

Bendoc Wheel

bendocpa@bigpond.com 02 64581531



'HAPPY AUGUST' BENDOC WHEEL READERS

CFA MEETING
A hat,
a farewell &
a generous donation
More details pg 3

Jon from Bendoc
Hotel donating
\$400 from
Thursday night
raffle sales to
Bendoc CFA.



Ian Cole
receiving his
official
instructors
hard hat. This
is the first time
in Bendoc CFA
history that the
group has an
instructor.

BENDOC NEIGHBOURHOOD HOUSE

Free computer, printer & internet use. Tea coffee, swap/borrow books, Gifts for sale History & Local info.

WED CRAFT MORNINGS

Bring whatever you are working on or just pop in for a visit

Tues 12-4
Wed 9-1
Fri 9-1
Sat 9-12

THE GREEN SHED

Behind hall grounds.

Great second hand stuff & forever changing

RE-USE, RECYCLE, REPURPOSE

If unattended
call/text Bob
0408981524

Tues, Thurs,
Sat 9-12

EAST GIPPS SHIRE OUTREACH & MOBIL LIBRARY

Join, borrow, return or order a book from the Mobile Bus at the Bendoc Reserve or access through council outreach service at the BNH

Thurs
10.30 - 11.30

WELLNESS NURSE

Appointments 0456167011
More info on medical services through wellness spaces pg.4

Thursdays

MON 8-11
WED 12-3
SAT 8-11



PO Sat 12-5
Mon-Fri 2-5

ATTENTION !! ATTENTION !! VOTES ARE IN !!
see voters favourite piece of literary work from
ROUND 1 in the 'Battle of the Bendoc Bards'

SEE PAGE 11

Round 2 of the Poetry/Prose/Words Comp has begun † ENTER NOW

PLUS

1 Bendoc Community Resource Centre is Your Centre



Bendoc SPRING MARKET DAY

SUNDAY OCTOBER 27th

At the Hall 10 - 3

So far we have crafts, greeting cards, old wares/bottles, plants, bric-a-brac, pottery, art work

**CALLING FOR STALL HOLDERS
STALL FEE - FREE/BY DONATION**

Artists/crafters – if you have a few pieces to sell but not enough for a stall, you can place it on the BNH fundraiser stall in return for a small percentage of sales

CALLING FOR SMALL DONATIONS OF GOODS FOR THE BNH FUNDRAISER STALL

BENDOC NEIGHBOURHOOD HOUSE



SOUP DAY

WED AUGUST 28th 12.30

DO YOU HAVE A GREAT SOUP RECIPE YOU'D LIKE TO SHOW OFF?

JOIN US IN A GET TOGETHER OF SHARING A VARIETY OF TASTES

😊 SOUPLSS PEOPLE WILLING TO TASTE & COMPLIMENT ARE VERY WELCOME



We are pleased to have BNH back to running as normal after a spruce up with a fresh & perfectly painted paint job by James.



Talking about sprucing up – A big thanks to Bob for clearing the overgrown garden around the memorial wall. Its been great being able to see the memorial plaques more clearly



AGRICULTURAL WORKSHOP IN BENDOC

In lieu of the Farming Workshop that was postponed earlier this year, we will be holding another agricultural event sometime in November. This will be free, includes a meal and designed according to the needs & interests of local people.

We intend to continue on with the previous chosen topics if interest is there and we still have the opportunity to change or add a new idea.

PREVIOUS TOPICS • The 'Trigger Plan'- before feed & water get tight
 • Farm Finance • Carbon Farming
 • Understanding more about Soil

OTHER POSSIBLE TOPICS WE COULD EXPLORE ?

- Health, Wellbeing & Safety on the Farm
- Solar energy on the Farm • Hobby Farming • First Aid

WHAT AREAS OF FARMING & AGRICULTURE INTEREST YOU? PLEASE SUGGEST YOUR IDEAS OR INTERESTS AT THE BNH

BENDOC



NEWS

On Wednesday 24th July a meeting was held at the Bendoc CFA shed. A great turnout with a full room and full stomachs. (after the barbeque cooked by Barry and catering by Claire and Helen)

Members had gathered to pay tribute to Doug Cameron and his many years of service as Captain of the Brigade. Everyone was greatly appreciative of Doug's work over the time and wished him well for the future.

Unfortunately a new captain has not emerged from the ranks but this is something the members are working on. Hopefully someone will put up their hand and take on the role with the support of the brigade.

