

Bendoc Wheel

bendocpa@bigpond.com 02 64581531



Welcome to Winter

A touch of snow 18th May.
Not a great pic. but you can be assured it's Bendoc



BENDOC NEIGHBOURHOOD HOUSE

Free computer, printer & internet use. Tea coffee, Swap/borrow books, Gifts for sale History & Local info.

WED CRAFT MORNINGS

Bring whatever you're working on or just come for a visit

Tues 12-4
Wed 9-1
Fri 9-1
Sat 9-12

THE GREEN SHED

'NOT JUST ANY OLD STUFF' but great stuff & well worth a look - behind hall grounds All for a donation.

If Bob is not there, he's happy for you to call/text 0408981524

Tues 9-12 Thur 9-12 Sat 9-12

DELEGATE GOLF CLUB 50TH ANNIVERSARY

Enjoyed by many locals & visitors, the band 'Mojo' played, food was supplied by Adam and a fine day was on offer (unlike the May pic. above).

Golfers hit the course on Saturday 25th and joined in on the competition Sunday.

EAST GIPPS SHIRE MOBIL LIBRARY

Join, borrow, return or order a book from the Mobile Bus at the Bendoc Reserve or access this service during BNH hours

Thurs 10.30 - 11.30

WELLNESS NURSE

Appointments 0456167011 More info on medical services through the wellness spaces pg.4

Thurs

MON 8-11
WED 12-3
SAT 8-11



In small compensation for the absence of two of our very important BPA members, they have kindly sent us snaps of their journeys of far away places.



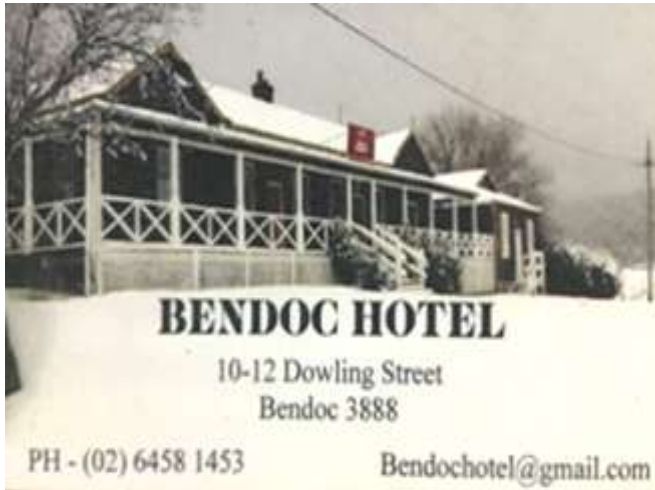
Sharon & Russell's great NZ shots

FRANZ JOSEPH GLACIER & THUNDER CREEK WATER FALL



Marion's stay on beautiful farmland in Dalry, Scotland





CLASSIC PUB MEALS
BOOKINGS ESSENTIAL
Normal opening hours Mon - Sat Opens 12.00
Dinner - Wed to Sat
Lunch & Dinner - Sat

Thursdays - Roast & Raffles
Saturdays - *Joker Draw*

Johnno & Caroline would like to inform their patrons they are off on a holiday from 27th June to 10 July. During this time opening hours may change, please ring to check.

Bendoc
Neighbourhood House
SPRING MARKET DAY
ON A SUNDAY IN OCTOBER
At the Hall - 10 - 3
Let us know if you have
a preference for a date

CALLING FOR STALL HOLDERS

We plan to have hot soup &
bread rolls
IDEAS & HELP VERY WELCOME

**Whats for sale on the
Neighbourhood House
Community Shelf**

CROTTCHED BLANKETS & BEANIES

Diamond Painting Kits

Bendoc Honey
Pottery garden pots & figurines
And some Freebies

Vintage Prints ready for mounting

HANDMADE GREETING CARDS
Variety of handmade crafts

1800RESPECT
Domestic/family violence
1800 737 732

MensLine Australia
1300 789 978

Beyond Blue
1300 224 636

Kids Help Line
1800 55 1800

Nominations for the Volunteering Awards 2024

If you know an inspiring volunteer or community organisation, now's the time to nominate them for the Volunteering Awards. It's quick and easy to nominate online, and you'll help to make sure Victoria's incredible volunteers are deservedly recognised.

