

Bendoc Wheel

Bendoc Progress
Association

Opening Hours

Monday, Tuesday, &
Wednesday

9.30am—2.30

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

News from the Neighbourhood House

Thanks to those who have rung us up to reserve their seat on the bus to the Annual Canberra Craft and Quilters Fair, we still have seats available.

Applications for the position of Co-ordinator of the Neighbourhood house have now closed. If you responded, the Committee will be in touch shortly.

Margaret Weir has asked a friend of hers an interesting question about Wagra Bendoc, this is the reply from a local historian Annie of Odd History.

Hi Margaret,

I've just had a quick look through my books but got a better result looking at the National Library. I think you are correct on all counts! It seems an early name of Wagga was Wagra Wagga. There is another locality near to Albury/Tallangatta which was also commonly called Wagra, so the idea that the name meant wind (as opposed to a lake) is also probably correct. Wind would be something which touched both areas makes sense. It has been my experience that most locality names (of aboriginal origin) go through an evolutionary change. So the origin of Wagga may have been Wagra Wagra, Wogra, Wugra or even Wugru. It is just luck which spelling or pronunciation wins out. Another interesting fact is that each indigenous tribe had their own language. Often neighbouring tribes would share some words but overall the meaning of wagra for the Wagga Wagga tribes could be very different from the meaning of wagra from a tribe that came from the Bendoc area.

What is more important to you is that by 1869, the use of Wagra in the Bendoc area was common. It was used both as the name of the school district and in the wider Bendoc locality. In some instances the name Wagra Bendoc was also used. By 1895 a mining company near Bendoc also used the name Wagra.

Although I cannot find a reference that proves without a doubt that the definition of wagra is wind, I do believe there is enough evidence that it was a commonly used word and probably the meaning of "wind" is correct. I have generally found that word of mouth information such as the info you received from the elderly lady has a fair bit of truth in it. Although I haven't been able to find a surveyor named Greenaway I will keep looking for you. That would be a wonderful connection.

Hope this helps, and one day I hope to spend some time in your beautiful Wagra/ Bendoc area.

Interesting reading,

DEWLP

New Office Hours
from 1st May to 30th
Nov 2017
see community Info
on page 6

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- Large 90hp Compact Track Loader. Tracks ensure minimal ground disturbance.
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Call Mark on 0264 580 225

Open letter to the People of Bendoc

Bendoc

Open Letter to the People of Bendoc:

My name is Matilda Lamour. One wishes to make a Public Apology if one's actions have caused any ill feeling amongst the people of Bendoc. Earlier this year one learned from a long time resident of Bendoc that certain trees and flower beds were planted as what was understood as a personal contribution by different residents. One has appreciated these trees, in fact one has found the place of Bendoc a beautiful place to be and ever thankful to be here. Ever grateful to be able to benefit at times from the shower facilities one wished to give something in return. One pondered cleaning the showers etc. but realized they were someone else's job and wondered what could one give in Gratitude. One felt in one's heart to create a Rose Garden to leave as a Legacy to Bendoc. One commenced on Mother's Day preparing a circular patch on the lawns adjacent the Memorial Hall on Lower Bendoc Road. One's intention was to build the bed up so as not to interfere with any possible plumbing and to bring in sufficient soil to do so. On the 28th May one returned to find the bed covered with patches of grass (that had been removed from elsewhere) One again cleared this. It was then that one was approached by a woman demanding to know what one was doing and ordering one to stop. One informed her that one was planting a Rose Garden to which she replied that, "We, don't want any Rose Garden." Though it was not a pleasant situation One holds no personal ill feelings to any and One has come to Bendoc in Peace. Unaware at the time of any required protocol to plant the garden one simply asks the forgiveness of all concerned if one has offended in anywise the people here for it was out of Gratitude to All that one so desired to leave this Legacy for All to enjoy.

Matilda Lamour.

To all of our readers, after searching through our copies of the Bendoc Wheel, we have a few missing. If anyone out there has copies of the December 2004 to April 2005 editions, can you contact our office by phone on 0264581402 or email at bendocpa@bigpond.com.. Thank you.

Work Wanted.. Bendoc/Delegate/Craigie and beyond.

Natasha Reed is offering her cleaning services for household or business premises. She is prepared to travel, there will be a travel expense for long distances. Currently asking \$25 per hour. Please ring Natasha on 02 64588162 for further information.

Kindling For Sale



Aspen Cameron has kindling for sale now the colder months are upon us!

\$5.00 per bag (over 8kgs of kindling!)

Can be dropped off at Bendoc or Delegate

Please phone Sinead on 0409 144 265 to arrange!

Give this hardworking young man a start by purchasing his kindling—a lot of effort and hard work is going in to this for him!

Good on you Aspen!



Glass slumping classes at the old delegate hospital with Sharon Buckman.

Course dates 23rd Sept, and 18th November.

