

# Bendoc Wheel

Bendoc Progress  
Association Inc.

Opening Hours

Monday, Tuesday, &  
Wednesday

9.30am—2.30

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

Bendoc Neighbourhood  
House

Shire Outreach Centre

## News from the Neighbourhood House

Welcome back to a new year in Bendoc, hope everyone enjoyed their holidays. With the return of our little ones to school, extra care should be taken on bus routes and around school zones.

Another year starts for the Bendoc Neighbourhood House, with our craft program at Tree of Life Bombala due to kick off mid to late March. Please ring the centre on 0264581402 for further info.

Anyone wishing to lodge road condition complaints for the East Gippsland Shire Council can drop in to the centre, fill out a form and it will be sent via fax or email to the shire. For those wishing to contact the Snowy Monaro Council re road issues phone 02 64511000 or email roadsdepot.admin@snowyriver.nsw.gov.au

So anyone for cards? The Delegate Country Club is once again running their card nights. Keep an eye out for their posters.

The Tubbut Neighbourhood House has seen Deb Foskey hand over her role as Co-ordinator, whilst she has taken up a position on their committee. Stay strong hope to work with you again in 2018.

Do remember that the Bendoc to Merimbula bus trip runs every month February to December with the bus run held the second Friday of the month. Our many thanks to our driver Charlie Burton for keeping this trip an ongoing experience. Ring the centre on 0264581402 for further details.

To our readers, if you would care to receive the Bendoc Wheel by email rather than curb side delivery, please email the centre at our email address bendocpa@bigpond.com and request to be added to our email system.

A shock to us all.

We take this time to wish Michelle Farran, a fast and speedy recovery from her surgery and hope to see her up and about in the near future.

The Bendoc Neighbourhood House is open Mondays, Tuesdays and Wednesdays from 9.30 to 2.30. Check out our library books and DVDs or simply drop in for a free cuppa or to use our free internet service.

Anyone interested in a course to be held in the region, please contact us with your suggestions.

Until next month, happy reading.

## Remember

East Gippsland Shire Council Library Books can be returned to our centre, we also have new books & DVDs for your perusal.

Inside this issue:

Bonang Mobile Coverage	2
50th Anniversary	3
St Pat's Recipe	4
Pony Club	5
Birthdays	5
Community Info	6

Tubbut Neighbourhood House & Resource Centre ABN: 39 629 072 892

## Media Release

January 29, 2018

### New Mobile Phone Tower at Bonang lacks back-up

The tallest structure in the district was erected last week on the ridge between Bonang and Bonang West. It is the Telstra mobile phone tower which Tubbut Neighbourhood House and others have been lobbying for over many years. It was approved as part of the rollout of the Federal Government's Mobile Phone Black Spot program three years ago.

"It's been a long process but now the progress is there for all to see. Lack of communications is a major problem in this isolated area which became starkly obvious during the fires of January-February in 2014," said Deb Foskey.

"The landlines can be out for days or weeks, as they were then. Ironically, Telstra sent out mobile phones to local residents, apparently unaware that they wouldn't work up here.

"The mobile phone tower itself is vulnerable in case of fire, as it relies on electricity delivered via wooden poles. For this reason, the community was disappointed to hear that the batteries to be installed will only provide eight hours back-up.

"The reason our landlines went out in 2014 was that the power went down and battery back-up time was limited. We are pleased that Telstra responded to community concern and increased battery back-up at the exchange to ensure that in power failure, it will operate for longer.

"Our community thinks it makes sense to solve this problem while the mobile tower is still under construction by increasing battery capacity and setting up a solar array to ensure the batteries will be able to sustain the tower when power fails due to snowfall, lighting strikes and fire.

"However, Telstra says it can't vary its standard package and 8 hours back-up is standard. Isolated rural communities have non-standard needs and the solution offered, to helicopter in a generator in times of emergency, seems unnecessarily difficult and expensive to us, especially if the blackout occurs in the afternoon or evening, when service providers are often unresponsive.