The Victorian Government is proud to partner with Volunteering Victoria to celebrate Victorian volunteers and volunteer organisations, recognising their achievements through the Volunteering Awards. **Nominations close 22 July** volunteeringvictoria.org.au/awards

GP'S TO VISIT WELLBEING SPACES!!

Dear Errinundra to Snowy district residents

Truly exciting news today as there will be GP's from Orbost visiting our E2S Wellbeing Spaces over the coming weeks!

To make the most of our Wellbeing Spaces, we have been working hard to get our Video Telehealth procedures in place. Orbost Regional Health has invested in telehealth equipment but before we can use telehealth services with the doctors at Orbost Medical Clinic, **you must have been seen in person by a doctor from the clinic** within the last 12 months.

Getting down to Orbost can be challenging - so - we've booked the GPs to come to visit us!

Errinundra to Snowy Wellbeing Spaces

0456 167 011

infoE2S@orh.com.au

Goongerah - Tuesdays
Tubbut - Wednesdays
Bendoc - Thursdays

Tuesdays Dr Edwina will be at **GOONGERAH**
Ongoing telehealth every Tuesday from the 4th June; 11am – 12:30pm

Thursdays Dr Roisin will be at **BENDOC**
Ongoing telehealth every Thursday in June; 11am – 12:30pm

Wednesday Dr Edwina will be at **TUBBUT**
Ongoing telehealth every Wednesday from the 19th June; 11-12,30
Call me on 0456 167 011 to make a booking

*Sincerely, Sharon Small
Nurse Care Coordinator*

Inclement weather may cause dates to change, please ring to confirm.

DELEGATE MULTI-PURPOSE SERVICE

Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment, Treatment and Care Centre (ATCC)

The Delegate MPS Assessment, Treatment and Care Centre (ATCC) has replaced the Emergency Department. The ATCC is now open. For bookings, please call Delegate MPS (02) 64598000 or 'walk-in'. Our nurse led ATCC is a walk-in clinic open 24/7, offering:

- Wound Care
- Nursing assessments
- Blood pressure readings
- Blood sugar readings
- Suture or clip removal
- Injections with Doctors written order
- Other procedures that do not require a Doctor

Other Community Health Services

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse
- Women's Health Nurse

Pathology

Wednesday 09:30am-10:30am. No appointment necessary. Every week except public holidays

Woman's Health Clinic

4th Thursday of the month at Delegate MPS
Phone 1800 999 880 (Community Health Central Intake Team) for an appointment
To refer to any of the above please ring Community Health Central Intake Team on ph. 1800 999 880

Victorian Visits

Community Nurse Visits Victorian Clients every fortnight. For referral of info ring ORBOST Regional Health (03) 51546666 or Delegate Community Health Nurse on (02) 64598000



General meeting to be held at the Bendoc CFA shed

WEDNESDAY 24TH JULY

6 pm for sausage sizzle, then 7pm for meeting

This meeting is an opportunity for all to thank Doug Cameron for his many years of outstanding service as Brigade Captain. This will also be an opportunity to elect a new captain and for Service Medals to be handed out.

The meeting is open to all members, joining members and any person interested in becoming a member of the CFA.

Save the Date: **SUNDAY 13TH OCTOBER**

This is the proposed date for the Mt. Delegate Group Training Day. We have organised a "Car Prop" to be on site for everyone to utilise. These props are often the most life-like and effective method to bring our fire fighting skills up to standard. Last year's training day was attended by CFA brigades from Goongerah, Bonang and Bendoc together with a great representation from RFS brigades, Delegate, Craigie and Currawong. We'll be hoping for the same this year.

ALL MEMBERS ARE REMINDED THAT NO BUSHFIRE SEASON DOESN'T MEAN NO FIRES.

WINTER IN OUR AREA BRINGS OUT THE WOOD, GAS AND ELECTRIC HEATERS. ALL THESE ARE A POTENTIAL SOURCE OF FIRE !!!

Let's keep our skills up to date.