The Mt Delegate Group Ultralight is currently out of the shed. It is away being fitted with a crew protection system. The CFA is retrofitting all these vehicles with the aim of increasing member safety. If we ever find ourselves in a "burnover" situation, the new system will go a long way to ensuring our safety. Preparation for the group training day being held 13th October is well underway with interest being shown from far and wide.

Members were introduced to a new "paging" technology (SAS App) that will enable our mobile phones to pass on alerts to turnout to fires, MVA's and any other events. Keep warm, keep safe and always be fire aware!

SAVE THE DATE: **SUNDAY - 13th OCTOBER**

This is the proposed date for the Mt. Delegate **GROUP TRAINING DAY**. We have organised a "Car Prop" to be on site for everyone to utilise. These props are often the most life-like and effective method to bring our fire fighting skills up to standard. Last year's training day was attended by CFA brigades from Goongerah, Bonang and Bendoc together with a great representation from RFS brigades, Delegate, Craigie and Currawong. We'll be hoping for the same this year.

ALL MEMBERS ARE REMINDED THAT NO BUSHFIRE SEASON DOESN'T MEAN NO FIRES.

WINTER IN OUR AREA BRINGS OUT THE WOOD, GAS AND ELECTRIC HEATERS. ALL THESE ARE A POTENTIAL SOURCE OF FIRE !!!

LET'S KEEP OUR SKILLS UP TO DATE.



It was fantastic to have Dr Edwina Brown attend the Wellbeing Space in Tubbut on Wednesday 17th July and Bendoc on Thursday 18th July 2024. After a previous successful visit to Goongerah on Tuesday 28th May.

Dr Edwina has now visited each Wellbeing Space and met with many members of the Errinundra to Snowy Community.

Patients that have seen Dr Edwina have all expressed inspiring feedback and are enormously grateful to have had a GP visit their community, as well as stating that Dr Edwina's thoroughness and the rarity of being heard by a medical professional will certainly encourage them to follow through with Dr Edwina's guidance and advice.

We extend a big thank you to Orbost Regional Health and Dr Edwina who willingly offered their services.

We are delighted that Dr Edwina has made available appointments for video telehealth - from 11:00 AM to 12:30 PM at each Wellbeing Space. **Goongerah** – Tuesdays. **Tubbut** – Wednesdays. **Bendoc** - Thursdays.

Sharon can assist with organising and setting up these appointments on-site and will offer you privacy or patient advocacy – your choice. You can also organise a phone appointment at home. Sharon can also assist with booking these appointments for you.

Please make the most of these appointments to request pathology, referrals, queries regarding medication, etc. Just as you would in a normal GP visit. (Without driving to Orbost or elsewhere).

Edwina and the Orbost Medical Clinic may not be able to continue blocking out these times for the Snowy to Errinundra community if they are not utilised.

New diagnostic testing available:

As well as ECG's, Blood pressure, Ankle Brachial Index (blood flow/circulation) and Spirometry - Spirometry is the most common type of pulmonary function or breathing test. This test measures how much air you can breathe in and out of your lungs, as well as how easily and fast you can the blow the air out of your lungs.

A 24-hour **blood pressure monitor** is also available – this will give an average blood pressure to your doctor to determine if medications and/or lifestyle changes are required.

DELEGATE MULTI-PURPOSE SERVICE **Craigie St, Delegate**
(02) 64598000

The Delegate MPS Assessment, Treatment and Care Centre (ATCC)

The Delegate MPS Assessment, Treatment and Care Centre (ATCC) has replaced the Emergency Department. The ATCC is now open. For bookings, please call Delegate MPS (02) 64598000 or 'walk-in'. Our nurse led ATCC is a walk-in clinic open 24/7

Pathology

Wednesday 09:30am-10:30am. No appointment necessary. Every week except public holidays

Woman's Health Clinic

4th Thursday of the month at Delegate MPS

Phone 1800 999 880 (Community Health Central Intake Team) for an appointment

To refer to any of the above please ring Community Health Central Intake Team on ph. 1800 999 880

Other Community Health Services

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse

Victorian Visits

Community Nurse Visits Victorian Clients every fortnight. For referral of info ring ORBOST Regional Health (03) 51546666 or Delegate Community Health Nurse on (02) 64598000



