

Bendoc Wheel

News from the Neighbourhood House

From the Co-ordinator's desk Bendoc Neighbourhood House.

-The Victorian firearms Safety Course is now full.

-Road use surveys available at the centre.

The Deer Butchery Course held at Bendoc on the 23rd June was a huge success. The Bendoc Resource Centre in partnership with Mark Chaplin from Snowy River Interstate Landcare hosted the event which saw 25 participants from near and far enjoy an informative and fun day. Under the guidance of the very talented and professional trainer Damian Filtness, participants were given a hands-on approach to butchering their own meat.



Opening Hours

See enclosed calendar on
Page 7

Closed Public Holidays

(Subject to change)

bendocpa@bigpond.com

02 6458 1402

www.bendoc.org.au

Bendoc Neighbourhood
House

[Shire Outreach Centre](#)

Remember

East Gippsland
Shire Council
Library Books can
be returned to our
centre.

We also have new
books & DVDs for
your perusal and
borrowing.

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Monthly pamper day at Bendoc Neighbourhood House

Bendoc Neighbourhood House is on Facebook, for up to date information on the activities planned for the centre and for people to share ideas for the community please visit Bendoc Resource Centre on Facebook.



BOBCAT CONTRACTOR

Do you need:

Heavy duty slasher and bucket



Slasher suitable for scrub or regrowth removal
Clearing
Small Earthworks
Levelling
Preparation for sheds, carports,
water tanks and paving
Clean ups

Reasonable rates

Fully insured

Contact: Steve on 02 64580303 or

0407190258 (Mobile does not work at home)

Or email: stephenscroope@bigpond.com

Vehicle pictured is Steve's actual Bobcat

HEALTH INFORMATION




Check in & Check Up
Community Skin Check Day

Bendoc Resource Centre &
Neighbourhood House
Dowling St, Bendoc

10am - 2pm
30th October 2019
Skin Check

COST: FREE - LUNCH WILL BE PROVIDED

Please make appointments prior to the day

RSVP to Bendoc Resource
Centre and Neighbourhood house
02 6458 1402

Regional Landcare
and Cooperator

VICTORIA
State Government

Hosting to support the event has been provided by the Victorian Government through the Community Resilience Program.

Delegate Multi Purpose Service Craigie St, Delegate

Wellness Clinic

Mon, Tue, Thur and Fri 10.30am - 11.30am

Every week except public holidays.

No Appointments necessary.

A clinic where well people come for health monitoring and a variety of nursing procedures such as:

- Wound care
- Blood pressure readings
- Blood sugar readings
- Non-urgent and pre-operative Electrocardiograms (ECG)
- Health Assessments
- Suture or clip removal
- Injections with Doctors **written order**
- Other procedures that do not require a Doctor
-

Pathology clinic (conducted by Pathology West)

Wednesday 9.30am – 10.30 am.

No appointment necessary.

Every week except public holidays.

On Saturday 26th of May, Amber Butterworth travelled to Bungendore to compete in the Wamboin Mounted Games. Amber was part of a team called the Mix Ups, which was made up of riders from Murrumbateman, Bungendore, Canberra Lakes and Delegate Pony Clubs. Most of the riders in the Mix Ups team, met for the first time on the morning of the competition.

After some overnight rain, the day of the competition was cool and slightly windy but the weather held and an enjoyable time was had by all. It was a good opportunity to catch up with old friends and forge some new friendships. Everyone was happy to share information and Amber has come home with some new techniques to share with other members of her club.



Amber and her pony Anzac



The Mix Ups



BIRTHDAYS! For July 2019

Claire Strickland & Ebony Bayliss-Brandenburg

Wishing you all the best..





We have confirmed a date for the Victorian Firearms Safety Course to be held at Bendoc.

Date: 21st August 2019

Where: Bendoc CFA shed

Time: Evening, TBC

We are awaiting further details and will endeavour to pass on additional information as we receive it.

To book, please contact the Bendoc Resource Centre -
Ph: 02 6458 1402 or Email: bendocpa@bigpond.com

Those interested, call into the Resource Centre for your free copy of the Firearms Safety Code booklet.

For additional information on licencing please see www.police.vic.gov.au/victorian-firearm-safety-courses

Fox and wild dog bounty

Foxes and wild dogs are established pest animals in Victoria. They cannot be eradicated from the state and require ongoing management by all public and private land owners.

