

Community Bill Board

BUS IN BENDOC. The Library Van will visit Bendoc Thursdays the 5th and 19th of December 2013. The dates for next year are not yet available. Now is the time to stock up for holiday reading.

BENDOC CRAFT GROUP. The Bendoc Craft Group have change their program and have decided to make every Tuesday, Drop in Day and people can then come when ever the feel like with whatever Craft they desire or just come for a cuppa and a chat. Everyone is welcome. However there will be a set workshop for Christmas table decorations with Carol Badewitz on Thursday the 28th of November. There are still places available and no craft ability is necessary as this is a step by step process. The cost is \$15.00. Come along and learn a to make something you will be proud to display on the Christmas table. Phone Bendoc Resource Centre today for information on 02 64 58 1402.

DELEGATE PONY CLUB. The Delegate Pony Club is now finished for 2013 however members are very welcome to enquire for next year. For information phone 6458 8496 or delegateponyclub@hotmail.com.

THE TUESDAY CLUB. Meet monthly on the second Tuesday of the month at 1.15pm at the Delegate Country Club. Take time out to join and share a laugh and some company. Contact Sandra Walker for details.

BENDOC BUS The Merimbula Bus which runs the second Friday of the month will be running as usual to Merimbula on Friday the 13th of December however this service will not be running during January. Charlie and the bus crew will resume the second Friday in February. Claire , Nola and the other Bus Committee Members take this opportunity to thank everyone for the support of this service during 2013 and look forward to many more adventures in 2014.

DELEGATE GOLDEN AGE PARTY It's that time of year once again. Names are now needed for the Delegate Golden Age Party which is held at the Delegate Country Club each year. The lunch will be held this year on Sunday the 1st of December and guests will enjoy a delicious home cooked and be entertained by home grown talents Bevand Heather Jones. So phone Marilyn today and ensure you place for this once a year celebration 54 588 167.

BIG BONANG ARVO Everyone has heard about it, so grab some friends and head down to the Big Bonang Arvo at the Bonang Hall on Thursday the 5th of December from 3pm till 6pm. All the usual attractions.

Playgroup Christmas At Bendoc

The Bendoc Resource Centre would like to invite parents, friends and carers to the end of year Christmas Playgroup to be held from 10.30am till 1.30pm on Thursday the 5th of December at the Bendoc Hall. Cost is \$5.00 per family lunch and surprises included. Phone Delegate Preschool or Bendoc Resource Centre today to book.

CFA Open Day & Training

CFA Open Day and Training. Will be held on Sunday the 24th of November 2013 starting at 10am .
Don't forget the Christmas Party Sunday the 8th of December all members and families welcome.

Recipe Of The Month

Simple Steamed Christmas Pudding

Melted butter, for greasing
325g (1 1/2 cups) plain flour
3 tsp baking powder
2 x 410g jars fruit mince
125g butter, melted, cooled
125mls (1/2 cup) brandy
80g (1/2 cup, lightly packed) brown sugar
3 eggs, lightly whisked

Step 1

Brush a 1.5-litre (6-cup) ceramic pudding basin with the melted butter to grease. Line the base with non-stick baking paper.

Step 2

Sift together the flour and baking powder into a medium mixing bowl. Add fruit mince, butter, 60mls (1/4 cup) of the brandy, brown sugar and eggs. Use a wooden spoon to mix until well combined.

Step 3

Spoon mixture into greased pudding basin and smooth top with a spoon. Brush a piece of non-stick baking paper and a piece of foil, both about 5cm larger than the top of the pudding basin, with melted butter to grease. Place baking paper and then foil, buttered sides down, over the basin. Tie securely under the rim of the basin with a doubled length of un waxed string.

Step 4

Place a small plate on the base of a large saucepan. Sit the pudding basin on top of the plate. Pour enough hot water into the saucepan to come halfway up the sides of the basin. Cover and bring to the boil over medium-high heat. Reduce heat to medium and cook, covered, for 2 hours 10 minutes, adding more hot water to the saucepan as necessary, or until a skewer inserted into the centre of the pudding comes out clean.