NOTICE OF Bendoc Bicentenary Memorial Park Meeting

Bendoc Bicentennial Memorial Park & Reserve Committee is giving notice of a PUBLIC MEETING to be held at Bendoc Memorial Park on **10/9/24 commencing at 2pm.**

The purpose of the meeting is to nominate no less than three (3) or more than nine (9) persons as the Committee of Management for the (Bendoc Memorial Park) for a term of three years. The current committee's term will expire on 30th September 2024 All positions will be declared open, and nominations will be accepted prior to or at the meeting. Further information, nomination forms and nominee declaration forms may be obtained by contacting your local Department of Energy, Environment and Climate Action office or at the meeting. For further enquiries please contact the

Secretary,
Rita Barnes on Mobile 0427581220



Delegate Hospital Auxiliary
Casserole Luncheon
Wednesday 11th September
11.30am for 12.00 start
\$25.00 per head
(2 courses)



DELEGATE COUNTRY CLUB
Come and support the Auxiliary raise
funds for Delegate MPS
Door Prize and Raffle on the day

Please ring to book:
Claire 0458428475 or Gail 6458 7128
To assist catering, bookings are preferred

Made with PosterMyWall.com

STILL MISSING

WORLD WAR TWO HONOUR ROLL

Last seen hanging in the Bendoc Hall beside the one pictured here. If anyone knows of it's whereabouts, please contact Bendoc Hall Committee members, Jim on 0403 196 528 / 0475 575 258 or the BNH





Get the job done right with Robinson's Windows and Chimneys. We offer fast, friendly services for all your window and chimney cleaning needs.

Get a free quote for a fast friendly service

Windows include:
Cobweb removal
Interior and exterior wash
Cleaning of flyscreens
Mobile pressure washing available

Chimneys include:
Cleaning flue
Cleaning glass door,
Checking cowl and flue damage
Remove blockages and creosote
Repairs and spare parts

Call Dave: 0497 911 548

Locally owned and operated servicing the Bombala Region

You can now drop off your empty 10C RETURN CANS & PLASTIC RECYCLABLE BOTTLES in the yellow wheelie bin at BNH. They will be collected by Jim as a fundraiser for the BNH

WANTING TO SWAP 8 BALL TABLE FOR A LARGE OLDER STYLE WOODEN TABLE RING/TEXT 0429483411

BENDOC HOTEL
10 - 12 Dowling St Bendoc (02) 64581453
Bendochotel@gmail.com
MON - SAT WINTER HOURS 2.00 - CLOSE
CLASSIC PUB MEALS *BOOKINGS ESSENTIAL*
DINNER - WED TO SAT LUNCH - SAT.
Thursdays - Meat Raffles Members Draw 7.30
Saturdays - *Joker Draw*

Bushbubs Wildlife Shelter
Looking after sick and or injured Australian Wildlife
Lyn Button
Gap Rd
Bendoc Vic 3888
0488719233
Bushbubs01@gmail.com

Report road issues
Regional Roads Vic. 133778

Contact Steven Bailey for the following services:

- Legal information, and court preparation
- Communicating with government – local, State, or federal
- Administration services for individuals & registered rural community organisations
- Communicating with the public, PR, and marketing for rural businesses
- Written/editing services
- Communications workshop facilitation
- Tuition: politics, English, music theory/composition
-
-
-
- Ph:0400419404



E: steven@learnpolitics.com.au

For those who don't know me, I grew up just out of Bendoc and left home when I was 16 to do years 11 and 12 in Canberra and study at the Australian National University. I'll be in the area for the next 6 months while I work remotely and develop my services online. While I'm here, I'd love to help individuals, students, businesses, and community organisations in any way I can. I've removed much of my online presence while I redevelop my site and socials, but a simple Google search will reveal some of my political activities, thanks to the Australian media. Feel free to call me or email me for a no-obligation discussion.
Cheers,
Steven Bailey
www.learnconsult.com.au

Did you know:

East Gippsland’s population is set to hit 50,000 people this year and grow to about 60,000 by 2041.
 Deaths are outnumbering births – our population growth is due to migration, mainly from the eastern parts of Melbourne.
 Over 60% of all households are either couples without children or single person households.
 The largest component of future population change will be in the 75-85 age group.
 Over 70% of our houses are 3-4 bedrooms and this proportion is increasing.

Would you like to know more about our changing population?

