

Bendoc Wheel

News from the Neighbourhood House

From the Co-ordinator's desk Bendoc Neighbourhood House.

Yet another month has passed us by. Our thanks to Nathan for assisting our office over his 7 days. Job well done.

Our Neighbourhood House would like to thank the Bombala High School, Dianne Belcher and the Delegate Progress Association for donations of books for our community library. Your donations will be very useful to our community.

Monday 20th August saw good snow falls over the region, we actually got the white stuff in Bibbenluke. As a result school buses were not running and this centre was closed. Tuesday morning and the white stuff is still hanging about in Bendoc.

My apologies for the recent temporary closure of the Bendoc Centre this was due to health issues on my part. However as of the 3rd Sept we are back up and running.

As we have had no interest in our buy, sell or swap section for now it will be shelved until we have any interest.

Do remember that the Bendoc Neighbourhood House is also your local East Gippsland Shire Outreach centre, so if you wish to lodge a complaint re road conditions or what ever just drop in and we can assist you.

Come down and browse our selections of DVDs and books now available.

For those interested in our Tree of Life Craft Courses the next is booked for 10am on the 15th of October 2018 and will be a shabby chic card class. These are very interested cards and the cost as always will be \$20. The course will be held at the Tree of Life in Maybe St Bombala NSW just down from the Bombala Bakery. Please ring 64581402 Monday to Wednesday for further info.

Till next month happy reading.

Bendoc Progress
Association Inc.

Opening Hours

Monday, Tuesday, &
Wednesday

9.30am—2.30pm

Closed Public Holidays

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

Bendoc Neighbourhood
House

[Shire Outreach Centre](#)

Remember

East Gippsland Shire Council Library Books can be returned to our centre, we also have new books & DVDs for your perusal.

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Recipe of the Month

Chef from clipart



Banana Bread

Ingredients.

- | | |
|------------------------|---------------------------|
| 40gms butter | 1/2 cup of sugar |
| 1 egg lightly beaten | 3/4 cup of sultanas |
| 1/4 tsp mixed spice | 1 1/2 cups of plain flour |
| 2 tbsp. coconut | 1 tsp bicarbonate of soda |
| 1/2 cup banana, mashed | 1 tsp baking powder |
| 1/2 cup chopped pecans | 2 tbsp. of milk |

Procedure

- 1/ Grease a loaf tin, cover sides and base with grease proof paper.
- 2/ Cream butter and sugar until light and fluffy, stir in egg, banana, Spice, nuts, coconut and sultanas. Mix well.
- 3/ Stir in sifted dry ingredients (Flour, bicarbonate of soda and baking powder) and milk in 2 batches.
- 4/ Spread mix evenly into prepared tin, bake in moderate oven for 45 minutes.

Enjoy. Gluten free plain flour could be used to create a Gluten free version.

BOBCAT CONTRACTOR

Do you need:

Heavy duty slasher and bucket



Slasher suitable for scrub or regrowth removal
Clearing
Small Earthworks
Levelling
Preparation for sheds, carports,
water tanks and paving
Clean ups

Reasonable rates

Fully insured

**Contact: Steve on 02 64580303 or
0407190258 (Mobile does not work at home)**

Or email: stephenscroope@bigpond.com

Vehicle pictured is Steve's actual Bobcat

Snow in Bendoc. The next day..



Expressions of Interest

Every month we will be holding craft classes at the Tree Of Life in Maybe St Bombala for all those who may be interested, next course date is 15th of October 2018 starting at 10am.

If anyone is interested in Floriade this year please ring the office. Please watch this space for further information.

The Bendoc Wheel is published by the Bendoc Progress Association Inc, we welcome articles and other contributions from the general public, clubs and organisations in our area. The publisher accepts no responsibility for any advertisement or article. All items published are at the risk of the contributor who accepts liability for any intended publication. All such contributors agree to indemnify the publisher and warrant that the material is correct and accurate and is neither deceptive or misleading, in breach of copyright, defamatory or in breach other national and international regulations and laws.

With that said, please forward any interesting historical or current items to the Editor, Bendoc Wheel c/o Bendoc Progress Association Inc, PO Box 50 Bendoc Vic 3888.

Or via email at bendocpa@bigpond.com

DVD's and books are available at the centre, do remember that we are an East Gippsland Shire Outreach Centre, if you have any questions just drop in.

Snowy Monaro Council Roads Dept.
If you wish to report road conditions in the new Snowy Monaro Shire please ring **02 6451 1018** (Main point of contact for all Roads related complaints)

Tree of Life Craft day 15/October/2018
Starts 10am with ladies meeting for lunch afterwards.
Email to bendocpa@bigpond.com or ring 0264581402 Mon-Wed 9.30 to 2.30pm

Local Community Wild Dog Control Program update

The spring baiting program has kicked off for the AWI-supported local community wild dog control group which covers Tubbut, Deddick, Bonang, Dellicknora, Deddick River and Bendoc.

The program involves delivery of baits for 3 rounds of baiting in spring and 3 in autumn and is delivered with support from the DELWP Southern Ark program.

During autumn this program supported 21 landholders in putting out 2784 baits across 16,191Ha in support of their farming enterprises. Participation is down slightly in the spring program due to the extra workload being experienced due to the recent dry conditions and community wild dog coordinator, Mick Freeman has been working with local producers to identify areas where we might be able to increase participation by autumn 2019.

