maybe snoozing on the job?)

Congratulations to our winners of the 2 big raffles.

\$1000 - Kayla Jamieson & Charlie Lomas

Car Fridge - Katrina & Wayne Jamieson

The committee would like to thank all those who brought food, helped on the day and with the clean up next morning. A special thanks to everyone who braved the very cold, wet and windy conditions to make our day a success.

BOBCAT CONTRACTOR

Do you need:

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Slasher suitable for scrub or regrowth removal
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Preparation for sheds, carports,
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Reasonable rates

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**Contact: Steve on 02 64580303 or
0407190258 (Mobile does not work at home)**

Or email: stephenscroope@bigpond.com

Vehicle pictured is Steve's actual Bobcat

Kindling For Sale

Aspen Cameron has kindling for sale now the colder months are upon us!

\$5.00 per bag (over 8kgs of kindling!)

Can be dropped off at Bendoc or Delegate

Please phone Sinead on 0409 144 265 to arrange!

Give this hardworking young man a start by purchasing his kindling—a lot of effort and hard work is going in to this for him!

Good on you Aspen!



Expressions of Interest

Every month we will be holding craft classes at the Tree Of Life in Maybe St Bombala for all those who may be interested, Next Class is 10th July starting at 10 am classes are \$20 payable on the day.

Please let us know if anyone would be interested in attending the quilt and craft fair in early August up in Canberra., or for our flower enthusiasts, we may be organising a trip to Canberra later in the year for flower shows. Please watch this space for further information. **For more info ring Chris on 02 64581402 Monday to Wednesday.**

The Bendoc Wheel is published by the Bendoc Progress Association Inc, we welcome articles and other contributions from the general public, clubs and organisations in our area. The publisher accepts no responsibility for any advertisement or article. All items published are at the risk of the contributor who accepts liability for any intended publication. All such contributors agree to indemnify the publisher and warrant that the material is correct and accurate and is neither deceptive or misleading, in breach of copyright, defamatory or in breach other national and international regulations and laws.

With that said, please forward any interesting historical or current items to the Editor, Bendoc Wheel c/o Bendoc Progress Association Inc, PO Box 50 Bendoc Vic 3888.

Or via email at bendocpa@bigpond.com

DVD's and books are available at the centre, do remember that we are an East Gippsland Shire Outreach Centre, if you have any questions just drop in.

Snowy Monaro Council Roads Dept.
If you wish to report road conditions in the new Snowy Monaro Shire please ring **02 6451 1018** (Main point of contact for all Roads related complaints)

NEW IDEA FOR WHEEL

Items for sale or give away, if you have some drop me a line and they'll go into our next Bendoc Wheel.

Email to bendocpa@bigpond.com or ring 0264581402 Mon-Wed 9.30 to 2.30pm

Recipes of the Month

Scalloped Potatoes with Bacon (Microwave)

500 grams Potatoes, thinly sliced
4 Bacon Rashers, chopped
3 Green Shallots, chopped

300 grams Sour Cream
1 Cup grated Tasty Cheese

- 1) Place potato slices evenly into shallow dish with water, cover and cook on high for 10 minutes until tender, drain off water.
- 2) Combine bacon and shallots in a small dish, cover and cook on high for 2 minutes.
- 3) Spread sour cream over potatoes, top with bacon/shallot mixture and cheese.
- 4) Cook on high for five minutes or until heated through and cheese is melted.

Serve and enjoy.

Spicy Chicken

6 Chicken Breasts
250 gram Can of Crushed Pineapple
1 tsp English Mustard

1/2 Cup of Chutney
1 Cup sliced Blanched Almonds

- ◆ Mix all ingredients together and spoon over Chicken Breasts in roasting tray.
- ◆ Bake at 170 degrees C until tender and glazed (Approximately 3/4 to 1 hour of cooking required)

Serve with baked potatoes and pumpkin and your choice of extras.

Recipes found in old folder marked for Bendoc Wheel 1996,

A blast from the past, hopefully you'll enjoy them..

Chef from clipart



Delegate Pony Club News

A brief rundown of May and June 2018..

Mounted games in Bungendore Sunday 27th May 2018. Delegate Pony Club had 2 teams compete and what an outstanding job they did. Our two teams were the **Khasbees** - name is the initials of their ponies with extra few letters to make it sound great and the **Pony Power** were the younger riders.

The teams were - Pony Power, Gabrielle Kidd, Dala Willoughby, Errin Farran, Adelaide Brady and Ashley. The Khasbees, Matsya Willoughby, Shania Caldwell, Amber Butterworth, Jasmine Butterworth and Stephanie Richardson. The games the riders competed in were - Balloon Bursting, Five Flag Race, Sword Race, Tack Shop Race, Sock Race, Postman's Chase, Stepping Stones, Hurdle Race, Rope Race, and Pyramid Race.

They all did the best they could and showed great team spirit. They were also cheering on the other teams so great sportsmanship and this was recognised on the day with Pony Power receiving award for great cheering and sportsmanship.

The Khasbees came 5th in 1st division and Pony Power came 1st overall in their respective age group.

Both of our teams would like to thank Rachel and Rowena Butterworth for all the extra practises, supplying the teams the equipment to run practises and being the best team managers. They both always go above and beyond the call of duty and the riders are very lucky to have them as part of our club.