East Gippsland Shire Council uses a range of demographic profile, forecasting and housing data to inform our strategic planning, service planning and applications for government funding.
 We would like to offer a unique opportunity to share in an understanding of this important information about our community.

When:

Monday 19 August 2024
 6.00pm-8.00pm

Where:

Council Chambers, 273 Main Street, Bairnsdale
 Online via Microsoft Teams

How to attend:

Use the following TryBooking links to register.

[In person booking](#) - there are limited places for in-person attendance (*light supper provided*)

[Online booking](#) - a Microsoft Teams link will be provided

We will record this session so if you are not able to attend, please let us know and we will provide a link to the recording.

Please email strategicplanning@egipps.vic.gov.au if you have any questions.



NOTE FROM BENDOCNH
 WE CAN ASSIST WITH CONTACTS OR
 ACCESSING THIS VIDEO.

East Gippsland Seniors Concert
THE ELVIS & MARILYN TRIBUTE SHOW

Victorian Seniors Festival 2024
 EXPLORE. ENGAGE. EVOLVE.

MONDAY 14 OCTOBER 10 AM - 12PM
CLUB EASTWOOD, BAIRNSDALE
 BOOKINGS ESSENTIAL <https://www.trybooking.com/111111>
 PHONE 5152 1482
 COST - FREE
 MORNING TEA PROVIDED

**Welcome to free support
 in your community**

East Gippsland Mental Health and Wellbeing Local is a new service that will offer mental health and wellbeing support whenever you need it. It's free, easy to access without a referral, and located in your community.

If you are 26 years of age or older and would like support with your mental health and wellbeing, East Gippsland Mental Health and Wellbeing Local is offering telehealth and outreach support. More supports will be available over the coming months.

We believe anyone needing help should be able to access straight-forward continued support. We will be with you throughout your journey.

mental health & wellbeing local
 Free support in your community

For free support,
 call 1300 000 352 or visit
betterhealth.vic.gov.au/mhwlocal

<p>MensLine Australia 1300 789 978</p>	<p>1800RESPECT Domestic/family violence 1800 737 732</p>	<p>Kids Help Line 1800 55 1800</p>	<p>Beyond Blue 1300 224 636</p>
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If you have difficulty scanning this, BNH have hard copies

Learn more or register an Adult Learners Week event:

- [Buchan Neighbourhood House](#)
- [Heyfield Community Resource Centre](#)
- [Orbost Education Centre](#)
- [Paynesville Neighbourhood Centre](#)
- [Sale Neighbourhood House](#)

We run training courses at many community locations, including remote areas within Gippsland. If you'd like us to come to you please make contact so we can help. Courses can be delivered through a variety of formats, including face to face and online classrooms.

Our training can support learners with their Workforce Australia mutual obligation requirements. Learn Local programs are "other government program" for mutual obligation (PBAS) – speak to your Employment Service Provider about an activity code. Please contact the Learn Local provider for booking and further information.

Feel free to connect with us for further information on 5156 0214 or contact the Learn Local directly advertised in each community.



Waste & Recycling Service Review

Help shape the future of waste and recycling in our community. Complete the survey or register for a focus group online today.

Get involved between 1 July and 15 September

Call (03) 5153 9500, visit your nearest Customer Service Centre or find it online:

SCAN ME

FUTURE OF ORBOST & DISTRICT PROJECT

INVITATION

21ST AUGUST 2024
5.15PM-8.45PM

JOIN US FOR AN EVENING OF:-

- INFORMATION AND INSPIRATION**
Hear the latest updates on the FOOD project as well as some inspiring local stories supporting innovation and economic diversification for social, economic, and environmental impact
- NETWORKING**
Connect and share ideas with people from industry, community, government, knowledge institutions - and those who might be able to help progress your opportunity and ideas
- FOOD & ENTERTAINMENT**
Relax and enjoy locally prepared food (with a few surprises and some local entertainment)

COST: \$10 (DRINKS AT BAR PRICES)
BOOKINGS ESSENTIAL BY 16TH AUGUST
LIMITED PLACES
BOOK ONLINE WITH THE QR CODE FOR MORE INFORMATION CONTACT:
PROJECT@ORBOSTVIC.GOV.CA/EAU

