

Bendoc Wheel

Bendoc Progress
Association

Opening Hours

Monday, Tuesday, &
Wednesday

9.30am—2.30

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

News from the Neighbourhood House

Congratulations to all those who undertook the First Aid Course on 3rd June 2017. There were 14 attendees and the day went off smoothly. Our tutor had this to say about the day.

Here's a write up of the day:

I was a bit surprised when Kylie told me we were booked to go to Bendoc! Out in the sticks. I even had to check if the roads were ok to get there. How embarrassing and surprised was I when I got to a 'little piece of paradise' in amongst the forests.

Chris from the Bendoc Progress Association was outstanding with his organisational skills. He started his day at 7am, picking me up and guiding me out there, cleverly avoiding injuring any of the wildlife on the road. He had the hall warmed up and cosy in no time, with a hot urn and all amenities required for our course participants comfort. He then also coordinated morning, afternoon tea and lunch.

We ran our first aid in the most delightful and cosy hall at Bendoc. 3 courses in one happened on the day: First Aid / CPR / and Childcare First Aid. Chris had identified a need for quite a few of the locals to update their skills. I was very fortunate to spend the day with each and every one of them. They were already highly trained and except for 10 year old Callan, were just refreshing on latest updates.

We had great fun and everyone left the course having passed with flying colours.

I was honoured to be invited to conduct the training and can't wait to get out there again as it was just a bit special for me. To have people really appreciate the effort is fantastic. So thank you Chris and all who took part.

Warmest Regards

Danni Matson

Kylie Phillips RN and Danni Matson RN

T/A Apply First Aid - Eden Monaro

What more can I say other than well done attendees., and to the Hall Committee for their continual support in allowing us to hire the hall. Many thanks.

The position of Co-ordinator for the Bendoc Neighbourhood House is now to be advertised see page two for further information..

A quick thank you to NRMA driver Rollie from Village Ford who came to my aid here in Bendoc on Saturday Evening 3rd June after a long wait to get my car towed back after an electrical fault stopped it dead in it's tracks. Thanks also to Village Ford for getting it back on the road for me. Chris Bayliss.

DEWLP
New Office Hours
from 1st May to 30th
Nov 2017
see community Info
on page 6

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- Large 90hp Compact Track Loader. Tracks ensure minimal ground disturbance.
- 900 mm Trencher ideal for pipe / cable laying
- 6 ft slasher for paddock, scrub & advanced regrowth clearing with tree pusher, ideal for fence line maintenance
- 1600mm Road Broom / sweeper
- 300mm post hole auger
- Bucket, dozer blade, pallet & hay forks
- Fan assisted sprayer for difficult terrain
- Experienced operator
- Fully insured & GST registered
- Experienced in Rural fence design & construction



Call Mark on 0264 580 225

Bendoc Neighbourhood House Co-Ordinator Position now available

Applicants must have current Police Check - National Police Certificate

Applicants should apply in writing to President Bendoc Progress Association Inc. P O Box 50 Bendoc Vic 3888 by the 21 / July/2017. Email address bendocpa@bigpond.com

A part time casual position for the Co-Ordinator of the Bendoc Neighbourhood House is now vacant.

Your employer will be The Bendoc Progress Association Inc.

Position Criteria.

- Must be able to use Microsoft and Apple software with out assistance. We use MS Word, MS Excel, MS Publisher, MS Outlook and run a wireless network using NBN fixed wireless broadband and Telstra Wi-Fi network within the centre. We also have two Mac units running leopard and boot camp with windows 7 pro.
- Produce and publish monthly newsletter
- Prepare Monthly reports to local Shire and for meetings with Executive Committee
- Record keeping and office management skills are essential.
- Demonstrated ability to interact positively with clients, tutors and the community members as required.
- Minimum of 15 hours per week . Flexible
- Primary place of employment is the Bendoc Resource Centre/ Neighbourhood House , Cnr Dowling and Jamieson Sts Bendoc Vic 3888.
- Payment under Victorian SCHADS Award.

For further information please ring the centre on 02 64581402 Monday to Wednesday.

To all of our readers, after searching through our copies of the Bendoc Wheel, we have a few missing. If anyone out there has copies of the December 2004 to April 2005 editions, can you contact our office by phone on 0264581402 or email at bendocpa@bigpond.com.. Thank you.

Work Wanted.. Bendoc/Delegate/Craigie and beyond.

