Bendoc Wheel

bendocpa@bigpond.com or 04 1267 5253

It's times like these that make us realise how lucky we are to live where we live. We can watch on as the rest of the world descends into hysteria and here in Bendoc our daily lives remain relatively unchanged. Winter has set in with some heavy frosts, little rain to speak of, and some beautiful sunny days. Though we had great plans here at the Resource Centre for 2020, the situation in Victoria seems to be deteriorating, which is making it difficult to prepare any community events or workshops. Our doors remain open to the public and we welcome visitors, keeping in mind recommended social distancing and hygiene guidelines and acknowledging that protocols are subject to change.

In this publication we have included some information on issues relating to road safety as requested by members of the public. It is worth remembering that we are all a part of the same community and issues of safety affect us all.

A rundown on our long awaited Excel training can be found on page 7.

Police Victoria monthly roundup on page 4.

Bendoc has experienced some sad losses to well known longtime local residents. Our thoughts are with their friends and families. Opening Hours

Return to normal

8:30 - 3:30

(Subject to change)

Contact us on

04 1267 5253

1()

bendocpa@bigpond.com

Bendoc Neighbourhood House and Shire Outreach Centre

Weekly Walking Group

Walking group has started up again. If you would like to walk with us for fitness and fun join us Wednesday mornings. Meet at the Resource Centre at 9:00 am.

For more information: 02 6458 1402 bendocpa@bigpond.com



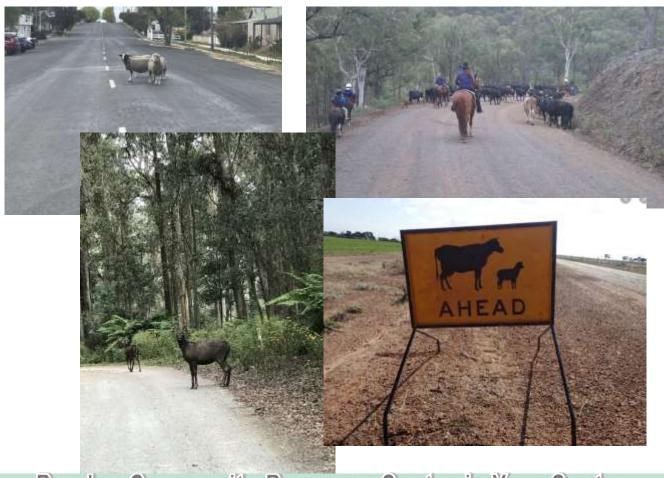
Sharing Our Roads With Stock

There are rules that apply to drivers who share the road with traveling stock, and a little bit of common-sense will go a long way towards keeping everyone safe:

- Drivers should be aware that stock have the right of way at all times.
- Moving slowly when stock are present reduces the risk of them taking fright and posing a danger to vehicles or themselves.
- It is the driver's responsibility to slow down to a speed where they can give way or stop if necessary to avoid hitting an animal.
- Drovers often have working dogs with them. Slowing down is the only sure way to avoid hitting them.
- Farming is often a family business and children and young people frequently accompany adults. Please consider this and slow down. (Riders under 18 must wear a helmet).
- Blowing your horn to get stock to move is ill-advised.
- If everyone can show a little patience, and consideration for others, there is room on the road for us all.

We live in a rural community surrounded by farms and farming families. There are times when stock will need to be walked from place to place along public roads. It is the responsibility of the drover to ensure that when stock are grazing or moving near or on a road, approved black and yellow warning signs are visibly displayed. Signs must be:

- displayed when stock are being walked or grazed along or within 300 metres of a public road, except where a stock-proof fence separates the stock from the road
- positioned so that a motorist is warned at a fair and reasonable distance of the presence or likely presence of stock
- clearly visible to motorists who approach stock in either direction
- positioned so that there are no more than five kilometres and no less than 200 metres between the sign and a place where a vehicle would encounter the stock.
- Stock signs should be removed from the road once the movement of stock is complete.
- Stock are not permitted on the road after dark.
- Stock must be attended by a person over 16 years of age



Sharing Our Roads With Wildlife

With our area affected by drought and bushfires, increased numbers of wildlife on the roads pose an added risk to motorists and the wildlife. Animals, especially kangaroos, wallabies, and wombats are drawn to the roadside, attracted by the feed on the side of the road. Deer are an increasing problem in the area and will certainly impact your vehicle if hit at any speed. RACV and Wildlife Victoria urge you to please slow down while driving between dusk and dawn in areas populated by wildlife when our nocturnal animals are most active and feeding. Because of Bendoc's location, it is worthwhile understanding the requirements for both sides of the border.

If you've accidentally hit an animal you are required by law to stop if safe to do so. If you have hit or spotted an injured animal on the road there are guidelines and rules to note: Reporting an accident involving an animal

An injured animal left on the road has the potential to cause further accidents other road users. If you've accidentally hit an animal, and there's a chance that it will create a hazard for other road users, you must stop in a safe place and either remove the animal or call for help. Contact the local Council (03) 5153 9500 or VicRoads 13 11 71.

Helping an injured animal

If you've hit an animal and it survives you can contact Wildlife Victoria (03) 8400 7300. If the animal didn't survive, you can check the pouch or contact Wildlife Victoria https://www.wildlifevictoria.org.au/

Alternatively, to contact a local animal carer, call Mick on 04 1734 0919 On the NSW side, call Looking After Our Kosciuszko Orphans (LAOKO)



Obituaries

Ken "Hobsie" Collings

The community gave a sad farewell to well-known, lifelong Bendoc identity Ken Collings last Wednesday afternoon at the Delegate cemetery. The district was shocked by his recent passing and we wish to extend our deepest sympathies to Jason, Scott, and their families, and Ken's sister Denise.