FUTURE OF ORBOST & DISTRICT PROJECT

- 5:15 PM NETWORKING NIBBLES & MUSIC (SHOWCASING LOCAL FOOD AND MUSICIANS)
- 5:45 PM INTRODUCTION, PANEL SPEAKERS, AUDIENCE Q&A (SHOWCASING LOCAL BUSINESS/PROJECTS)
- 7:00 PM NETWORKING, NIBBLES & ENTERTAINMENT
- 7:30 PM EXPLORING OUR INNOVATIVE CONCEPT POOL OF FUTURE GROWTH OPPORTUNITIES
- 8:00 PM PANEL, AUDIENCE Q&A (LOCAL & GOVERNMENT BUSINESS SUPPORT SERVICES)
- 8:20 PM NETWORKING AND WRAP-UP
- 8:45 PM CLOSE

We recognise event timing is never perfect for all – you're welcome to join later in the event if you can't make the early start, and please contact us if the ticket cost is a barrier to participating

**A message from MP Tom McIntosh
- FREE WIFI INITIATIVE -**



Bendoc Wheel

Good afternoon,

I'm reaching out from Tom McIntosh MP's office, State Member for Eastern Victoria, to let you know about an important program that is being rolled out which will benefit families with school aged children. As Neighbourhood Houses, we feel you are well placed to help us get the word out about this to families who really need it.

This program includes:

- Free home internet until December 2025
- Free WI-FI router (they can keep it)
- Unlimited data
- 50/20 plan (this is a typical household plan)
- No lock in contracts
- Choice of participating internet providers
- Ongoing support from the National Referral Centre to apply – callback, webchat, and interpreting services available

To be eligible for the program, applicants:

- Must be caring for a school age student at your home.
- Must not have an active NBN connection at your home now or in the past 14 days. (Having a mobile internet service does not affect eligibility).
- Must live in property that can access the NBN network through a standard connection.

To apply, contact the National Referral Centre on 1800 954 610 Monday - Friday, 10am - 6pm (AEDT) or visit [https://](https://www.anglicarevic.org.au/student-internet/)

www.anglicarevic.org.au/student-internet/ for some FAQs.

Applicants can also contact ssbi_engagement@nbnco.com.au for further questions.

Please feel free to use the attached promotional flyers as well.

Kind regards,
Lachlan Watson
Electorate Officer



PANCAKES

Ingredients

- 1 cup self-rising flour
- 1 cup milk
- 1 egg

Method

Place all the ingredients into a bowl and mix until just combined.
 Lightly grease the pan with butter or cooking spray.
 Cook large spoonful of batter until bubbles burst on the surface and the edges start to go dry.



Turn and cook other side until golden brown.

Place on your place,

Add jam, cream, banana, honey or lemon juice or whatever you wish to have with them.



GARDENING BITS WITH BOB

DEAR READERS,

Can I ask the readers of the Bendoc Wheel, does anyone grow peony or pony roses in this area?, as I would like to know more about them.



Coming from a warm climate up north, I am not sure about trying to grow them. Roses grow in so many climates that it is hard to know what suits this area and what to grow.

I am told they are hungry, fussy & demanding but in the right climate they can grow very big. What soil, compost and fertiliser to use? What direction to grow in N,S, E or W?

My soil is heavy clay, up around 500 m. elevation & I've been told this is too high and too cold.

I look forward to hearing from someone who may be able to help.

THINK ABOUT THIS WHEN SPRING IS SPRINGING

In your garden, look at what's happening. Run off in soil drains, lawns and on to pathways end up in waterways. If run off is contaminated, it can kill bugs, insects, birds, lizards and other small animals. The big picture is we know this, and it can also make adults, children and pets sick.

By using home made and natural products we can avoid this and adults, pets, people with medical problems are happier and healthier and small children are safer playing in Ma & Pa's garden

SOME POTTED HISTORY

Ken Turnidge worked at Swanes Nursery in Ermington, NSW before going on to run his own Nursery in the 1950's.

Ken says tin cans would have their tops cut out and holes put in the sides.

Two inches of ash was put in the bottom for drainage and potting soil was obtained from a ploughed up paddock.



Ken can still remember the day Ted Swan said "Son, they'll never take off, they will just break!"