Step 5

Carefully remove the pudding basin from the saucepan. Leave to stand for 5 minutes and then remove the string. Loosen the edges of the pudding and turn onto a plate. Brush with the remaining brandy. Cut the pudding into wedges and serve warm.

Joke

Q. Why don't blondes get coffee breaks?

A: It takes too long to retrain them.

Junior Joker

Q. Why did the emu cross the road?

A. To prove he was not a chicken.

Trivia

Did you know that the longest fence in the world is in Australia and it runs for over 5,530kms. It's deigned to keep dingo's away from the sheep.

MAYBE WE NEED TO START FENCING IN BENDOC

Did you know that the portable beer cooler know as the ESKY was invested in Australia in the 1950s and has become extremely popular all around the world.

Amazing what you will do to have cool beer .

SOCIAL

Bendoc November Birthday's

Happy Birthday this month to four Jamieson's .

Twins Kayla and Troy Jamieson and Mum Lana Jamieson

And not to forget Aunty Katrina Jamieson ,

BIG CELEBRATIONS FOR NOVEMBER.

For Further Information Phone Bendoc Resource Centre 64 58 1402
TUESDAY—9.30am-3pm WEDNESDAY—10am-2.30pm THURSDAY — 9.30am-3pm
Email... bendocpa@bigpond.com

Bringing communities together

VISITORS TO BENDOC

Bendoc Network Visit

The last month has seen quite a few visitors taking interest in our local area. Tuesday and Wednesday the 29th and 30th of October fourteen Neighbourhood House Coordinators from throughout the East Gippsland Shire visited the region.. The East Gippsland Neighbourhood Committee selects a different Neighbourhood House each year to host the visit and stay overnight. This year both the Bendoc and Tubbut Neighbourhood Houses shared the hosting with Delegate being the centre for accommodation and dinner. The ladies arrived at Tubbut Neighbourhood House hosted by Deb Foskey and enjoyed homemade delights from lunch. The group then travelled to Delegate and settled in for a night staying at the "Old Nurses Residence", "The Bank" and "The River Cottage". The evening kicked off with nibbles and champagne at the Gallery with all of the visitors very impressed and overwhelmed by what was on offer. Comments were made not just about the talented people in our area but how all the different pieces are displayed throughout the Gallery and Centre and the building itself.. Following the Gallery the visitors moved to the Delegate Country Club for a delicious roast meal and wonderful range of desserts prepared by the Delegate Hospital Auxiliary ladies. The Auxiliary Ladies were very happy to have the chance to fundraise on the night, taking over \$475.00 for the evening.

Michelle Farran entertained the guest singing and playing instruments. The highlight for the guest was that these songs were Michelle's very own, and because of this Michelle was able to share the story behind each one and the reasons they mean so much to her and her family. Wednesday morning kicked off with a Yoga Lesson at the Delegate Country Club, The Cafe for breakfast and then out to Bendoc Resource Centre for morning tea and The Annual General East Gippsland Neighbourhood House Meeting with lunch provided by the Bendoc Progress Association. The Coordinators left mid afternoon very satisfied with their visit all promising to come back again with friends and family. The was a great was for the Bendoc Resource Centre to be showcased to the group as well as several local businesses



Bike Riders Thanks To Bendoc Hosts

A very brave group of bike enthusiasts visited Bendoc the first week of November. The riders had previously been at Pambula and rode up to Bombala on Sunday the 3rd of November as part of their five day ride back to Orbost. Sunday proved to be very dangerous in the wind coming up the Mountain from Pambula and the riders had to abandon their ride and get a lift with the support vehicles after 56 kilometres of wind and were relieved to reach the Globe Hotel on Sunday night and relax.

During the two days in our area they managed to experience all four seasons. Arriving in the middle of the winds on Monday to mention the sleet keeping their faces cool as they arrived. However Tuesday morning proved to be a perfect day in paradise with beautiful sunshine after a slight frost. The riders stayed at the Old Bendoc School House and had time to venture to our warm friendly Bendoc Hotel before regrouping back at the school for a meal and stories as they huddled around the open fire.