Welcome to free support in your community

East Gippsland Mental Health and Wellbeing Local is a new service that will offer mental health and wellbeing support whenever you need it. It's free, easy to access without a referral, and located in your community.

If you are 26 years of age or older and would like support with your mental health and wellbeing, East Gippsland Mental Health and Wellbeing Local is offering telehealth and outreach support. More supports will be available over the coming months.

We believe anyone needing help should be able to access straight-forward continued support. We will be with you throughout your journey.

mental health & wellbeing local
Free support in your community


For free support, call 1300 000 352 or visit betterhealth.vic.gov.au/mhwlocal

wellways Latrobe Regional Health COMPLETE Health

East Gippsland Mental Health and Wellbeing Local services are delivered by Wellways in partnership with Latrobe Regional Health and Gippsland Lakes Complete Health and are funded by the Victorian Government

WORKSHOP - SAT 29TH JUNE

The Art of Making
Art of Distilling; Forage plants & herb preps for home; Interactive event...

learn with Rob Cash & Gary Mallard

VENUE: DELEGATE SCHOOL OF ARTS HALL

WORKSHOP 1PM - 3PM
(AFTER LOCAL MARKETS)

RSVP FOR LUNCH 12:30PM

Delegate Progress Association Inc.



Snowy River Interstate Landcare Committee

Please Register:
Old Post Office, Delegate
ph 0407 404 625
OR
Snowy River Interstate Landcare
Ph 02 64584003
email srilc@bigpond.com

This project is supported by East Gippsland CMA through the Victorian Landcare Grant program



Get the job done right with Robinson's Windows and Chimneys. We offer fast, friendly services for all your window and chimney cleaning needs.

Get a free quote for a fast friendly service

Windows include:
 Cobweb removal
 Interior and exterior wash
 Cleaning of flyscreens
 Mobile pressure washing available

Chimneys include:
 Cleaning flue
 Cleaning glass door,
 Checking cowl and flue damage
 Remove blockages and creosote
 Repairs and spare parts

Call Dave: 0497 911 548

Locally owned and operated servicing the Bombala Region

FOR SALE – Near new 4 wheel drive tyres on Nissan Chrome rims, came from a Pathfinder. travelled only about 500ks. \$100 each. 04 29483411

Bushbubs Wildlife Shelter

Looking after sick and or injured Australian Wildlife

Lyn Button

Gap Rd
 Bendoc Vic 3888

0488719233

Bushbubs01@gmail.com



JACK OF ALL TRADES, MASTER OF CONCRETING

BB'S CONCRETING AND EARTHWORKS

Specialising in concreting and excavating with a 3 tonne excavator featuring hydraulic grab and auger. Tip Truck and crane for hire to move anything from crushed rock and wood piles, to furniture and other household needs. Demolition, site clean-up and rubbish removal available, as well as handyman services to help with repairs, maintenance and much more.

Brodie Bendle

Mobile: 0423 946 592

Email: brodiebendle@gmail.com

FOR A SPACE ON THIS PAGE

CONTACT

02 64581531

bendocpa@bigpond.com

Any road issues
 report to
 Regional Roads Vic.
 133778

A customer walks in to the bank
"I've lost my card, can I withdraw money?"
"Sure, you'll have to identify yourself first".

He looks at himself in a mirror,
"Yep, it's me alright"

How often do planes crash?

Only once!



AGRICULTURAL WORKSHOP IN BENDOC

In lieu of the Farming Workshop that was postponed earlier this year, we will be holding another agricultural event sometime in November. This will be free, includes a meal and designed according to needs & interests of local people.

We intend to continue on with the previous chosen topics if interest is there and we still have the opportunity to change or add a new idea.

- PREVIOUS TOPICS
- The 'Trigger Plan'- before feed & water get tight
 - Farm Finance
 - Carbon Farming
 - Understanding more about Soil

- OTHER POSSIBLE TOPICS WE COULD EXPLORE ?
- Health, Wellbeing & Safety on the Farm
 - Solar energy on the Farm
 - Hobby Farming
 - First Aid

WHAT AREAS OF FARMING & AGRICULTURE INTEREST YOU? PLEASE SUGGEST YOUR IDEAS OR INTERESTS AT THE BNH

FREE!