STAY TUNED FOR MORE TRIED & TRUE RECIPES & SPRING GARDENING HINTS IN NEXT MONTH'S ISSUE

Thanks to all of the bards in town & out who shared with us their fondness for literary blurbs & sent in their exquisite words for the first round of the **'BENDOC BATTLE OF THE BARDS'**

Its been wonderful to see such variety in entries & to be reminded of the scope of reasons people write, and thoughts that can be touched on through different platforms. Please be assured anonymous entries remain anonymous & revealing your identity is your choice

Readers have voted for their chosen piece & the winning Piece **IS No. 4**



◆ POAM ◆



& The Bard responsible **IS ... Ian Cole**
Congratulations Congratulations

POAM

I read it in the Wheel, that they're lookin' for a bard
 And I'm go'nna have a crack at it, it shouldn't be that hard!
 But when I read the "bard" word, I didn't really know it,
 So I googalised that sucker: a bard's in fact, a poet!

Now, ya poets, they write poetry, as taught in better schools,
 And they use "poetic licence" and a range of special tools.
 Things like "stanzas", "meter", "rhythim", "repetition", "repetition"
 "Simile" and "rhythm" and some "juxta" type position.

Poets use "dramatic pause" to help create a mood
 And something's "euphamistic" so it doesn't sound so crude.
 There's "imagery" and "irony" and stuff they call "allusion"
 (Ask me, it seems quite difficult and fills me with confusion.)

I don't think I can do it, in fact I'm bloody sure
 I haven't even got a clue 'bout what's a "meta" for.
 My skills, they're just not up to it, I never was precocious
 I'm not erudite or very smart, my spelling's quite atroshus.

So I give up! It's not for me! I haven't got a hope.
 Instead of Bendoc's brightest bloke, I'll stay the Bendoc dope.
 That's it, that's all, it dissapoints: a sorry situation.
 I'll ne're be Bendoc's Bestest Bard! (Wait! That's alliteration!)

Ian Cole

Bard Coley will
 RECEIVE

A choice of a
 Green Shed
 Treasure

special mention
 in the (planned to
 be published)

**Bendoc Book of
 Bards**

& an extra special
 certificate featur-
 ing artwork
 designed for
**"THE BATTLE OF
 THE BARDS**

Are you a wordsmith, literary luminary, or just like to throw words together? If so, the
'BENDOC BARD' COMPETITION' is calling your name for the 2nd round

Get creative & send in your poem, composition or ditty.

ENTRIES ARE ANONYMOUS & WILL BE PRINTED IN THE WHEEL. YOU CAN ENTER MORE THAN ONCE

EMAIL, POST OR PLACE ENTRIES IN THE BOX ON THE NEIGHBOURHOOD HOUSE VERANDAH.

When we receive ten entries, readers will vote for their favourite piece. The winning poem/prose will be announced. You can remain anonymous as a winner, if you wish

So, no matter your age, your style or literary skills, Dust off your typewriter & grab your quills.

Open to all

Well Here we are in the 2nd round of
The Battle of the Bards

Readers may recognise our first entry from last month's wheel.. It was suggested within the community that it be apt for this poem to be entered in the Bard Comp. With the Bard's sister's blessing, here we have a posthumous entry (despite this poem not being anonymous to all. Bard competitions are notorious for breaking rules— we thinks!).