Relaxing At The Old Bendoc School House

The group started riding together just over ten years ago and was originally made up of ladies only. At this time the riders called themselves The Lady Bugs, BUG being their own abbreviation of Bike Users Group. Over the last ten years these 5 ladies have managed to take their friendship and enthusiasm for the sport and cruise to many beautiful locations including Mt Hotham and Falls Creek and other locations in and around East Gippsland. Along the ten year journey husbands, friends and other family members have joined the crew and the age and riders range from 57 to 71 years of age. The ladies like to call the branch off Men's Group The Buggers which of course takes no explaining.

Unfortunately one of the ladies from the original core group did not manage to attend this ride due to illness but was definitely on the riders minds over the five day adventure. The riders are now back home in the Latrobe Valley and surrounding areas planning another trip in the near future.

In all the riders covered a distance of 250 kilometres and say it was "a fun adventure that was a little painful at times".

The Fuzzy Wuzzy Angels

THE STORY BEHIND THE PICTURE

by John Phillips

One of the most famous and emotive pictures of WWII was taken, unbeknown to the two subjects, on Christmas Day 1942, by New Zealand photographer George Silk. George Silk, as an official photographer with the Australian Department of Information, was covering the Pacific War against Japan in Papua, now part of Papua New Guinea. He had returned from the Middle East with the 7th Australian Division, after covering fighting in that theatre of war. The picture shows Private George (Dick) Whittington of the 2/10 Infantry Battalion, accompanied by a Papuan native, Raphael Oimbari. Whittington, who had been injured in the head during the battle for Buna, was being led, stick in hand, by Oimbari, who came from Hanau Village, some 10.5km SSE of the Buna "Old Strip" and 5km SE of Cape Sudest, as the crow flies.



A simple first aid dressing which covered his eyes had been applied to Whittington's wound. He was being taken back along the track from Buna through Seremi Village to the main dressing station at Dobudura for further treatment, by one of the famous Fuzzy Wuzzy Angels, officially known as ANGAU (Australian New Guinea Administrative Unit) Carriers. Raphael Oimbari was one of 14 Hanau Village men who were ANGAU carriers, taking supplies of food and ammunition forward, returning with wounded soldiers. George Whittington was being evacuated from the area with another Digger, who was a stretcher case. They were being taken along the track passing through tall kunai grass and leading away from the Japanese Air Force "Old Strip" near Giropa Point.

This Fuzzy Wuzzy team was comprised of five members, who shared the responsibility of taking two patients, one stretcher and one walking wounded, back to Dobudura. Their names were Raphael Oimbari, Fabian Javoambo, Stonewight Haita, Noah Javoko and Adam Ware. Raphael Oimbari, in his late twenties, was the oldest member of the party and was the third one to escort Pte Whittington on that day, following Haita and Javoko. Ware had cut the stick for Whittington, to assist him with his walking. Aircraft were flying low overhead and carriers, concerned for the patients' and their own safety, at times moved off the track into the Kunai grass. These stops resulted in the changes in those caring for George Whittington.



Finally the four younger Hanau carriers, who could walk faster with the stretcher case, left Whittington in the care of Raphael Oimbari, and so the two patients were taken back independently of each other. George Silk (pictured left), who was suffering from malaria, was late rising that day and was walking along the track mid afternoon, towards the battle raging at the northern end of "Old Strip", which was still in Japanese hands. He saw two figures walking towards him and, recognising a picture opportunity, stepped into the kunai grass at the side of the track and waited for the couple to pass. He set his Roliflex camera for a picture, which he took as the two went by. He was tempted to speak, but did not, so no one except George Silk knew the moment had been captured and recorded for posterity.

George Silk continued on to the battle area and took a number of remarkable and graphic photographs as the Buna battle raged around him. These included a shot of a Vickers machine gun crew, who had just had one of their number shot, prompting a retort, "Get down you bloody fool, can't you see my mate's been shot?" While in the battle area Silk collapsed, overcome by his malaria attack. Initially, when found, it was thought he was dead, but he was later discovered to be alive. He was subsequently evacuated to hospital in Port Moresby, where he recovered and, on discharge, returned to Sydney. At the time Silk had never seen the results of his photographic efforts, as his exposed film was sent back to Australia for processing through the military lines of communication. He was anxious to see some of his work, so to achieve this end he wined and dined a female employee of the Department of Information. The young lady kindly, but unofficially, let George view some of his photographs.

