



Stefan and Nola Sanajko of Bombala are proud to announce the birth of their second grandchild Fionn.. Little Fionn was born on the 21st of September in Dublin Ireland. Fionn is the first child born to Michael and Helen Sanajko and Michael is the oldest and only son of Stefan and Nola Sanajko. Fionn weighed 6 pound 5 ones and 50 centimetres long and was three weeks early, so a very healthy weight for his birth date.

Congratulations to the Sanajko Family and Welcome Fionn.

December Birthday Celebrations

Happy Birthday
TO
Ken Collings, Todd and Raymond
Jamieson
And
HAPPY 21ST BIRTHDAY

- 2 tbs vegetable oil

Recipe Of The Month White Christmas

Ingredients

- 1/3 cup mixed dried fruit
- 1 cup powdered milk
- 1/2 cup icing sugar mixture
- 1/2 cup desiccated coconut
- 1 1/2 cups puffed rice cereal
- 125g cophera
- 90g white chocolate, roughly chopped
- 76g packet Turkish delight chocolate bar, roughly chopped
- Silver cachous, to decorate

Method

1. Line two 12-hole (1 1/2 tablespoon-capacity) mini muffin pans with paper cases. Combine dried fruit, powdered milk, sugar, coconut and cereal in a heatproof bowl.
2. Place cophera in a saucepan over medium heat. Cook for 4 to 5 minutes or until melted. Remove from heat. Add chocolate. Stir to combine. Add to dried fruit mixture. Mix to combine. Add Turkish delight. Stir to combine.
3. Working quickly, spoon mixture into paper cases. Top with cachous. Refrigerate for 2 hours or until set. Serve.

Tips To Use Christmas Leftovers

- Leftover turkey should be sliced and placed in a container with a lid. Make sure you refrigerate within one hour of cooling. It will keep for 3-4 days. It will also freeze for up to two months.
- Turkey carcasses make the perfect stocks, but not if you've stuffed your turkey. Instead use leg bones and wings that have not come in contact with the stuffing to make flavoursome stocks. Use in risottos and soups.
- If you've glazed a ham, make sure you cover the cut part of the ham with greaseproof paper and a clean tea towel or muslin ham bag before refrigerating. Glazed hams will keep, refrigerated, for up to one week.
- Ham bones should be stripped of excess meat and frozen for use in soups in the cooler weather.
- Christmas pudding will keep, refrigerated, for three months and up to six months, frozen.
- Always check the use-by date on smoked salmon and trout, never re-freeze after opening.
- Fruit mince pies freeze really well. Make sure you defrost it thoroughly and warm them gently through in a low oven before serving.
- Fruit mince will keep for up to a year in the refrigerator. If you yearn for Christmas flavours mid-year, make plenty of fruit mince and use to make pies, sauces or fold through softened ice-cream.
- Use leftover cheeses such as blue cheese or cheddar in a cheese crock. Place softened, unsalted butter, grated cheese, a little sherry and Dijon mustard, to taste, in a bowl and beat with an electric beater until smooth.

Christmas Craft

It is becoming a tradition, at the Bendoc Resource Centre with this being the second year now that Carol Badewitz has driven down from Bombala to share her talent in table decoration with the local Craft group. Everyone enjoyed the workshop with Carol and was able to leave with something a little special to display on their table at home this Christmas. Several workshops are planned for the new year information for which will be published in the next Wheel Edition.



Delegate Pony Club

Delegate Pony Club will be holding and Enrolment and Fun Day at the Delegate Show Grounds on Sunday the 12th of January 2014. Everyone is invited to see what Pony Club is all about. Yearly or Day memberships are available.

There will be a sausage sizzle for lunch, please RSVP for catering purposes.
delegateponyclub@hotmail.com or visit Face book Delegate Pony Club.



Bendoc Post Office and Hotel

Bendoc Post Office will be closed, Christmas Day, Boxing Day and New Years Day.

However the Bendoc Hotel will operate the regular Christmas hours as in previous years.

Graham and Margaret thank all Patrons for their business during 2013 and wish everyone a safe and happy festive season.