Trinity Uniting Church, 15 Black Street, Brighton 30th June, 2020



Hi All,

Welcome to the first edition of Police News for Bendoc and surrounding areas.

Orbost Police are committed to providing a policing service within the Bendoc area at least twice a week, including the opening of the police station where community members can attend for document signing and other police related business.

Our intention is to keep the community informed on what is happening in their local area and to ensure you are aware of police attendance and patrols.

Recent Events:

On the 6th June 2020 Mallacoota Police attended the Errinundra Road, Errinundra. A NSW vehicle was intercepted with 4 males (all from Sydney) on board. Police located a spotlight and 2 firearms inside vehicle, one in front passenger seat and one in rear next to registered owners. Seized 2 x firearms and NSW licences from registered owners of firearms.

An agreement has been made with NSW police in relation to incidents requiring urgent police attendance in Bendoc and surrounds. All supervisors in the area will be made aware of the agreement and will contact NSW police if they are required to assist.

Police encourage community members to report incidents or contact police in the following ways.

- 000 for immediate police attendance or urgent matters
- Police Assistance Line on 131 444 for any non-urgent matters, to report a crime or leave a message for a police member to contact you
- Online Reporting www.onlinereporting.police.vic.gov.au

Police facts

Bendoc police station first opened its doors in 1869 and was the first town in the region to have a police station.



The Delegate Multi Purpose Service

Wellness Clinic – Delegate MPS 02 6459 800

Wellness Clinic

Monday 9am—10am every week except public holidays. No appointment necessary.

Procedures include:

Wound care

Blood pressure reading

Blood sugar readings

Suture or clip removal

Injections with doctor's written order

Pathology Clinic:

Wednesday 9:30—10am every weekday, no appointment needed.

Victorian Visits:

Community nurse visits with Victorian clients fortnightly. For referral call Orbost Regional Health 03 5154 6666





If there are specific concerns regarding bushfire recovery that you would like to raise please contact The Hub directly or communicate your concerns to the Resource Centre and we will be happy to pass these on .

20 Ruskin St Orbost

Victorian Bushfires Case Support Program

The Victorian Government is providing case support to people living in Gippsland and North East Victoria via the Victorian Bushfires Case Support Program.

The Program will provide a support coordinator who will be a single point of contact for those who need it, working with local residents to link them directly with vital supports such as information and advice, mental health support and financial counselling. Services will be delivered by Windermere and Gippsland Lakes Community Health in Gippsland, Gateway Health in Northern Victoria, and cohealth in other parts of the state. Windermere is also providing a statewide contact, advice and information service.

The Bushfire Case Support phone number is 1800 560 760.

To access other bushfire mental health support services:

- Visit your GP. Your GP can refer you to the most appropriate mental health services within the Better Access Scheme.
- Digital Services. Digital health services can be used as an alternative to face-to-face therapies in times of need, or when and where convenient.
- Primary Health Networks. Primary Health Networks can help you find person-centred health services near you as they commission and coordinate services in based on local community need.
- <u>Headspace</u> . Headspace provides young people from 12 to 25 years old with free or low cost services to young people, their families and friends.

Excel Training

We held our Excel training course on the 30th June and 1st July, with some alterations due to coronavirus restrictions. The training had to be relocated to the Delegate Country Club to accommodate attendees and meet health and safety protocols, and the Bendoc Resource Centre wishes to thank the Delegate Country Club for being so accommodating at very short notice. Nigel Travelled down to Bendoc on the Monday afternoon to prepare for the 2 days of training and arrived bright and early on a very frosty Tuesday morning to commence training. There was a total of 9 attendees over the 2 days and Nigel proved a knowledgeable and patient trainer with useful and practical tips to support both novice to intermediate users. This training was targeted at an intermediate level and all attendees were happy to learn knew and simplified ways of using Excel to get the most from the program. We wish to thank Nigel for his time and support in delivering this valuable course to locals and hope this is the beginning of a constructive relationship.







Community Get-together (Kinda, 1.5m social distancing) With a free meal

Jim is starting a weekly community get-together where he will be supplying a hot meal for anyone interested. For any questions call Jim on 04 0319 6528.

Jim will be at: Bendoc Community Hall This Saturday evening. Saturday, 4th July 6pm.

Looking forward to seeing folk there for a yarn and a full stomach.

Information Board



• NOTE:

As always, good health and hygiene practices are a priority for Elegance Beauty and Wellbeing and Bendoc Resource Centre. Facemasks, gloves and proper cleaning and sanitising protocols are adhered at all times.

BOBCAT CONTRACTOR Do you need:



Heavy duty slasher and bucket

Slasher suitable for scrub or regrowth Clearing Small Earthworks Levelling Preparation for sheds, carports, water tanks and paving Clean ups Reasonable rates
Fully insured
Contact: Steve on 02 64580303 or
0407190258 (Mobile does not work
at home)
Or email: stephenscroope@bigpond.com

OFFICE WASTE MANAGEMENT - Servicing of septic tanks, grease traps and all other liquid waste - Portaloo hire ROBERT SHARON HAMPSHIRE 11 High Street, Bombala NSW 2632 0417 423 983 or AH 02 5458 3075 | robshaz10@dodo.com.au collector of antique bottles