

DEPI BENDOC CELEBRATES NAIDOC WEEK 6-13 JULY



Naidoc stands for National Aborigines and Islanders Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920s which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians. Naidoc Week is held in the first full week of July. It is a time to celebrate Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions that Indigenous Australians make to our country and our society. We encourage all Australians to participate in the celebrations and activities that take place across the nation during Naidoc Week. The theme for 2014 is Serving Country Centenary and Beyond.

This year's Naidoc theme honours all Aboriginal and Torres Strait Islander men and women who have fought in defence of country. From our warriors in the Frontier Wars to our warriors who have served with honour and pride in Australia's military conflicts and engagements across the globe. We proudly highlight and recognise the roles they have played in shaping our identity and pause to reflect on their sacrifice. We celebrate and honour their priceless contribution to our nation.

On a local level the Bendoc DEPI Office will join the celebrations and facilitate their own ceremony inviting everyone to join in.

Naidoc Week

Raising of the Flag Ceremony

Tuesday the 8th of July at 10.15am

Followed by morning tea

At the local office in Nichol Street Bendoc

Everyone is very welcome.

Please RSVP on 64 59 0500.



DEPI NEWS

Also visiting Bendoc in the last couple of weeks were the guys from Flowers Asphalt Pty Ltd from Traralgon in Victoria. The perfect day was provided to re sheet the DEPI car park with beautiful sunshine although just a little chilly the guys were happy to pose for a photo with the big boys toys and were quite impressed with Bendoc.

PAMPER DAY

COMMUNITY GET-TOGETHER



Focus on "Self-care"

- ♥ Relax and recharge
- ♥ Have a massage
- ♥ Meet others
- ♥ Get creative
- ♥ Be pampered

Wednesday 13th August

Bendoc Hall

11am—2.30pm

Pampering includes

- Massage
- Beading/Button creations
- Chocolate making
- Nailart
- and much more

Bookings by Thursday 7th August 2014

Phone 6458 1402

**BENDOC NEIGHBOURHOOD
HOUSE**



BTG Regeneration
Project



Join us for a
cuppa and lunch

SOCIAL

JULY BIRTHDAY'S

HAPPY BIRTHDAY TO ALL THOSE CELEBRATING A BIRTHDAY IN JULY.....FROM ALL YOUR FRIENDS IN BENDOC, SPECIAL WISHES TO.....

Claire Strickland
and

Ehoney Bayliss-Bradenburg



Aspen and Anna Cameron



Latest Arrival To Bendoc Congratulations

It's great celebrations at the Cameron's with the arrival of Anna on Friday the 27th of June at 2.30pm. Sinead and Jordan are the proud parents now to Aspen and Anna who are the 6th Generation of Cameron's to live in the area. Grandparent's Doug and Judy could not be happier and it's sure to bring a smile to Bessie's face.

Bendoc Visitor

Last month we had Emily Chew visit the Bendoc Resource Centre and her picture appeared on the front of the June Wheel Edition. You may remember Emily was hosted through a programme called Help-x which brings young people from all over the world to Australia and out to areas like Bendoc. Lyn Button is part of this program giving students an insight into the day to day running of an animal shelter. Currently Lyn has Charlotte Jak staying with her, charlotte is wanting to study animal care when she returns home in Holland and has enjoyed her time in Australia so far. Charlotte loves the wildlife and finds the Australian landscape beautiful. If you see Charlotte around please and make her welcome.



Charlotte

Bendoc Mobile Library Service

Over the last couple of months there've re been several people taking up new membership for the East Gippsland Library so that they are able to utilise the mobile library when it visits Bendoc each fortnight. New members are always impressed to find that even if you are not an book lover there is something for you on the library bus. Perhaps you prefer to listen to a story rather then sit and read and this option is certainly catered for with many books on both CD and MP3 format. If you are interested you can call into the Centre during business hours and complete a membership. There are many books on offer through the centre in house at the Bendoc Office if you miss the Mobile service. And of course returns can be processed at the Centre if you miss the bus.

Raffle Winner

Robert Cusbert was the winner of the recent Church wood raffle. Doug Cameron would like to thank all those who purchased tickets for this worthwhile fundraiser and a big congratulations to Robert.

Walk of Life Postponed

Unfortunately due to the weather the walk that had been planned to raise money for those suffering from cancer related diseases and their families had to be cancelled. With winter now well upon us it has been decided that this walk will be rescheduled when the warmer weather returns. Apologies to those who were looking forward to this event and we will confirm the new date in the next addition.

Bendoc Tip News

Well the truth is there is really no news about the tip. For those who visit it often you will know that the new bin has been delivered and it is a very nice looking bin as far as bins go. And the hole behind the bin is slowly getting smaller and smaller each time you visit so time is running out for those who wish to get rid of items that will not be excepted by the new system.

AUSTRALIA'S No.1 CRAFT & QUILT FAIR

Join the Bendoc Bus Craft Crew and head to Australia's No One Craft and Quilt Fair.

