

Bendoc Wheel

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Hello everyone

We hope your Easter time was fun & packed with chocolate. Here we are back again for the April issue - and thanks so much Marion for doing such a great job of retaining that welcoming atmosphere here at the RTC & keeping those wheels turning.

A recap on what happens when

EASTER AT THE PUB

was by all accounts a roaringly successfully well attended gathering of friends.



Egg hunt
Apparently there's still some out there — fudge by now!



Bendoc Neighbourhood House

Everyone welcome to use the computer, printer, internet, tea & coffee, BNH swap/borrow books interesting history & local info.

WEDNESDAY CRAFT MORNINGS
(or just hanging around) Bring whatever you're working on or check out our craft resources

Tues 12 - 4
Wed 9 - 1
Fri 9 - 1
Sat 9 - 12

The Green Shed

'Not just any old stuff' but great stuff & well worth a look— all for a donation. Behind the Hall
If Bob is not there, he's happy for you to call/text 0408981524

Tues 9 - 12
Thurs 9 - 12
Sat 9 - 12

East Gipps. Shire Mobile Library

Join up, borrow, return & order a book or DVD. At the Bendoc reserve or the BNH if you miss the bus.

Thursdays
10.30 - 1130

Wellness Nurse Appointments

0456 167 011. More info on the fantastic services provided by Sharon over-page

Thursdays

BNH before & after new flooring

We also have new sleek blinds, all giving the space a nice 'looked after feel'.



ERRINUNDRA TO SNOWY WELLBEING SPACES

Visiting Bendoc Neighbourhood House every Thursday

Nurse Sharon is here to assist with your health needs, including dressings - suture removal - urinalysis - filling in medical forms. Sharon can explain how telehealth works, & discuss your myagedcare and home care packages.

Future plans

New diagnostic equipment arriving soon. Spirometry - ABI Ankle Brachial Index - Electrocardiogram (ECG) . All test results can be sent to your GP or specialist if necessary.

This space is for everyone - to help navigate the health system together as best we can.

Please ring for an appointment on 0456 167 011. If you haven't an appointment you are still welcome to drop in & see if Sharon's free.

A message from Jim

Interested in Tourism in our region? Got some ideas to attract visitors to our area? We would love you to join in with the Errinundra to Snowy Community Recovery Committee's "Nature Based Tourism" Working Group.

Discussion points are, but not limited to:

- Our region's assets - the natural world, ancient trees, wildlife, off the beaten track
- Types of visitors we want to attract
- Tourism opportunities for our region - walks, drives, bike riding, infrastructure
- Existing tourism ventures
- Where visitors can spend their money
- Collaboration opportunities with surrounding regions - Orbost, Delegate, Bombala
- Attracting city visitors
- Grant opportunities
- Tourist and other associated, Accommodation
- YOUR IDEA HERE
- AND HERE

Tama: kanukadale4horses@hotmail.com
0450 816 512

Jim: wilson_stevenson@hotmail.com
0403 196 528 or 0475 575 258

Contact one of the members to register your interest

FYI:- The original Tourism Working Group started back in 2019, following public meetings in Bonang to develop the Errinundra to Snowy District Community Plan

East Gippsland Shire are offering free TECH SAVVY workshops on -
* UNDERSTANDING ONLINE BANKING and
* LEARNING MORE ABOUT USING LIBRARY RESOURCES.
Orbost, Bairnsdale, Lakes, Omeo, Paynesville & Mallacoota (for online banking only)
from 9th May to 24th.
Please ring the library on 03 5152 4225



Position Vacant -from DWELP

An exciting ongoing employment opportunity is now available in Bendoc as a Forest Fire Operations Officer – Technical Lead.

Applications close at midnight on Wednesday, 17 April 2024.