There needs to be no reminder about what time of year and you all know the message of naughty and nice. So the only thing left to say is a

Big Merry Christmas to the whole Community on behalf of the Bendoc Resource Centre Staff and

The Bendoc Progress Association Community.

Thank you very much for supporting the Centre during 2013 and we look forward to lots of interesting items in the program for 2014.

A Big Thank You Also From The Bendoc Progress Association To Charlie Burton Who Has Driven The Bus On The Monthly Shopping Trips And Adventures.

During our conversation about war, Keith told me of a 'gate near France' where they play the last post every night to commemorate the soldiers that did not return home and did not get a proper burial, one of these men was Dulcie's Uncle Harry Farmer.

To be honest when Benty spoke about this 'gate'.. my 13 year old brain pictured the gate on our side fence.. and with a single bloke on a bugle.. I had never cared much for history before this but I always remembered the story about the gate. We discussed it again, some 15 years later at Anzac day this year .. and in September I had the absolute honour of visiting the Menin Gates in Belgium to pay my respects to these amazing, brave young men. One of the most moving, emotional days of my life and one I would not have experienced if I had never met Keith and Dulcie.

Reading through my notes I was taken back by my final question and of Keith's following response.. I think it encapsulates his amazing ability to connect with anybody, regardless of their age. He always sort to bring the best out in you. So, my final question to Benty.. "Do you think the human spirit that you talk about still lives on?" "The human spirit still remains but people seem to debate everything and talk problems to the extreme. Also sport has been ruined by the seriousness, they have forgotten to have fun! People worry about the little things and all the diversions that exist. They forget to just relax and enjoy themselves".

So many times in my life I have been thankful for that particular afternoon and all the conversations that have since followed. Keith taught me the history of my hometown, fostered a deep respect for our service men and women and most importantly taught me humility by example. Still now, I can't comprehend how a man who has seen and achieved so much could be so humble, warm and loving to everyone he met.

Funnily enough, In recently years my conversations with Keith and Dulcie have continued to be at a hotel, only now I am well past the legal drinking age. I will always remember the excitement of seeing the QQQ plates of the old white falcon parked at the Delegate pub on a Sunday afternoon. I couldn't wait to have a kiss and a cuddle and a catch up. Benty always had a fabulous story to tell to anyone who cared to listen, but he also had a keen interest in how others were going. He'd tell me the latest updates on Raymond's international airport and ask me about nursing and living down the coast, I only wish we could have had one more beer with him Dulcie so I could tell you both about that gate.

I tell you my stories not because my memories of Benty are exclusive or unique, but because everyone here has that special memory, that special story of a quiet moment spent with a true gentleman. I ask all of you to remember and share these special memories today and in the future so Benty's memory lives on.

For me, I will think about his warm smile, that sparkle in his eye, those rosy cheeks and those huge, working hands folded softly in his lap as we talked. I will remember how trendy I thought he was wearing runners or sneakers, and how I hoped I would do that when I was older.

You see, you didn't need to know him *well*, although he had plenty of people who did. You simple had to meet him once, and you knew you'd found someone remarkable. A gentleman in every essence of the word.

Thank you for everything Benty.

Rest In Peace



Tribute to Keith Bent

Keith Alwyn Bent Or Benty born 22/8/1923

I can't tell you when or where I first met my mate Benty.. I guess that is the beautiful thing about growing up in Delegate, its very easy and humbling.. I just assume I've known him, along with many others my whole life.

But if I had to try and tell you about my earliest memory of Benty, it would probably go like this.. It is the Bendoc fishing wind up, on a Saturday afternoon in March at the Bendoc Pub. There are dozens of people old and young. My brother and I are sitting on empty kegs out on the veranda, we have been fishing ALL day, and stowed in a pillowcase are trout and Eels that we are sure will win.. We've even scoped out the prizes we'll claim. We are waiting so patiently for the weigh in and Beaver is placating us with mars bars and coke.. And then... minutes no seconds...before the end.. There is a convoy of old utes and even older men.. pulling in to the pub.. Artie and Roy Jamieson and of course Benty would casually swagger up the stairs and plonk a canvas fishing bag down, pulling out their catch ...Try for a moment to imagine the utter dismay and amazement on our faces as these Bendoc giants pulled out trout as big as Whales..