If interested please ring Sharon on 02 64588333

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**Contact: Steve on 02 64580303 or
0407190258 (Mobile does not work at home)**

Or email: stephenscroope@bigpond.com

Canberra Craft and Quilt Fair

Yes, it's on again! The Bendoc Neighbourhood House is planning a fun day away on **Saturday the 12th of August 2017** for all those interested in going, please ring the centre on 0264581402 Monday to Wednesday to confirm your seat. Price for the day is \$35 includes entry and bus trip. There are still some seats available.

Have a day out and have some fun with other crafty ladies and gentlemen.



Recipe of the Month: Easy Three Cheese Lasagne

Ingredients

Serves: 8

9 sheets lasagne
2 1/2 cups (600g) ricotta cheese
1 1/2 cups (170g) mozzarella cheese, grated
1/4 cup (20g) grated Parmesan cheese
2 eggs, beaten
225g lean beef mince
2 1/2 teaspoons dried oregano
1 1/2 teaspoons dried basil
1/2 teaspoon garlic powder
2 teaspoons white sugar
salt and pepper to taste
550g tomato pasta sauce



Directions

Preparation:20min › Cook:40min › Ready in:1hour

Bring a large pot of lightly salted water to a boil. Add lasagne and cook for 8 to 10 minutes or until al dente; drain.

Preheat oven to 180 degrees C.

To make filling- Combine in a bowl: ricotta cheese, mozzarella, parmesan and eggs.

To make sauce- In a frypan, brown the beef mince until cooked through; drain grease. Combine in frypan browned beef mince, oregano, basil, garlic powder, sugar, salt, pepper and tomato sauce. Heat through and stir.

In a 20x30cm pan, alternate layers of cooked lasagne, sauce and filling, making 3 layers total. If desired, top with more mozzarella cheese. Bake for 40 minutes. Let stand 10 minutes before cutting.



Website- <http://allrecipes.com.au/recipe/20391/easy-three-cheese-lasagne.aspx>

Cartoon chef from clip art

Delegate Pony Club News

Aspen Cameron attended the Young Pony Camp in the school holidays representing Delegate Pony Club. He came away with a lot of new skills and knowledge. The camp was a lot of fun.



Local CFA , Delegate Hospital Auxiliary and DELWP Information...

CFA

Mt Delegate Group have organised a vehicle fire training prop. We are holding a training day on the Saturday 5th August 10am for a few hours for anyone interested. The prop is located at Goongerah.

Please RSVP by the 29th July to Melissa Kidd 0411 612 027 for catering purposes

CFA members please Save the Date Sunday 27th August - Training day for all current CFA members.

DELWP - reminder the firewood collection period has ended.

Delegate Hospital Auxiliary Annual Casserole Luncheon

Save the Date 5th September 2017 at the Delegate Country Club 11.30am for noon

BIRTHDAYS!

Celebrating their birthdays this month are..

Apparently we have no one to date. If you would like to be included here just let us know on 02 64581 402

Wishing you all the best on your special day.





The Delegate Multi Purpose Service

Bendoc Progress
Association

Wellness Clinic – Delegate MPS

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent ECG update hours!

Suture or clip removal

Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

Monday-Tuesday-Thursday & Friday

1.00pm—2.00pm

No appointment necessary. Closed Public Holidays.

The Delegate MPS will still be open as per usual, so if you have a health concern please come over and be assessed by the nursing staff.

Bendoc
Neighbourhood
House



www.bendoc.org.au

Community Information Board

MOBILE LIBRARY The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Bendoc Resource Centre. Where we have a broad range of books and DVDs that are rotated regularly for your enjoyment! Come in and browse our selection of books..

BENDOC BUS SERVICE Merimbula Day Trip—once a month on a Friday. Please phone Claire 6458 1433, Nola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

Bendoc Resource Centre and
Neighbourhood House
Cnr Dowling & Jamieson Sts
BENDOC VIC 3888

Phone: 02 6458 1402

Fax: 02 6458 1402

E-mail: bendocpa@bigpond.com

DELWP new office hours from 1st May 2017 till 30th November 2017.

Monday-0900 till 1530

Wednesday - Closed

Friday - 0900 till 1500

Tuesday - 0900 till 1500

Thursday - 0900 till 1500

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collector of antique bottles

Dear Far East Landcarers,

This is a reminder that the project Expression of Interest forms sent out with the last newsletter (and attached) are due back to me by the end of this week.

These forms can be used to share project ideas, group ideas, individual ideas...in fact anything you might want to seek Landcare funding for. It is expected that funding will open in July 2017 and funds would probably arrive by the end of this year for projects to be carried out in 2018.

So please get your ideas in., I look forward to reading them

Penny Gray
Far East Victoria Landcare Coordinator
PO Box 301, Orbost, 3888
Ph: 5154 2843
Mob 0429 142 225
penny.gray@fevl.org.au

Available Monday -Thursday
Expression of interest forms available at Bendoc Neighbourhood House