YOUTH ADVOCACY TRAINING

FOR PEOPLE AGED 12-25
Lead change in your community and be heard by decision-makers!

Learn:

- Advocacy basics
- Engaging stakeholders
- Action planning

Part One:

- Advocacy essentials
- Motivation
- Targeting stakeholders

Part Two:

- Decision-making
- Pitching ideas
- Overcoming challenges

18th June 2024
4pm - 6pm
Online

Register Now

FREE!

MEDIA TRAINING FOR YOUTH

FOR PEOPLE AGED 12-25

What to expect

Learns to speak up in the media about issues that matter to you!

This workshop covers:

- Understanding the media landscape
- Crafting compelling stories
- Writing press releases and elevator pitches
- Staying safe online
- Mastering media interviews

20th June 2024
4pm - 6pm
Online

Register Now

Affected by a recent major emergency?

You may be eligible for recovery support.

For more information
vic.gov.au/recovery



WHAT WE CAN OFFER THE ELDERLY & COMMUNITY

- Trained caring staff on site 24hrs everyday
- Assistance with ALL personal care needs, continence, laundry, cleaning, medication, individual social needs
- In house leisure activities/ social gatherings
- On site home cooked meals by our trained Chef
 - Couples' rooms
 - Office spaces
- Lounge areas for functions eg education, conferences, short courses etc

Contact Maddison Campbell - 0484068399



WE ARE PLEASED TO HAVE HAD A REQUEST TO INCLUDE A RECIPE SECTION IN THE 'WHEEL'. IF YOU'D LIKE TO RECOMMEND A DELIGHTFUL DISH OR FAVOURITE FOOD PLEASE SEND IT IN & HELP FILL THIS SPACE

ALMOND BISCUITS DAIRY FREE AND GLUTEN-FREE

INGREDIENTS -

1 cup Sugar 2 large egg whites room temperature
2 cups almond meal (you may need more)

For Coating - ½ cup icing sugar

INSTRUCTIONS -

Preheat oven to 160o

Prep baking sheet with parchment paper and baking spray.

Combine dry ingredients:

In a large bowl, combine the almond meal with the sugar, stir so combined and make a well.

Start adding the egg whites while stirring with a wooden spoon.

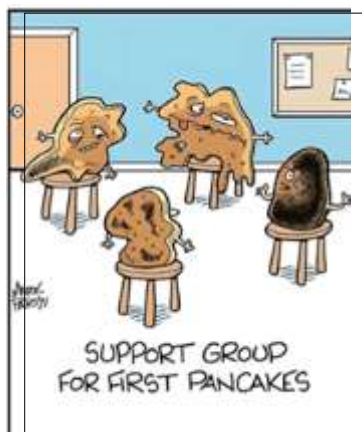
The mixture will seem dry but keep stirring.

Since they are gluten-free, you won't get tough cookies from overworking the dough. You could even use your hands to combine the dough together.

Place icing sugar in a bowl or a plate (this is to roll the cookie balls into).

Roll out the cookie balls: Using a tablespoon, a spoon, or a small scoop, take out portions of the dough and use your hands to form the dough into small balls. The dough is very sticky, so you could prep your hands/gloves & lightly dust them with icing sugar to help roll out the balls. Cookie size: The cookies should be small/medium, so you should roll out about 1 ½-2 dozen cookie balls. It's about 1-inch round. Coat the cookies: Roll the cookie balls coating the cookies very well with the icing sugar. Place cookies on baking sheet: Arrange the cookie balls on your prepped baking sheets. Gently flatten the cookie balls with the bottom of a glass or even a knife. They will crack a bit on the sides, and that is fine.

BAKE COOKIES - Bake for 15-20 minutes. The cookies will slightly rise and form some cracks. Check on them at 15 minutes (every oven is different). Take care to not overbake them. The cookies will still be a little soft. Just make sure they are golden brown on top and on the bottom. Cool down cookies: Set them aside to cool for 5 minutes, then transfer to a rack to cool completely.



INTERESTING KITCHEN HINTS

Having trouble opening a jar ? – try using an oil filter remover—the cloth type, works a dream.