When I'd ask Benty and Artie where they caught their fish they'd always waive in the general direction of the bridge and say "oh.. yeah.. just down there a bit" I spent years convinced that Benty literally threw a line in from his back door on his way to the wind up.

When I was about 13 I had a school project where I had to interview a person I admired and ask them the history of my local area. It didn't take me long to work out who I wanted to speak to and so began a very special friendship. I rang Keith and asked if I could interview him, of course he said yes.. And where better to interview him than the Bendoc Pub.

The afternoon was spent interviewing Keith about his life and memories.

In 1933, when Keith was 10 years old he travelled to Sydney as a part of the Young Australia league tour. During this tour they visited the Zoo, a HMAS warship, the Metters stove factory, the Australian Glass factory and.. my personal favourite... For 4 shillings (or 40 cents) Keith went on a plane ride in the Southern Cross with Charles Kingsford Smith over Sydney Harbour. It was on this trip that Keith also met Andrew (boy) Charlton, who would later become a comrade in the light horse regiment.

Keith's war efforts and stories have thankfully been well documented through the wonderful efforts of the Delegate RSL sub-branch. So I will tell you more about Keith's experiences outside of war...

I asked Keith what his life had been like in Bendoc. "Life in Bendoc was marvellous, fascinating... I had so many friends of whom I had met through cricket and tennis and just through the social life of Bendoc.

"1953 was the year of the big tennis tournament in Bendoc, held over 3 days of the Easter break. Everyone there was in good spirits and had a wonderful time. We used 12 dozen balls that tournament" Most of our shopping was done in Delegate and any long distance travelling for cricket etc. was done by car pool. I remember one cricket tournament when I owned an FX Holden, I had 3-4 other people in with me and we were all off to the cricket.

During Keith's lifetime he also witnessed many advancements in technology. Highlights for Keith included the advancements in Radar, Aeroplane and artillery technology which heavy influence his time in the war. When Keith first went to war he carried a 38-pound cordless radio, which he wore on his back. Compared with today, as Keith explained, they are as small as a coke can. Or as small as your palm.



Bringing communities together

Bendoc News

Bendoc CFA had their Training and Christmas get together on Sunday the 8th of November at the Depot at Bendoc and a great night was had by all. Thank you to those who have been involved in the CFA during 2013. There is always a need for more volunteers and this is a great way to be a part of your community. Please take the time to consider becoming a member in 2014. Call Lyn for information on 6458 1471.

Members of the East Gippsland Council met with community members at the Bendoc Hall on Monday the 9th of December. Several issues were discussed and the Councillors and Council Staff that attended the meeting made plenty of notes regarding issues raised by locals and have promised to have feed back to the community early in the new year. The main concerns raised with the Councillors and Staff were the local roads and the Bendoc, Tubbut and Bonang Tips. There will be more information when the Council response is sent to the Bendoc Resource Centre for publication in the next Wheel.

In the last Bendoc Wheel information was printed in regard to the Bendoc Hall installing a new reverse cycle heating and a cooling system. It was stated that the system was purchased with funds given by the Shire however these funds were from those raised by the Community. We apologise for printing the incorrect information in this case it was a misunderstanding.

With the changes in motion for the local tip it is very distressing to see rubbish being dumped on local trails. This is only an isolated incident at this stage however please be aware that there are large fines for illegal dumping and authorities will be on the look out. Please don't hesitate to "Dob in a Dumper" and help keep the community clean.

Bendoc On The Beat

Richard would like to wish everyone a very Merry Christmas and a Happy New Year with a friendly reminder to have a good time while staying aware of the limits during the festive season. Don't forget the designated driver program saves lives which could be your friends and family.



Shire Information



East Gippsland Shire Council is calling for nominations for the 2014 Australia Day Awards. The Awards are presented each year to local citizens and groups that have made outstanding contributions to their local community. Nominations are available for the following categories:

Citizen Award: the person must be 27 years of age or older on 26 January 2014.

Young Citizen Award: the person must be younger than 27 years of age on 26 January 2014.

Community Event of the Year Award: presented to the person or group that has staged the most outstanding community event during 2013.