"We are pleased that our local federal member, Darren Chester, has taken up this issue with Telstra on our behalf as other communities are bound to encounter the same problem," said Deb Foskey.

*For more information, ring Deb Foskey 0264580399*

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**0407190258 (Mobile does not work at home)**

**Or email: [stephenscroope@bigpond.com](mailto:stephenscroope@bigpond.com)**

**Vehicle pictured is Steve's actual Bobcat**



## 50th Wedding Anniversary

Congratulations Helen and Barry Jamieson on their 50th wedding anniversary. Katrina and Wayne held a party at their house in Lower Bendoc with close family and friends in attendance. Their wedding date was 9th December and held their party on that date. From all accounts it was a good party.



Pic 1 - Helen and Barry with their children Tina, Danny and Wayne, plus great grandsons Jamieson and Hunter.

Pic 2 - Helen and Barry.

Pictures and information courtesy of Katrina Jamieson.



### Save the dates...

**3rd March 2018 Delegate Show.**

**6th March Bendoc Progress Assoc. General Meeting at Bendoc Neighbourhood House starting 10am .**

**13th March Delegate International Women's Day 10am at the school of Arts.**

**17th March Bombala Show.**

**30th March Good Friday (Easter)**

**25th April Anzac Day**

**The Snowy River Interstate Landcare advises that a soil health forum will be held in Bairnsdale on 27th and 28th of March for further info please ring Peter Reefman 035152 0602 or Emma Orgill 03 5154 2867. Book online at <https://www.eventbrite.com.au/e/what-is-your-soil-worth-tickets-42772206822?aff=es2>**

*Man, I am old.*

*How many do you remember?*

*Headlight dip-switches on the floor of the car.*

*Ignition switches on the dashboard.*

*Trouser leg clips for bicycles without chain guards.*

*Soldering irons you heated on a gas burner.*

*Using hand signals for cars without turn indicators.*

*Tin foil caps on the half pint and pint milk bottles.*

*Who can remember putting your fishing hooks into tobacco tins as well as your swivels and sinkers, then putting them with your canvas bag and hand reels into a fishing creel? The creels were usually made from wicker just like the good old picnic sets of the day.*

*What about Pounds, Shillings and pence?*

*Count all the ones that you remember, not the ones you were told about.*

## Bailey's Chocolate Coffee Cake

For St Patrick's Day 17<sup>th</sup> March 2018 Try this beauty..

### Ingredients

Cooking spray, for pan

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### FOR THE FILLING

1 c. brown sugar  
1 tbsp. cocoa powder  
1 tsp. instant espresso powder

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### FOR THE CAKE

3/4 c. (1 1/2 sticks) butter, softened to room temperature  
1 1/2 c. sugar  
1/3 c. brown sugar  
2 tsp. baking powder  
3 large eggs  
2/3 c. sour cream  
1 c. whole milk  
1/4 c. Baileys  
3 c. all-purpose flour

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### FOR THE TOPPING

1 c. sugar  
1 c. all-purpose flour  
1 tbsp. cocoa powder  
1 tsp. instant espresso powder  
pinch of kosher salt  
6 tbsp. butter, melted  
1/2 c. chocolate chips, melted

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### Directions

Preheat oven to 350° and grease a 9"x13" pan with cooking spray. Make filling: In a medium bowl, combine brown sugar, cocoa powder and instant espresso powder. Whisk to combine.

Make cake batter: In a large bowl, combine butter, sugars and baking powder. Using a hand mixer, beat until smooth. Next, beat in eggs one at a time.

Add sour cream, whole milk, and Baileys and mix again, until just combined. Gradually beat in flour.

Pour half the batter into prepared baking dish, sprinkle with filling in an even layer, and top with the rest of the batter.

Make topping: In a medium bowl, combine sugar, flour, cocoa powder, espresso powder and a pinch of salt. Whisk to combine. Add melted butter and stir until well combined.