Mixer broken, no good ? Use a Drill

The tougher string orange bags rolled up & secured make great gentle scourers

Have old acrylic wool lying around?
Crotchet them into dishcloths
High alcohol hand sanitiser helps get your fire going



GARDENING BITS WITH BOB

I'm new in town & I have a hero. At my age I didn't think I needed a hero but I like the way he looks at things. He is big on the changing around less - more using old stuff- working with bees- worms - compost- reusing space. He has written a book on compost and gardening lifestyle. Look at what's in your yard & reuse it to get the same result

ROSE CARE

- To help control black spot, mildew & rust
 - Water roses in the morning
 - To make a natural Fungicide - Mix 1 tsp bicarb-soda , 1 drop vegetable oil 1 drop of dish detergent in 1 litre of water
- Spray 3 times leaving 3 weeks between each spray. This doesn't harm ladybirds or other beneficial insects

MULCH

Of course it is absolutely essential that all garden areas are mulched. A thick mulch of up to 70mm. deep should be spread around all garden beds. Make sure to put it right underneath shrubs while avoiding the trunks. Don't be measly with mulch. Remember that while a heavier mulch such as chips or compost is more effective than a light mulch, some is better than none. One must watch with chips, and large bark that will cover the ground and hold water off the garden.in the same way an umbrella would.

PEST ALERT

Red scale on citrus - This is a serious pest on all types of citrus, especially lemons, oranges & mandarins.

Round, flat, red blobs adhere to the fruit and stems, protecting the sap sucking pests beneath, which is why they are called armoured scale.

Spray infestation with an oil spray, especially under the leaves. Ants will also encourage scale pests. If ants are present, wrap a sticky bank around the trunk to trap them as they attempt to move up the tree. Prune lower branches to keep them well clear of the ground and fertilise in late summer

CREPE MYRTLE

There are about 50 species of crepe myrtle (*Lagerstroemia*) available, evergreen and deciduous and are popular for their showy flowers.

Full sun, well drained rich soil & some shelter from strong hot winds are requirements for these trees.

They are susceptible to powdery mildew, but on the bright side, give beautiful summer colour. With a little pruning of the spent flowers these trees will flower for 3 months

To kill weeds in pathways, either paint the centre of the weed with mineral turpentine or spray with undiluted seawater

To combat powdery mildew, use 1 tsp. bicarb-soda per litre of water as a preventative spray or to stop outbreaks in the early stages.

When short on room, grow beans up the stalk of your sweet corn.

HINTS HINTS & HINTS

There are some materials that are not recommended for composting. These include meat, fat, bones & dairy products. They decompose slowly, causing smells that attract rats, flies, and dogs.

Are you a wordsmith, a literary luminary, or just like to throw words together? If so, the

'BENDOC BARD' COMPETITION IS CALLING YOUR NAME.

Get creative & send in your poem, composition or ditty.

ENTRIES ARE ANONYMOUS & WILL BE PRINTED IN THE WHEEL.

EMAIL, POST OR PLACE YOUR ENTRY IN THE BOX ON THE NEIGHBOURHOOD HOUSE VERANDAH.

When we receive ten entries readers will vote for their favourite piece & a winning poem or prose (& poet if u wish) will be announced.

So, no matter your age, your style or literary skills,

Dust off your typewriter & grab your quills.

Anyone reading this can enter

3th ENTRY

WHAT DID THEY SEE?

Some may know me, but a lot will not.
So watch around town, things are changing.

See something knew?

What was that? Go for a walk.

Have a look around the corner.

It's not here. Where is it?

Claire said she thought she saw something,
but where Grover delivers the mail,

what did he see?

Maybe it's at the Greenshed,
men have been at the hall.

Karl is away, so he's no help.

What did they see?

POAM

I read it in the Wheel, that they're lookin' for a bard
And I'm go'nna have a crack at it, it shouldn't be that hard!
But when I read the "bard" word, I didn't really know it,
So I googalised that sucker: a bard's in fact, a poet!

Now, ya poets, they write poetry, as taught in better schools,
And they use "poetic licence" and a range of special tools.
Things like "stanzas", "meter", "rhymin'", "repetition", "repetition"
"Simile" and "rhythm" and some "juxta" type position.