Individuals and organisations may nominate. Nominations need not be in the Local Government area or region where a nominee resides.

Nomination forms are available from Shire's website, or you can telephone or email for a form.

Nominations close Friday 29 November 2013



Telephone (03) 5153 9500
Email feedback@egipps.vic.gov.au
Website www.eastgippsland.vic.gov.au

The Delegate Multi Purpose Service

The Delegate Multi Purpose Service has lots to offer on a daily and weekly basis below is a listing of services available to the Community as well as a Visiting Staff Profile.
Delegate Multi Purpose Service

Wellness Clinic is held at the MPS, in Craigie Street Delegate. People come to the clinic for procedures and assessment by nursing staff.

The clinic is open
 Mon 9am -10.30am Tues 9am – 10am
 Thur 9am – 10.30am Fri 9am – 10am

Every week except public holidays. No Appointments necessary.
 A variety of procedures are available.

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent ECG's
- Suture or clip removal
- Injections – with Dr's written order
- Other procedures that do not require a Dr.

Pathology clinic
 Wednesday 9.30am – 10.30 am. No appointment necessary. Closed public holidays.

Other Services

- Women's Health Nurse – 3rd Wed of the month
- Dietician and Diabetes Educator – 2nd Thur of the month
- Immunisations – 4th Fri of the month
- Podiatry – for HACC clients – monthly
- Ring the MPS for appointments for the dietician, diabetes, immunisation, podiatry and women's health 6459 8000
- Child and Family Health

Community Bill Board

LIBRARY VAN. The Library Van will visit Bendoc on 19th of December 2013 returning for 2014 on Thursday the 16th of January. Now is the time to stock up for holiday reading.

BENDOC CRAFT GROUP. The Bendoc Craft Group will return to meeting on the 2nd and 4th Tuesday of each month next year as the weekly program has not been as successful with groups not being able to schedule in advance to coordinate days. The Groups first Tuesday for 2014 will be Tuesday the 11th of February. Ladies are asked to bring their lunch starts around 10am.

BENDOC BUS The Merimbula Bus will resume running the second Friday of the month to Merimbula on in February 2014 with the first scheduled for Friday the 14th of February.

For Further Information Phone Bendoc Resource Centre 64 58 1402
 TUESDAY—9.30am-3pm WEDNESDAY—10am-2pm THURSDAY — 9.30am-3pm
 Email.... bendocpa@bigpond.com

Bendoc Progress Association Inc is a not-for-profit organisation. It is the auspices organisation for the Bendoc Resource Centre and Neighbourhood House. The Centre offers up to date internet and computer technology, including free internet access. One-on-one Tuition is available to develop or improve computer knowledge and skills.

Bendoc Neighbourhood House is part of the East Gippsland Network of Neighbourhood Houses whose mission is to bring adult education, life skills and group activities to everyone in an inclusive, non-threatening environment, as well as to serve as a drop-in centre for those who desire a little company or just to share a cuppa.



BENDOC WHEEL



Tribute to Keith December 2013

Keith Bent passed from this world on the 28th of November 2013 at the Bombala Hospital. Keith was a proud member of the Bendoc Community and has been for many years. Everyone has a memory of Keith and a story to share. However when Rosie Walcott put her memories into words at Keith's funeral on Friday the 6th of December they were so heartfelt and sincere that it was decided with consent from Rosie and Dulcie that we included them in this months edition for all to share. Page 2
 Thank you Dulcie and Rosie .

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Congratulations Trent and Melissa



The Department of Environment and Primary Industries (DEPI) presented its regional staff recognition awards in Bairnsdale on Thursday November 28. Bendoc staff were well represented, with Works Coordinator, Trent Tonissen receiving the Integrity Award, and Business Operations Officer, Melissa Kidd receiving the Teamwork Award.

Trent was nominated for his professionalism and problem-solving abilities and his work above and beyond the call of duty, especially in relation to the construction of the new depot at Bendoc.

Melissa was nominated for her flexibility, reliability and willingness to take on new tasks, her commitment to customer service and her support of other staff.

Congratulations to Trent and Melissa for their well deserved awards.

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RESOURCE CENTRE Re-Opens Jan 14 2014