Saturday the 23rd of August, in Canberra.

There will be Workshops available throughout the day, as well as wonderful Craft on display.

Grab a friend and book today for your seat just \$38.00 includes entry and the bus to and from Canberra.

Departs 7.30am... Delegate RTC

PHONE 6458 1402

BOOK TODAY!!



Knowing the importance of local industry to smaller communities Danny has been visiting mill sites throughout eastern Victoria and meeting with mill operators to hear their concerns and their opinions on the current status of business. Danny will take this information and hopefully be able to pass on and get what assistance can be offered from the people qualified to do so. Danny acknowledged the hardship that is currently being experienced by mills such as the Bendoc Mill. There was very little time to spare for Danny this trip with a meeting at Bonang to follow the visit to Bendoc to attend the Goongerah/Deddick bushfire review meeting. It was great to see a Member visit the area and speak to the locals about local issues, Residents look forward to another such visit in the future.

What's Happening at the CFA



Well it certainly was all happening in Bendoc during the last week. With the resealing of the DEPI car park and the work at the CFA Shed and vehicles everywhere in Nichol Street you could have thought you were in an industrial park on the outskirts of Melbourne it has been that busy. Doug Cameron is pictured here with one of the workers from Sale who is hard at it on Stage One of the CFA Headquarters extensions. Members have been moving the contents of the current building over to the green shed at the rear of the DEPI Offices for safe keeping while the works are in progress. The shed or the "Green Shed" as it is known was given to the Bendoc community by DEPI when their new facilities were completed and this is the first time it has really been used and is proving to be very handy indeed. Delegate River are also under construction with a brand new shed, so it is all happening.

It's definitely not just the men who have been hard at it during the extensions the ladies have been packing boxes and giving support as well, thanks ladies. Expect a full progress update in the next edition of the Wheel.



Slow Cooker Recipe CREAMY COUNTRY CHICKEN

Chicken Thighs (8 or 10)

- Tin Cream of Chicken Soup
- 1/2 Teaspoon Garlic
- 1 Cup of Mushroom
- 1 Tub or Cream



METHOD

Brown the chicken thighs then add, the chicken, mushrooms, garlic and tin of Cream of Chicken Soup to the Slow cooker. Mix the top of Cream and the self raising flour together and then add to the slow cooker and cook for 1 hour on high and 5 hours on low. Serve with rice or vegetables.

Thanks to Lana Jamieson for this recipe .



JOKE

In which year did Cyclone Tracy hit Darwin?

1974

The Texan Farmer

A Texan farmer goes to Australia for a vacation. There he meets an Aussie farmer and gets talking. The Aussie shows off his big wheat field and Texan says, "OH! We have wheat fields that are at least twice as large". Then they walked around the farm a little and the Aussie shows off his herd of cattle. The Texan immediately says, "We have longhorns that are at least twice as large as you cows". The conversation has, meanwhile, almost died when the Texan sees a herd of kangaroos hopping through the field. He asked, "And what are those"? The Aussie replies with an incredulous look, "Don't you have any grasshoppers in Texas"?

MAKE AN OFFER

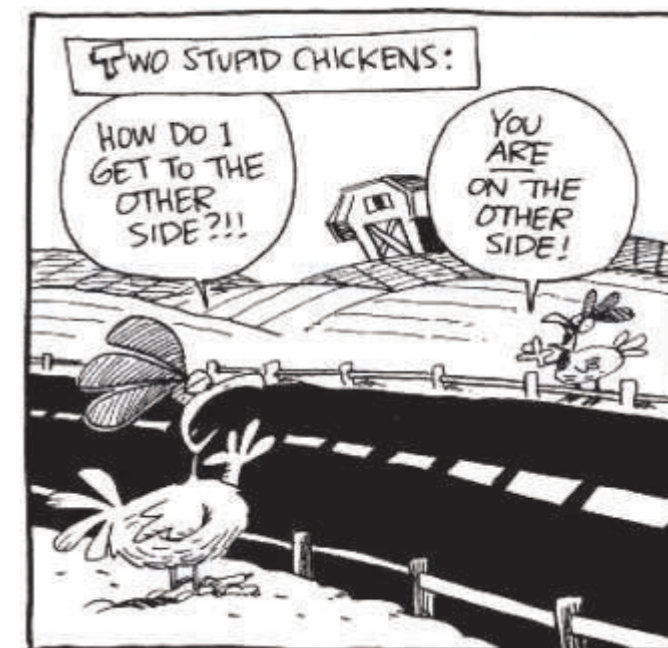
BENDOC RESOURCE CENTRE

Would like to sell a ...Canon BJC-4650 Inkjet Printer. Simply phone the Centre and make an offer.. 02 6458 1402

A Wish

I wish you enough

- I wish you enough sun to keep your attitude bright no matter how grey the day may appear;
- I wish you enough rain to appreciate the sun even more;
- I wish you enough happiness to keep your spirit alive and everlasting;
- I wish you enough gain to satisfy your wanting;
- I wish you enough loss to appreciate all you possess;
- I wish you enough hello's to get you through the final goodbye.