Thank You

A big thank you to Keith Bent for bringing this story in to the Bendoc Centre to share with our readers for this November Remembrance Issue.

BENDOC NEWS

Malacoota Results

The Bendoc Fishing Club Annual Saltwater Competition was held on the 18th and 19th of November. The competition proved to be as entertaining as ever this year. Everyone ventured to Mallacoota on the Friday night and congregated at the Hotel for a couple of good fishing stories. The winners were a mother and son combination Helen and Danny Jamieson. Helen won the Biggest Secret Fish a Brim weighing in at 5.55grams and Danny the Biggest Bag at 2.2kg.

The Fresh Water Competition will be held on the 22nd and 23rd of November starting 6pm Friday night, Weigh in 6pm Saturday night at the Bendoc Hotel.

Strong Winds



The recent strong winds caused damage across Bendoc and the region. There were many branches along the roadside and trees down on properties up the Gap road. Even the only two trees in the Bendoc Resource Centre yard were knock around a little with large pieces broke and it remains to be seen how it will effect one of the trees long term. There was a small but strong couple of men who will remain nameless that came to the rescue and removed branches in properties around Bendoc and the Resource Centre yard.

Thank you very much you know who you are.

Hall News

The Bendoc Hall Committee made the decision recently to use funds given from the Shire for the Hall to continue to improve the facility. It was decided that a reverse cycle heating and cooling system would make the kitchen area a lot more comfortable to use both during winter and summer. This inverter system will also make the heating and cooling more affordable over time.

For those looking to book the Bendoc Hall please don't hesitate to phone 02 64 581 222. It is a great facility for meetings and get togethers for small or large groups.

Country Music Group Visit

The Bombala Country Music Group had a Get Together at the Bendoc Hall on Sunday the 20th of October everyone who attended had a really enjoyable day and the talent was outstanding the group is always looking for new members for information please phone 6458 1236.



DEPI Bendoc

The Official Opening of the new DEPI Bendoc Depot will be held very soon. Following the Official Opening on a date to be announced an Open Day is planned for locals to take a look inside and to see just what is on offer in the new facility. The Open day will help those attending to understand a little more the benefits to our local area.

Here is a picture of just one of the unattended campfires that were found by Parks Staff last week near Wattle Point last week. DEPI and National Parks would like to remind everyone of the important or care in this situation and if you see something like this please report it to DEPI 136 186 or Crime stoppers on 1800 333 000.



Painting Of Keith

P O R T R A I T



In the September issue we had a story about the Portrait Artist Wayne Dowsent who has been focusing on WW11 Veterans recording their stories and painting portraits of these hero's. As mentioned local hero Keith Bent has been included in this wonderful series. Above Keith is pictured at the unveiling of his portrait. For those who were not able to attend the ceremony at the Delegate Hall on Saturday the 5th of October this gives an idea on the quality of the work that Wayne Dowsent is slowly becoming known for in the art world. The portrait of Keith was amazing to say the least, it's pleasing to know that an artist has taken the time to embrace one of our local hero's in such a way for people to share in the years to come. The Portraits all appeared to be 3D it is something that very few artists are able to do.

The Delegate Multi Purpose Service

The Delegate Multi Purpose Service has lots to offer on a daily and weekly basis below is a listing of services available to the Community as well as a Visiting Staff Profile.
Delegate Multi Purpose Service

Wellness Clinic is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open
Mon 9am -10.30am Tues 9am – 10am
Thur 9am – 10.30am Fri 9am – 10am

Every week except public holidays. No Appointments necessary.

A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG's
- Suture or clip removal
- Injections – with Dr's written order
- Other procedures that do not require a Dr.

Pathology clinic

Wednesday 9.30am – 10.30 am. No appointment necessary. Closed public holidays.

Other Services

- Women's Health Nurse – 3rd Wed of the month
- Dietician and Diabetes Educator – 2nd Thur of the month
- Immunisations – 4th Fri of the month
- Podiatry – for HACC clients – monthly
- Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women's health 6459 8000

Child and Family Health

Visit Delegate MPS on a regular basis ring Kirsty on 6458 5777 for an appointment.