Scatter topping over the top of the coffee cake batter in an even layer. Bake for 45 to 50 minutes, or until a toothpick inserted into the center comes out clean.

Drizzle with melted chocolate and let cool for 10 to 15 minutes. Slice and serve.

From [www.delish.com](http://www.delish.com) go there for many other simple ideas.

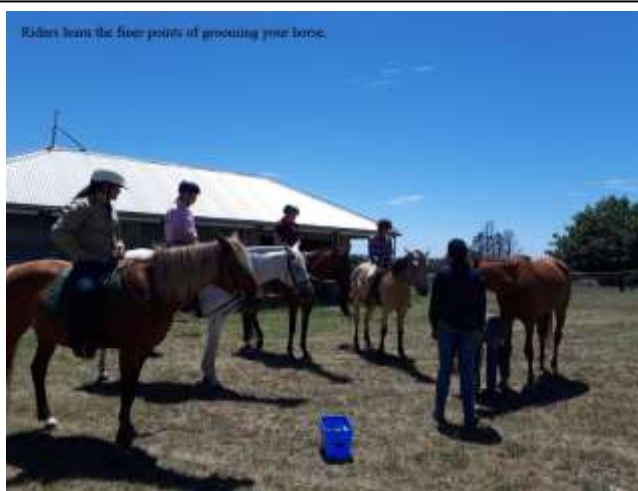


## Delegate Pony Club News

Delegate Pony Club held its 2018 registration day on Sunday with ten riders braving the searing heat. The kids were put through their paces with trot poles and mounted game practice as well as sessions on grooming, parts of the horse and how to hold and use your reins one and two handed.

2018 is going to be an exciting year for Delegate Pony Club with members commencing their pony club efficiency certificates, lots of guest instructors and activities culminating in our annual training day and gymkhana on the weekend of 24<sup>th</sup> and 25<sup>th</sup> November.

Our rally days are the first Sunday of each month at the Delegate Showground and new members are always welcome.



## BIRTHDAYS!

Celebrating their birthdays this February/March are..

Nola and Stefan Sanajko

Graham Beever

Wishing you all the best on your special day.





# The Delegate Multi Purpose Service

Bendoc Progress  
Association

## Wellness Clinic – Delegate MPS

This is a clinic where people come in for procedures or assessments by nursing staff.

This includes:

Wound care

Blood pressure readings

Blood sugar readings

Non-urgent ECG update hours!

Suture or clip removal

Other procedures that do not require a Doctor.

Wellness Clinic is held on the following days and times

Monday-Tuesday-Thursday & Friday

1.00pm—2.00pm

No appointment necessary. Closed Public Holidays.

The Delegate MPS will still be open as per usual, so if you have a health concern please come over and be assessed by the nursing staff.

Bendoc  
Neighbourhood  
House



[www.bendoc.org.au](http://www.bendoc.org.au)

## Community Information Board

**MOBILE LIBRARY** The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Bendoc Resource Centre. Where we have a broad range of books and DVDs that are rotated regularly for your enjoyment! Come in and browse our selection of books..

**BENDOC BUS SERVICE** Merimbula Day Trip—once a month on a Friday. Please phone Claire 6458 1433,

Nola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

## New times for DWELP Office Bendoc

Monday to Friday 10 am to 3 pm.

Bendoc Resource Centre and  
Neighbourhood House  
Cnr Dowling & Jamieson Sts  
BENDOC VIC 3888

Phone: 02 6458 1402

Fax: 02 6458 1402

E-mail: [bendocpa@bigpond.com](mailto:bendocpa@bigpond.com)

East Gippsland Shire  
Council Outreach Centre  
and Library.

**We now have our own DVDs  
and Books for borrowing. Drop  
in and have a look and enjoy a  
free cuppa. Also have a look at  
the newer EGSC Library  
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collector of antique bottles