Poets use "dramatic pause" to help create a mood
And something's "euphamistic" so it doesn't sound so crude.
There's "imagery" and "irony" and stuff they call "allusion"
(Ask me, it seems quite difficult and fills me with confusion.)

I don't think I can do it, in fact I'm bloody sure
I haven't even got a clue 'bout what's a "meta" for.
My skills, they're just not up to it, I never was precocious
I'm not erudite or very smart, my spelling's quite atrocious.

So I give up! It's not for me! I haven't got a hope.
Instead of Bendoc's brightest bloke, I'll stay the Bendoc dope.
That's it, that's all, it dissapoints: a sorry situation.
I'll ne're be Bendoc's Bestest Bard! (Wait! That's alliteration!)

4th ENTRY



MENURA

So deep the chill to the south of the hill,
 There was frost on the floor of the forest,
 Night's tenebrosity lost in the frost,
 Crisp as a needle, and cotton soft.

High in the undergrowth minding her nest,
 In her humble opinion up there with the best,
 Laughs at herself without raising a sound,
 Darkness enlightened, the silence profound,
 Nothing a whisper from litter to crown
 When flutter of feather breaks softly down.

Within sound within sight by the end of
 the night

Of never a mind to be honest,
 The liar aligns his symbols and signs,
 Designing the lie of the things he defines:
 The matter of fact of the matter redrawn
 Overstate, understate, flatter and fawn
 Humiliate and persuade
 Isolate, marry and mate
 Don't defend, condescend, smile and snub.
 He glides to the ground for some grub.

So easy to see from her seat in the tree
 The form and and extent of his sophistry.
 By convention he intentionally ignores her,
 Plays his mores and forays till it bores her,
 Ruffles his ruff to thicken his neck,
 Tries to look tough, flexed pecs for effect,
 As she expects, he smoothes off his socles.
 She knows what comes next ; He tunes up his vocals,
 Shimmers and shivers as if spellbound,
 And more than delivers, more like
 expounds

His oratory

"Cuckoo mourn ~
 Kookaburra chuckle
 Bitter chitter chatter
 Mutter pitta patta
 Chuff chuff coff coff
 Maggie croon ~ ~
 Wattle not a little
 Coulda hearda butcher birdor
 Just another kookaburra
 Maggie sing ~ ~ ~
 A bing a bong a bes;lla a
 Ring of ros;s;ella
 Far as I can tell a
 Bu;z;ing of a fella
 Days in the forest pray what must it mean
 For the bell-bird and whistler to colour the green?
 The depths and the heights of the tones I enlist,
 Hisses and kisses and ticks and tees,
 Barking of dogs and buzzes of bees,
 The bells and the whistles
 the groans and the grizzles,
 All of the sounds that exist.

~ ~ ~ ~ ~

Indigo, Indigo flower and root,
 Of the rainbow and shadow you will not be mute.
 You will sing of the blues and the pinks and the grey,
 Of the dawn and the dusk and the day.

Indigofera, branch and leaf,
 Nothing will spare you, no one will care,
 I hereby declare you the colour
 Of the thief.

It is I, it is I, in the soil and sky,
 In the grubs and the shrubs and the
 geckoes.

I hereby declare all the birds of the air,
 The whistles, the warbles, the echoes.
 Thornbills and weebills and robin and wren
 Spotted pardalote, cock and hen
 Martins and swallows, starlings and sparrows
 And thornbills and weebills again.

Why are there shadows when there is a Sun
 Why are there many when I am the one,
 Why's water white when it bubbles and tumbles,
 Why does the whistler sing ~
 When the thunder rumbles? " " " "

Duly impressed with the subject addressed
 Melodious, salubrious and glorious -

ly,

Tunefully true and august though it be
 She somehow knew that it just wasn't he.
 She didn't trust liars but found some relief
 He wasn't a coward, a hawk nor the thief.