Monthly Visiting Staff Profile

Cooma Pathology Outreach Clinic held at Delegate MPS Currently staffed by Karen.

Services provided: Blood collections and all other pathology collections.

Delegate MPS is fortunate in that this service has been running for the last 4yrs.

When you come to the MPS for this service remember to have your pathology form with you along with your Medicare card. on arrival at the MPS a number system is in place, so grab yourself a number and take a seat, Karen will call your number, numbers must stay within the MPS building. Also a reminder

that fasting means no food or drink from midnight the night before.

Please remember that you may have to wait.

Pathology Clinic times for Delegate MPS

The clinic is run on a Wednesday between 9.30am and 10.30am. Closed public holidays.



Bendoc Progress Association Inc is a not-for-profit organisation. It is the auspices organisation for the Bendoc Resource Centre and Neighbourhood House. The Centre offers up to date internet and computer technology ,including free internet access. One-on-one Tuition is available to develop or improve computer knowledge and skills .

Bendoc Neighbourhood House is part of the East Gippsland Network of Neighbourhood Houses whose mission is to bring adult education, life skills and group activities to everyone in an inclusive, non-threatening environment, as well as to serve as a drop-in centre for those who desire a little company or just to share a cuppa.

The Bendoc Resource Centre is also an East Gippsland Shire Library Outreach Centre and offers Information on Shire Services.

BENDOC RESOURCE CENTRE IS YOUR CENTRE..

BENDOC WHEEL



TIP CHANGES

On Friday the 1st of November a Community Meeting was held at the Bendoc Hall for all members of the local community to discuss Bendoc Tip changes with The Waste Collection and Disposal Strategy Team from The East Gippsland Shire Council.

With waste being the second highest expense after roads for most **Shire Councils these days it's now mandatory to take recycling and future waste programs on board and adapt strategies to cope with it's disposal.**

Many concerned residents gathered with the team at the Hall to find out more about the planned changes to the Bendoc tip and how these changes will effect Bendoc and surrounding residents. The Team had visited both Bonang and Tubbut residents prior to Friday for similar discussion and explanation of options.

The basic outcome from Fridays Meeting is that the Bendoc Tip in its current form will cease to exist come the end of December this year. The EPA has new guidelines which will come into effect in February 2014 and changes need to occur at many locations including Bendoc by this date. Otherwise there will be a lot more expense to bring the landfill in line with the new requirements. In the future approximately one metre soil depth will be needed on all landfill and water and soil testing for may be required for up to 30 years after the land has been filled. These requirements will become the financial burden of the local council and changes need to happen quickly. Therefore the December deadline for this area has been put in place.

All concerns that were discussed at the meetings for the Bendoc area are currently being look into and this information will be collated by the Council Waste Committee and in the coming weeks a summary will be sent out with an outline of plans to then be finalised.

The overall outcome of the meeting is that there are basically two options for Bendoc.

The first option is to have a 24 hour access bin which will be 30 cubic metre split bin with key access but only be for waste and recycling not including large items such as white goods. This bin would be similar to a cage construction.

The second option is to have a transfer station which will be manned 6 hours per week and will be for bulk waste and disposal of large items. This would include two 30 cubic metre bins and have a ramp constructed for trailers. This would service Bonang and Tubbut for large items as well. However it is a restricted service only 6 hours per week.

From the discussion held it would seem that most residents in attendance at the meeting were in favour of the 24 hour access and taking large items, white goods, mattresses and the likes to another Service.

All residents are welcome to give feedback. Anyone wanting more information is welcome to visit the Bendoc Resource Centre or contact Elizabeth Modrich who is the Waste Management Supervisor on 03 5153 9500. Please give you input now so that you will not be disappointed with the outcome in the future.

Please be mindful of the time line for your response so

Have Your Say!

NOVEMBER 13

THIS ISSUE

FUZZY WUZZY ANGELS 3

BENDOC VISITORS 6

DEPI BENDOC 7

REGULAR FEATURES

CHRISTMAS PUDDING 5

BIRTHDAYS 5

TRIVIA 5

RESOURCE CENTRE

Open

Tuesday 10-2PM

Wednesday 10-2PM

Thursday 10-2PM

Bendocpa@bigpond.com