Effective fox and wild dogs management requires an integrated approach utilising all available management practices including poison baiting, trapping, exclusion fencing, fumigation and appropriate animal husbandry. Hunting can play an important role in supporting an integrated management approach.



This program rewards eligible Victorian hunters with a \$10 bounty reward for each fox killed, and \$120 bounty for each wild dog killed, subject to the [Victorian Fox and Wild Dog Bounty Terms and Conditions](#).

Senior wild dog control contact for this area is:

Geoff Hodge

Buchan, Gelantipy, Orbost, Cann River, Bonang, Bendoc, Tubbut, Deddick

0427 321 312

Chemical Users Course

We are still taking names for a chemical users safety course to be held at Bendoc. Please contact the Bendoc Resource Centre if you are interested.

Ph0264581402



Bendoc
Neighbourhood
House



www.bendoc.org.au

Community Information Board

MOBILE LIBRARY The Mobile Library visits Bendoc as per calendar (once a fortnight) from 9.00am—10.00am. You are also able to sign up as a member (membership is free), borrow and return books here at the Bendoc Resource Centre. Where we have a broad range of books and DVDs that are rotated regularly for your enjoyment! Come in and browse our selection of books..

BENDOC BUS SERVICE Merimbula Day Trip—once a month on a Friday. Please phone Claire 0458428475 or Inola 6458 3285 or Chris on 6458 1402 to book your seat. Usually 2nd Friday of Month..

Free internet is still available at the Bendoc Neighbourhood House, along with fax and photocopying services. Just drop in during opening hours

New times for DWELP Office Bendoc

Monday 9am to 3,30pm lunch 12.30 to 1pm

Tuesday to Thursday 9.00am to 3.00pm lunch 12.30 to 1pm

Closed on Fridays

Effective 1st May 2019 till 30th November 2019

Bendoc Resource Centre and
Neighbourhood House
Cnr Dowling & Jamieson Sts
BENDOC VIC 3888

Phone: 02 6458 1402

Fax: 02 6458 1402

E-mail: bendocpa@bigpond.com

East Gippsland Shire
Council Outreach Centre
and Library.

We now have our own DVDs and Books for borrowing. Drop in and have a look and enjoy a free cuppa. Also have a look at the newer EGSC Library books.

**Get your
FireReady Kit**

1800 240 667
www.cfa.vic.gov.au

PREPARE. ACT. SURVIVE.
FireReady

Delegate Pony Club News Continued from Page 4.

DPC had their June rally on Sunday 2nd June. The morning session consisted of flat work and the afternoon session consisted on Mounted games for the up and coming mounted games in Bungendore.

Shania Caldwell and Lydia Jamieson both represented Delegate Pony Club on Sunday at the Cobargo gymkhana. Both girls were in the 10 and under 13 advanced group and had a fun and successful day. They rode together in the riding pairs where they placed first. Lydia won the E grade AM7 and Shania placed in both the AM7 and AM2 E grade courses. Shania and Lydia finished off their day by participating in the rescue relay. Lydia was the 10 and under 13 Age Champion for the day. **Congratulations** to both girls. A huge thanks to Cobargo Pony Club for a well organised and fun day.



Y O G A

At the Bendoc CFA shed
@5pm Tuesdays



\$10
Per person

Join us for a new class!

All welcome

Please contact Su for further details 0447732525

New Venue!

We would like to thank the local community for embracing this newly offered experience in Bendoc. Yoga is a great way to stay fit and make new social connections and will continue at Bendoc. 5pm on Tuesday afternoons.....

HOWEVER

We are trialling a new venue. As of 24/06/19 we will be meeting at the Bendoc CFA rooms.

All welcome

July 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 OPEN 9-2pm	2 OPEN 9-2pm	3	4	5
7 8:30 To 3:30pm	8 OPEN 8:30 To 3:30pm	9 OPEN 8:30 - 3:30pm	10 OPEN 8:30 - 3:30pm	11	12	13
14	15	16 OPEN 9-2pm	17 OPEN 9-2pm	18	19	20
21 8:30 To 3:30pm	22 OPEN 8:30 To 3:30pm	23 OPEN 8:30 To 3:30pm	24 OPEN 8:30 To 3:30pm	25	26	27
28	29	30 OPEN 9-2pm	31 OPEN 9-2pm			

New Hours of
Operation for
Bendoc
Neighbourhood
House for March
2019