Natasha Reed is offering her cleaning services for household or business premises. She is prepared to travel, there will be a travel expense for long distances. Currently asking \$25 per hour. Please ring Natasha on 02 64588162 for further information.

Kindling For Sale



Aspen Cameron has kindling for sale now the colder months are upon us!

\$5.00 per bag (over 8kgs of kindling!)

Can be dropped off at Bendoc or Delegate

Please phone Sinead on 0409 144 265 to arrange!

Give this hardworking young man a start by purchasing his kindling—a lot of effort and hard work is going in to this for him!

Good on you Aspen!



Glass slumping classes at the old delegate hospital with Sharon Buckman.

Course dates 22nd July, 23rd Sept, and 18th November.

If interested please ring Sharon on 02 64588333

BOBCAT CONTRACTOR

Do you need:



Heavy duty slasher and bucket

Slasher suitable for scrub or regrowth

Clearing

Small Earthworks

Levelling

Preparation for sheds, carports,
water tanks and paving

Clean ups

Reasonable rates

Fully insured

**Contact: Steve on 02 64580303 or
0407190258 (Mobile does not work at home)**

Or email: stephenscroope@bigpond.com

Sick of the cold, foggy days of winter?

If you've answered yes, would you like a trip to Merimbula, do some shopping, see a movie, go for a stroll and enjoy the sites, have a meal by the sea. If so, why not contact Nola on 0264583285 or Claire on 0264581433 to book your seat on the Bendoc Neighbourhood House bus trip on Friday July 14th. Seats are limited and only cost \$20. Bus departs Delegate at 8 am and Bombala at 8.30 am returning Bombala at approx 3.30pm Delegate at approx 4 pm



Recipe of the Month:

Peppermint Slice



Supplied by
Ingredients

250gm peppermint chocolate bar
1/2 can of condensed milk
1 packet of Marie biscuits crushed
80 grams of butter
Peppermint crisp bar

Let's Make it

Melt butter and chocolate together (Not Peppermint Crisp Bar)
Add this to the other ingredients and mix.
Press into slice tray and sprinkle with peppermint crisp to finish.
Place in fridge to set.

*** Can substitute Caramello Chocolate if you do so omit peppermint crisp, use sprinkles instead ***

Cartoon chef from clip art

Delegate Hospital Auxiliary News

Delegate Hospital Auxiliary recently held their A.G.M. Gail Smallman resigned from her position of Secretary/Treasurer after 17 years of service. The new Committee is as follows.

- President - Claire Strickland
- Vice President - Helen Jamieson
- Secretary - Marie Smith
- Treasurer - Nola Sanajko
- Publicity Officer - Janice Lewis

Marie and Nola will act as assistants in these positions as well and support each other. The Auxiliary is always happy to welcome new members and ideas for fundraising. Meetings are held on the 3rd Monday of the month at the M.P.S. In Delegate. If you are interested just come along or contact any of the members listed above for a chat.

Claire Strickland
President

Canberra Craft and Quilt Fair

Yes, it's on again from the 10th to 13th of August 2017. The Bendoc Neighbourhood House is planning a fun day away on Saturday the 12th of August 2017 for all those interested in going, please ring the centre on 0264581402 Monday to Wednesday to confirm your seat. Prices and Tickets are currently being arranged.

We've missed the last few, let's try and make it a big day out for our crafty ladies and gentlemen.

Delegate Pony Club Pictures

3722 Aspen Cameron (pic taken by JTM Photography)

3825 - Rochelle Voveris, Jasmine Butterworth, Amber Butterworth and Lydia Jamieson

3827 - Lydia Jamieson, Amber Butterworth, Rochelle Voveris and Jasmine Butterworth

IMG_3866.jpg - Dala Willoughby

IMG_3867.jpg - Matsya Willoughby



IMG_3871.jpg - Lydia Jamieson

IMG_3872.jpg - Jasmine Butterworth and Lydia Jamieson



Congratulations to the Delegate Sportsground Committee

Delegate Sportsground Committee are proud to have been successful in securing financial support in the last round of the Boco Rock Community grant Fund. The committee which is comprised of representatives from user groups including the Delegate Pony Club, Delegate Rodeo Campdraft Inc and the Delegate Pastoral & Agricultural Society have been able to purchase a much needed ride on mower, a push mower and a brush cutter.