Delegate Pony Club also held their June rally on the cold Sunday 2nd June with 6 riders present. They worked on leg yielding and bending in the morning with Sinead Cameron. The afternoon instructor was Rowena Butterworth and she put the riders through the paces of pole work and jumping. It was an enjoyable day even with the colder temperatures.

Sunday's Mounted Games Championship held 24th June at Bungendore. Delegate Pony Club had 1 full team the (Khasbees) and 1 rider that rode in a mixed team (the Mix Matches).

The Khasbees came 7th in Division A, out of a field of 9. The Khasbees got 3rd place in sock race, 3rd place in rope race, 4th place in stepping stones and 5th place in five flag.

Team Khasbees was Jasmine Butterworth, Amber Butterworth, Shania Caldwell, Steph Richardson and Matsya Willoughby.

The rider that rode with the Mix Matches was Dala Willoughby. This team was made up of Murrumbateman Pony Club and Delegate Pony Club.

All the riders had a lot of fun and learnt/mastered a lot of skills, and it built confidence.

The weather was very favourable after a cracking frost.

Congratulations to the teams, the parents and all the helpers to make these days happen.

Next Rally will be held Sunday 8th July 9:30am gear check with a 10:00am start at an organised location, please check our Facebook page or call for any changes.

BIRTHDAYS!

Celebrating their birthdays this month are..

Claire Strickland and Ebony Bayliss-Brandenburg

Wishing you all the best on your special day.





The Delegate Multi Purpose Service

Bendoc Progress Association

Wellness Clinic – Delegate MPS

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent ECG update hours!

Suture or clip removal

Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

Monday-Tuesday-Thursday & Friday

1.00pm—2.00pm

No appointment necessary. Closed Public Holidays.

The Delegate MPS will still be open as per usual, so if you have a health concern please come over and be assessed by the nursing staff.

Bendoc
Neighbourhood
House



www.bendoc.org.au

Community Information Board

MOBILE LIBRARY The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Bendoc Resource Centre. Where we have a broad range of books and DVDs that are rotated regularly for your enjoyment! Come in and browse our selection of books..

BENDOC BUS SERVICE Merimbula Day Trip—once a month on a Friday. Please phone Claire 6458 1433, Nola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

New times for DWELP Office Bendoc

Monday 9am to 3,30pm lunch 12.30 to 1pm

Tuesday to Thursday 9.00am to 3.00pm lunch 12.30 to 1pm

Closed on Fridays

Effective 1st May 2018 till 30th November 2018

Bendoc Resource Centre and
Neighbourhood House
Cnr Dowling & Jamieson Sts
BENDOC VIC 3888

Phone: 02 6458 1402
Fax: 02 6458 1402
E-mail: bendocpa@bigpond.com

East Gippsland Shire
Council Outreach Centre
and Library.

We now have our own DVDs and Books for borrowing. Drop in and have a look and enjoy a free cuppa. Also have a look at the newer EGSC Library books.

**Get your
FireReady Kit**

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www.cfa.vic.gov.au

PREPARE. ACT. SURVIVE.
FireReady

BOMBALA WASTE MANAGEMENT

– Servicing of septic tanks, grease traps and all other liquid waste
– Portaloo hire

ROBERT SHARON HAMPSHIRE

11 High Street, Bombala NSW 2632

0417 423 983 or AH 02 6458 3075 robshaz10@dodo.com.au

collector of antique bottles

Dear Far East Land carers,

PICK MY PROJECT

Pick My Project has been launched, and applications are now open to all Victorians aged 16 and over, until 24 June 2018!

This is an incredible opportunity to make our communities even better places to live, with \$30 million available to fund project ideas to improve local neighbourhoods.

The Pick My Project website has a range of resources available to help you understand more about this initiative, including:

- Guidelines
- Budget advice
- Information booklet

'How to' videos and translated materials will also be available very soon.

Get involved!

A number of community events and information sessions and online webinars are being run while applications are open. Come along, attend an event, grow your network, form new partnerships, and meet some like-minded community members.

(SEE ABOVE)

If you would like more assistance, or have a question, please call through to our friendly contact centre on 1800 797 818 or email us at contact@pickmyproject.vic.gov.au.

We hope you are as excited about Pick My Project as we are! We can't wait to see all the incredible collaboration, partnerships and project ideas that Victorians have to offer.

Kind regards,

Mara Hurley | Information officer | Strategic Communication, Engagement and Protocol Branch Department of Premier and Cabinet | Level 34, 121 Exhibition st, Melbourne Victoria 3000 T 03 8684 1636 | www.dpc.vic.gov.au | www.vic.gov.au

We acknowledge the traditional Aboriginal owners of country throughout Victoria and pay our respect to them, their culture and their Elders past, present and future.

Call the Pick My Project team on 1800 797 818, or email us at contact@pickmyproject.vic.gov.au

Operation Norwich Inter-agency Investigation

Information is available on our webpage www.bendoc.org.au under news-letter section. Other wise you can contact DELWP on 02 64590500 at Bendoc DELWP Office.

If you know something, say something!

You can report this wildlife crime online

**<https://www.crimestoppersvic.com.au/report-a-crime/>
or phone 1800 333 000.**

Delegate Pony Club Photographs