Please be advised that the advertisement for the above position is now appearing on the following:

Jobs and Skills Exchange - [Forest and Fire Operations Officer - Technical Lead \(Bendoc\) | Jobs and Skills Exchange \(jse.vic.gov.au\)](#)

Career@Vic Gov - [Forest and Fire Operations Officer - Technical Lead \(Bendoc\) | Gippsland - East Gippsland | Vacancies - Careers.vic.gov.au](#)

Please ring Trent Tonissen 0439 011 454 for more information

FREE COMMUNITY LEADERSHIP TRAINING

ONSITE TRAINING ERRINUNDRA TO SNOWY REGION

WORKSHOP 1

Succession planning and mobilising your community

Are you wanting volunteers? Looking for a succession plan that works?

From the Secretary to the Fundraiser, to the Treasurer and the Project Manager – this session will tease out what your group needs from your volunteer workforce. It will focus on who is needed, what skills are required, and how to find the right volunteers, ensuring their contributions make a meaningful impact!

Date: Thursday, 2 May 2024
Time: 1:00pm - 3:30pm
Location: Bonang Hall, Bonang

WORKSHOP 2

Running a successful community group

Wanting to improve your committee's effectiveness?

For a committee to be successful they need to function cohesively, be accountable for their direction, the way they function, and for achieving their short and long-term goals. This session will help community groups to understand the role of a committee, their responsibilities, and what structures they need to have in place that provide the foundations for a successful community group.

Date: Thursday, 23 May 2024
Time: 1:30pm - 3:30pm
Location: Bendoc Community Hall and Rec Reserve

FREE | Bookings essential | Light refreshments provided

ONLINE TRAINING

GRANT WRITING TRAINING

Date: Tuesday, 26 March 2024
Time: 5:30pm - 7:30pm
Mode: Online via Zoom

GOVERNANCE TRAINING

Date: Tuesday, 30 April 2024
Time: 10:00am - 12:00pm
Mode: Online via Zoom

FOR MORE INFORMATION

Contact Non Profit Training on:

1300 144 113

info@nonprofittraining.com.au

[HTTPS://BIT.LY/ERRTOSND](https://bit.ly/errtosnd)

[HTTPS://BIT.LY/EGSCWORKSHOPS](https://bit.ly/egscworkshops)

This project is coordinated by East Gippsland Shire Council and is jointly funded by the Victorian Government through Emergency Recovery Victoria's Recovery and Resilience Grant program and Commonwealth Government under the Commonwealth-State Disaster Recovery Funding Arrangements in response to the 2019-20 Eastern Victorian Bushfires*



FIRE RESTRICTIONS TO END IN EAST GIPPSLAND SHIRE

The Fire Danger Period (FDP) will finish at 1.00am on Monday, 15 April in East Gippsland. While restrictions are lifting in this area, CFA still expects the grassfire risk to remain across the state, so you need to remain alert and prepared.

Residents are reminded that Total Fire Ban days may still occur so any fires that are lit must be able to be extinguished immediately.

The end of the Fire Danger Period (FDP) will be an opportunity for some landowners to burn-off again, however it's important that residents check that local conditions are safe before undertaking these activities.

You must register your burn-offs, check weather conditions and follow local council laws, as well as EPA laws and applicable regulations.

Registering your burn-off ensures that if smoke or fire is reported, the incident is cross-checked with our register, which prevents firefighters from unnecessarily responding. When conducting burn-offs, remain alert and always have resources on hand to extinguish the fire.

Landowners can register their burn-off online at www.firepermits.vic.gov.au or call 1800 668 511.

If possible, landowners should also notify their neighbours and others nearby who may be sensitive to smoke so they can take necessary precautions.

Tips for looking after your health when there is smoke can be found on EPA's website.

Keep your burn off safe and legal:

Check fire restrictions in your area and always register your burn at www.firepermits.vic.gov.au.

Check and monitor weather conditions – particularly wind.

To avoid unnecessary calls to emergency services, notify your neighbours beforehand.

Leave a three-metre fire break, free from flammable materials around the burn.

Have sufficient equipment and water to stop the fire spreading.