The Delegate Multi Purpose Service

Wellness Clinic – Delegate MPS

The Wellness Clinic is held at the Delegate Multi Purpose Service, Craigie Street, Delegate.
Phone: 6459 8000 for further information.

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes the following:

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG
- Suture or clip removal
- Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

- Monday 9.00am – 10.30am
- Tuesday 9.00am – 10.00am
- Thursday 9.00am – 10.30am
- Friday 9.00am – 10.00am



No appointment necessary. Closed Public Holidays. Anyone can attend.

Community Bill Board

DELEGATE HOSPITAL AUXILIARY ANNUAL CASAROLE LUNCH. Will be held on Tuesday the 2nd of September at the Delegate Country Club for Members and Friends. Everyone is very welcome. There will be all the usual lucky door prizes and plenty of laughs, so grab some friends and book today. Phone Gail Smallman 02 6458 7128 or Claire Strickland 02 6458 1433.

The Annual General Meeting was held last week for the Auxiliary and the positions are as follows President Claire Strickland, Vice President Helen Jamieson, Secretary/Treasurer Gail Smallman and Jan Ingram, Publicity Officer, Janice Lewis and this years Patron Heather Jones. Congratulations Ladies all the best for the new year.

LIBRARY VAN. The Library Van visits Bendoc 3 times in July the 3, 17 and 31st.

BENDOC CRAFT GROUP. The Bendoc Craft Group will return to meeting on the 2nd Tuesday of each month. There is not a restriction on what type of craft you can bring or how many friends just come along and socialize while enjoying what you love doing.

BENDOC BUS The Merimbula Bus will resume running the second Friday of the month. Phone Claire on 6458 1433 or Nola on 6458 3285 for details.

Delegate Public School P and C Fundraiser CHRISTMAS IN JULY

Date ... 26th July 2014..... Venue .. Delegate Country Club 6458 8169. \$25.00 Adults Children \$15.00

RSVP 21st July 2014 .. Phone Mel Kidd.... 0411 6120 027 or Lesley and Anthony 02 6458 8120

TUESDAY CLUB LINE DANCING AT BENDOC. Line Dancing and Lunch at the Bendoc Hall, more details in the next Bendoc Wheel.

CRAFT & QUILT FAIR BUS TRIP. Saturday the 23rd of August. Departs Delegate 7.30am from the Delegate RTC. Bookings can be made by phoning the Bendoc Resource Centre on 02 6458 1402

FLORIADE. September ... Date to be announced.

GLASS SLUMPING WORKSHOP. Saturday the 20th of September at the Old Delegate Hospital. Phone the Bendoc Resource Centre on 02 6458 1402 to book.

WALK AND LUNCH FOR LIFE. OCTOBER / DATE TO BE ANNOUNCED.

For Further Information Phone Bendoc Resource Centre 64 58 1402

TUESDAY—9.30am-3pm WEDNESDAY—10am-2pm THURSDAY — 9.30am-3pm

Email.... bendocpa@bigpond.com

BENDOC RESOURCE CENTRE IS YOUR CENTRE..

BENDOC WHEEL

bendocpa@bigpond.com

National Party Member Visits Bendoc

JULY 14



National Party Member for the Eastern Region of Victoria Danny O'Brien visited Bendoc on the 17th of June with two goals in mind. Firstly to present an award to our local SES and secondly to meet and discuss issues concerning local business. With his background in journalism Danny is well groomed in gathering information and filtering it to the people who need to know.

Below Danny is pictured with John Reed and Carl Crotty after presenting a Certificate of appreciation from the Government and people of Victoria to acknowledge the work that was carried out by the Bendoc SES Unit during the 2013-14 Fire Season. The award was given for the professionalism and commitment as well as the courage shown during this time by the members in keeping Victoria safe.



These members should be admired for the enthusiasm they display in roles that are volunteer positions.

As well as giving out this award Danny took the time to meet with and get to know local Businessman Raymond Jamieson to discuss his

concerns with the ever changing timber industry. As many would be aware it has been a very testing time for the local mill at Bendoc over the past 18months. As part of Danny O'Brien's commitment to the Eastern Region he has promised to work with locals to provide a strong representation in the legislative Council for all communities and their issues. To achieve this Danny has been travelling around visiting many smaller centres getting to know the people he represents. (Continues Page 2)

THIS ISSUE

New Baby

Baby Girl For Bendoc

REGULAR FEATURES

Birthdays .. Pg 6
Jokes.. Recipe.. Pg 7
Bill Board.. Pg 8

RESOURCE CENTRE

Open 3 days

Tuesday

Wednesday

Thursday

10am - 2pm

Bendocpa@bigpond.com