A sportsground representative said that the Delegate Showground is our town's 'Safer Neighbourhood Place' and up until now volunteers have brought in their own mowers for ground maintenance. The representative stated that volunteer times have been decreased dramatically just by having a mower suited to the job and this has resulted in volunteers having time to look at ground improvements and not just maintenance.

Delegate Sportsground Committee would like to say a huge thankyou to Boco Rock and the former Bombala Council, for making this purchase possible and enabling a volunteer group to maintain and improve this asset for the community.



Photos: Katrina Jamieson

**Photo opposite Left to Right
Ken Neven, Sinead Cameron , Nerida Reed, Lachlan Reed, Jan Ingram, Laurie Reed & Russell Buckman**



Delegate Pony Club News

Its been a busy couple of weeks for Delegate Pony Club riders.

The weekend just gone 28th May 2017, 4 riders represented Delegate Pony Club at Wamboin Pony Club Mounted Games Competition at Bungendore. The riders participated in a full round of games that included, Five flag race, sword race, tack shop race, stock race, postman's chase, stepping stones, hurdle race, rope race and pyramid race. Our riders came home with a wonderful experience and 1st place in division 2. This is the first time Delegate Pony Club has been represented at a mounted games competition since the re established club in 2013. Our riders have been working on mounted games at some of their rally days and it has certainly paid off. Delegate Pony Club riders thank Rachel and Rowena Butterworth for arranging the team and making time for special practises.

Delegate Pony Club had 4 riders attend Cobargo Gymkhana on the Sunday 21st May 2017. Riders gained a lot of new experiences. They evented in Riding Class, riding class pairs, jumping and sport-ing events.

Delegate Pony Club held their June rally day Sunday 4th June and what a frosty start it was. With temperatures earlier at -3 the keen riders still rocked up and were very enthusiastic about what their instructors had planned for them.

Delegate Pony Club welcomed Nathan Marshall and his wife Nadine from Happy Horse Australia. Nathan spoke and demonstrated to the riders about hoof maintenance and knowledge. The riders were very engaged with their session with Nathan and they thank him for his time. Rowena Butterworth ran the riders through their paces in jumping and getting skilled at placement on their ponies. Rachel Butterworth ran the groups through mounted games and techniques, the riders had a lot of fun. The mounted games they worked on were Postman's Chase, Rope Race, and Cupcake race with real cupcakes at the end once they got all their ingredients.

Delegate Pony Club would like to thank Nathan and Nadine for attending their rally day and demonstrating hoof care, Rachel Butterworth, and a special thank you to Rowena Butterworth as it was her birthday and she still made sure the riders had a lot of fun and yummy cake.

Also on Sunday Delegate Pony Club had one rider representing the club at Batemans Bay Gymkhana, Rochelle Voveris came home with 5 ribbons, well done Rochelle we are all very proud of you on your new horse Buddy.

Reminder to check Delegate Pony Club Community page for any changes to rally days.

Next rally day is 2nd July 2017, Delegate Show ground, 9:30am gear check for a 10:00am start.

BIRTHDAYS!

Celebrating their birthdays this month are..

Ebony Bayliss-Brandenburg

Claire Strickland

Also belated birthday wishes for Shirley Hepburn

Wishing you all the best on your special day.





The Delegate Multi Purpose Service

Bendoc Progress
Association

Wellness Clinic – Delegate MPS

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent ECG update hours!

Suture or clip removal

Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

Monday-Tuesday-Thursday & Friday

1.00pm—2.00pm

No appointment necessary. Closed Public Holidays.

The Delegate MPS will still be open as per usual, so if you have a health concern please come over and be assessed by the nursing staff.

Bendoc
Neighbourhood
House



www.bendoc.org.au

Community Information Board

MOBILE LIBRARY The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Resource Centre. Here at the Centre we have a broad range of books that are rotated regularly for your enjoyment!

BENDOC BUS SERVICE Merimbula Day Trip—once a month on a Friday. Please phone Claire 6458 1433, Nola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

Bendoc Resource Centre and
Neighbourhood House
Cnr Dowling & Jamieson Sts
BENDOC VIC 3888

Phone: 02 6458 1402

Fax: 02 6458 1402

E-mail: bendocpa@bigpond.com

DELWP new office hours from 1st May 2017 till 30th November 2017.

Monday-0900 till 1530

Wednesday - Closed

Friday - 0900 till 1500

Tuesday - 0900 till 1500

Thursday - 0900 till 1500

**Get your
FireReady Kit**

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www.cfa.vic.gov.au

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collector of antique bottles