Never leave a burn-off unattended – stay for its entire duration.

If your burn-off gets out of control, call '000' immediately.

Tips for looking after your health when there is smoke can be found on EPA's website.

For further information head to: www.cfa.vic.gov.au/plan-prepare/how-to-prepare-your-property/burning-off

Bendoc Wheel

Delegate Multi-Purpose Service
Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment, Treatment and Care Centre (ATCC)

The Delegate MPS Assessment, Treatment and Care Centre (ATCC) has replaced the Emergency Department. The ATCC is now open. For bookings, please call Delegate MPS (02) 64598000 or 'walk-in'. Our nurse led ATCC is a walk-in clinic open 24/7, offering:

- Wound Care
- Nursing assessments
- Blood pressure readings
- Blood sugar readings
- Suture or clip removal
- Injections with Doctors written order
- Other procedures that do not require a Doctor

Pathology

Wednesday 09:30am-10:30am. No appointment necessary. Every week except public holidays

Woman's Health Clinic

4th Thursday of the month at Delegate MPS

Phone 1800 999 880 (Community Health Central Intake Team) for an appointment

Other Community Health Services

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse
- Women's Health Nurse

To refer to any of the above please ring Community Health Central Intake Team on ph. 1800 999 880

Victorian Visits

Community Nurse Visits Victorian Clients every fortnight. For referral of info ring ORBOST Regional Health (03) 51546666 or Delegate Community Health Nurse on (02) 64598000

Bendoc Wheel



BENDOC NEIGHBOURHOOD HOUSE have moved the small section of local crafts for sale, giving a bit more room for extra stuff (we can move the library books). We would LOVE for you to bring along your homemade crafts for display or sale –

A great place to buy unique gifts for others or yourself.

Talking about Library books, don't forget we have a good assortment of titles left here by the **SHIRE MOBILE LIBRARY BUS** at the Neighbourhood House for you to browse and borrow. You will still need to be a member or sign up

Are you a wordsmith, a literary luminary or a poet? If so, the **BENDOC BARD' COMPETITION** is calling your name. Get creative & send in your poem, composition or ditty. Entries are anonymous & we will print them in the wheel. Your readers will vote on their **favourite** piece & have the opportunity to say why. You can vote and send in your entry through email (I won't be saying names) or anonymously in the box at the Neighbourhood House—you could also mail it in. When we have received 10 entries we will announce the winner of **favourites in the 'Bendoc Bard'** So, no matter your age, your style or literary skills, dust off your typewriter & grab your quills.

APRIL 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	15	16 BNH 12-4 GREEN SHED 9-12	17 BNH 9-1 Craft morning	18 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	19 BNH 9-1	20 GREEN SHED 9-12 BNH 9-12
21	22	23 BNH 12-4 GREEN SHED 9-12	24 BNH 9-1 Craft Morning	25 Public Holiday	26 BNH 9-1	27 GREEN SHED 9-12 BNH 9-12
28	29	30 BNH 12-4 GREEN SHED 9-12				

MAY 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BNH 9-1 Craft Morning	2 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	3 BNH 9-1	4 BNH 9-12 GREEN SHED 9-12
5	6	7 BNH 12-4 GREEN SHED 9-12	8 BNH 9-1 Craft Morning	9 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	10 BNH 9-1	11 BNH 9-12 GREEN SHED 9-12
12	13	14 BNH 12-4 GREEN SHED 9-12	15 BNH 9-1 Craft Morning	16 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	17 BNH 9-1	18 BNH 9-12 GREEN SHED 9-12
19	20	21 BNH 12-4 GREEN SHED 9-12	22 BNH 9-1 Craft Morning	23 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	24 BNH 9-1	25 BNH 9-12 GREEN SHED 9-12
26	27	28 BNH 12-4 GREEN SHED 9-12	29 BNH 9-1 Craft Morning	30 Nurse GREEN SHED 9-12 LIBRARY BUS 10-30-11-30	31 BNH 9-1	