"Cuckoos" she claimed "have been known
 to cower, and I

Located my wayward blue flower,
 on the bower. "

~~~~~

Sometimes it seems like it's more than it  
 seems

as he chants the cantata and dances the  
 dreams.

Still,

Quite annoyed by his need to embroider  
 His autobiographical glorias,  
 Intrigued by the mystery obscuring the history  
 Of just how the liar deceives,  
 With a sky full of leaves its a try to conceive  
 Of just what on earth he believes.

He rings as he rails and he sings as he quails  
**His I's and his me's and his my's,**

Is his tall tale his impassionate veil  
 As he harps and he laughs and he cries?

Continues.....

# Bendoc Bard Poetry Competition

MENURA Cont...

**5th ENTRY**

Three,  
 or two,  
 Or just a kookaburra.  
 Hee<sup>he</sup> hoo<sup>hee</sup> hoo<sup>hoo</sup>  
 Hoo<sup>ha</sup> ha<sup>hoo</sup> hoo<sup>ha</sup> ha<sup>ha</sup> ha<sup>ha</sup> ha  
 You, and me,  
 We're made for one another  
 Lowing mooing mowing  
 Mewing crowing cooing Cockat oo oo  
 Colluricincla<sup>;</sup> sing ~~~  
 Strumming humming drumming  
 Flapping tapping yapping  
 Little bit of feller lot of a rosella  
 Cockat oo oo Cockat ee aa  
 Tinka blinka bella  
 Prattle of a wattle  
 Pretty little rattle  
 Coochy coochy coo  
 Cock--a-doo-da-doo.

Endavouring to expand her knowledge in  
 Effort to understand his mythology  
 Done with biology, sick of psychology  
 Fed up with the epistemological  
 Holocene history of eastern Australia  
 The quanta, the qualia, the paraphernalia,  
 Failure not an option, her truth betold,  
 With sheer determination she brave and bold  
 Made a resolution to find something  
 solid.

She payed more attention  
 to Palaeontology ~

To be truly objective she had to discount  
 That she was in a muddy hole and he on a mount.  
 She studied the basics and dug up some fossils,  
 Cretaceous colossals all over the place,  
 She classified bone and catalogued classics  
 And came face to face  
 With the late Jurrassics,  
 Lifted a stone,  
 Turned a leaf,  
 There lay the answer beneath.  
 Saved in the slate,  
 Beyond debate,  
 Unravelling his raves, the way he behaves,  
 But gave no relief from her seeth.  
 . The lyrebird lies through his teeth.

~f~ ~f~  
 ~~~~~

*I see a little bird fly by,
 it doesn't stop nor look my way.
 I wonder what it's doing here.
 It circles left and turns around,
 down it sweeps so light and smooth as it scouts,
 without a doubt, it has a keen site.
 What does it see, I do not know.*

*Out from the bush a little shadow glow
 I see a mouse running; oh, how fast he can go.
 Across the street and up a rock,
 no time to look back he must trust the track.*

*I do not want to watch this chase,
 to sit and watch this would be a disgrace.
 Time to go back inside but wait.*

*Do you hear that noise?
 My name is called again and again,
 Wake up, wake up I hear once more,
 It was just a little nap after all.*

By
 LA

6th ENTRY

*A reminder - after 10 entries you can vote for a
 favourite - the poem that resonates with you.*

ENTRIES

- 1 - *Dittys & Ditties* *May edition*
- 2 - *The Lyrebird* “
- 3 - *What did they see?* *June edition*
- 4 - *Poam* “
- 5 - *Menura a second version of Lyrebird* “
- 6 - *I see a little bird* “

You can view the poems at the Neighbourhood

COMMUNITY CONTRIBUTIONS

BNH invites suggestions, points of interest, photos &
 news. Please send your contributions to
 bendocpa@bigpond.com
 Ph 0264581531 or drop in & see us.

THE WHEEL IS DISTRIBUTED TO LOCAL RESIDENTS MID MONTHLY
 & THE FINAL DATE FOR ARTICLES IS GENERALLY THE 13TH

**If you would like the 'Wheel' emailed or don't receive it in
 the post please let us know & we'll update your details.**



Anywhere. Anytime. Anyone.

Police are out there to keep you safe. If you still choose to take risks while driving and break the road rules, chances are you will be caught.

TAC **VICTORIA**
Department of Transport