Any local landholders who are not currently involved in the program and would like to become involved to support their own enterprises or the efforts of their neighbours are encouraged to call Mick on 0477 358 061

Fire restrictions declared for Wellington and East Gippsland

CFA and Forest Fire Management Victoria (FFMVic) are introducing fire restrictions for Wellington and East Gippsland shires, starting from 1.00 am on Monday September 10 and continuing until 1 May 2019 unless stated otherwise.

CFA's Assistant Chief Officer, Trevor Owen said that restrictions are being enforced early to minimise the risk of more grass and bushfires being started by private burn-offs in the current dry conditions.

"This is not a normal year, conditions are a month ahead of what used to be normal - we've had a 50 to 60 per cent deficit in annual rainfall on top of last year's deficit, and grass and forest fuels are tinder -dry," Mr Owen said.

"CFA and FFMVic have already responded to an unprecedented number of early fires this year, the majority of which were caused by burn-offs on private land getting out of control.

"In many instances, the landholders did all the right things and were caught out by sudden changes in wind and weather and very dry fuels," Mr Owen said.

"But we also saw irresponsible behaviour: lack of resourcing, not attending a burn at all times, no notification to VicFire and neighbours, and an apathy towards the responsible management of fire.

"Both fire services have brought their fire preparations forward and are well-resourced and well-prepared to respond to the threat of bushfire, with additional fire fighters, new equipment and infrastructure, and an expanded aircraft fleet.

"The community needs to be fire ready early too – especially those living in high risk areas. Fire restrictions are in place for a reason – to help prevent fires from starting.

"It's critical that residents understand and comply with these fire restrictions to help to prevent bushfires, like the ones we've already seen in Gippsland during winter," Mr Owen said.

"We urge residents to make preparation for fire a habit, so they are not caught unprepared when bushfires strike.

"Prepare your property, prepare yourself and prepare your family for fire. Have a fire plan in place and most importantly, practise it."

To find out more about getting ready for the fire season visit www.cfa.vic.gov.au or call **1800 226 226**.

Delegate Pony Club News

Lydia Jamieson represented Delegate Pony Club at Bemboka Gymkhana on Sunday 5th August. This was the first time participating in competition on her new horse AJ. They both had a great day, bringing home 4 ribbons.

Delegate Pony Club also held its August Rally on Sunday 5th August. The riders enjoyed a great day with the weather in their favour. They worked on sporting events, beginnings of a flying change riding in a circle, riding into a canter at riders request not horses request. They also worked on activities in their work books to achieve their certificates. Riders and instructors came away from the day feel accomplished.



BIRTHDAYS!

Celebrating their birthdays this month are..

Nathan Bayliss-Brandenburg, Janine Jamieson and Rugged Cameron

Wishing you all the best on your special day.





The Delegate Multi Purpose Service

Bendoc Progress Association

Wellness Clinic – Delegate MPS

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent ECG update hours!

Suture or clip removal

Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

Monday-Tuesday-Thursday & Friday

1.00pm—2.00pm

No appointment necessary. Closed Public Holidays.

The Delegate MPS will still be open as per usual, so if you have a health concern please come over and be assessed by the nursing staff.

Bendoc
Neighbourhood
House



www.bendoc.org.au

Community Information Board

MOBILE LIBRARY The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Bendoc Resource Centre. Where we have a broad range of books and DVDs that are rotated regularly for your enjoyment! Come in and browse our selection of books..

BENDOC BUS SERVICE Merimbula Day Trip—once a month on a Friday. Please phone Claire 6458 1433, Nola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

New times for DWELP Office Bendoc

Monday 9am to 3,30pm lunch 12.30 to 1pm

Tuesday to Thursday 9.00am to 3.00pm lunch 12.30 to 1pm

Closed on Fridays

Effective 1st May 2018 till 30th November 2018

Bendoc Resource Centre and
Neighbourhood House
Cnr Dowling & Jamieson Sts
BENDOC VIC 3888

Phone: 02 6458 1402
Fax: 02 6458 1402
E-mail: bendocpa@bigpond.com

East Gippsland Shire
Council Outreach Centre
and Library.

We now have our own DVDs and Books for borrowing. Drop in and have a look and enjoy a free cuppa. Also have a look at the newer EGSC Library books.

**Get your
FireReady Kit**

1800 240 667
www.cfa.vic.gov.au

PREPARE. ACT. SURVIVE.

FireReady

BOMBALA WASTE MANAGEMENT

– Servicing of septic tanks, grease traps and all other liquid waste
– Portaloo hire

ROBERT SHARON HAMPSHIRE

11 High Street, Bombala NSW 2632

0417 423 983 or AH 02 6458 3075 robshaz10@dodo.com.au

collector of antique bottles

DELEGATE HOSPITAL AUXILIARY

CASSEROLE LUNCHEON



DELEGATE COUNTRY CLUB

*Wednesday
26th September*

11.30 for 12.00 start

\$15.00 per head

(2 courses)

Door Prize and Raffle on the day

To book ring:

Claire on 6458 1433 or Gail on 6458 7128

Bookings preferred to assist catering

Claire unavailable till 17th September

Delegate Pony Club Photographs



Lydia Jamieson representing Delegate Pony Club