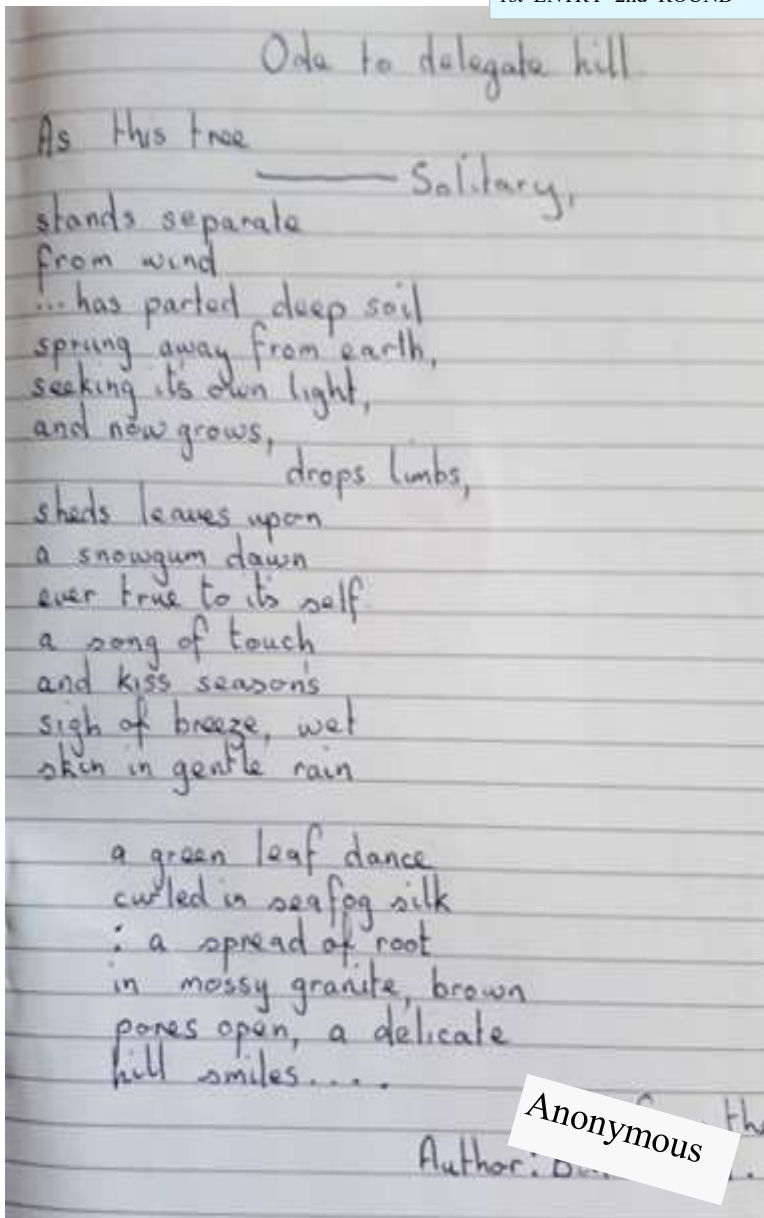
2nd ENTRY 2nd ROUND

Tides ebb and flow, trees die and grow,
Days come and go as the rivers flow.
It doesn't just rain but does it again
And the Sun, and the wind and the snow.

By *No-one*

3rd ENTRY 2nd ROUND

1st ENTRY 2nd ROUND



Blue skies

Blood soaks into the ground
A throat cut to ease the pain
Trapped in mud when there was no rain
Sky so blue it's coloured me through

Back at home, what could I say
About what I did today,
The only thing to say,
'The same as yesterday'

The sharpest knife eases the pain
The thought I have
As I hone with the stone again
The sky so blue,
Its coloured me through

I see the neighbour across the fence
Pull up to chat see what he has to say
Buggar of a day he says, his eyes turn away
The sky so blue, it's coloured me through

The wife she works in town
Talks and natters - she has a cheery head
Blue skies ahead she says, yeh I say,
Skies so blue, they'll colour me through

The news is full of what the government will do
Change the planet and the climate too
Blue skies ahead, nothing will trouble you
I close my eyes and face the sky

Blue skies ahead, colour me through
Blue skies ahead, colour me through

Anon

De-woke

They were given the world, but gave nothing back.

Their grandparents told them stories; songs sang of answers blowing in the wind, but they heard nothing. Yet, every first kiss, every son that didn't come home, every moment in the space between two blinks and a single breath was forgotten with the nihilist narratives of privilege and power.

Confronted with the richness of personality, they saw the poverty of identity;
Dismissed desire as fetish;
Replaced toil with entitlement;

Every Jew and Gentile told of some god's foot at the treadle of the loom, the fire in his eyes, and the endless fabric of time spun into the reoccurrence of life.

Yet they invented new nihilisms to crush the loom, and the fire's glint was snuffed as rainbows were unweaved, so man could walk like smoke that has unravelled itself or a cloud that has wondered for too long.

They replaced pride with shame.

They saw life as a frozen lake, but that wasn't life. Life is an eternal kiss whose warmth can melt us all awake,
whose breath is waiting to be breathed.

This is what it means to rage, rage, into the dying of the light:

It's to choose life no matter what.

It's to trust the truth, even if it's whispered within the thunder and madness of crowds.

It's to fill the unforgiving minute with sixty seconds' worth of distance run,

Like a tree tethered to the earth yet tending to the sun.

And it's to leave life like leaves, flickering emerald green to silver, then glisten to the ground.

It's to be un-choked by woke folk,

Like a calm quintessence that collapses like sunlight upon the greenness of the earth.

Anon

5th ENTRY 2nd ROUND

A. ymous
NfA
Bendoc

To the Editor
Anonymous poem for the Bendoc Wheel?
Is this a conspiracy or a hoax,
Or just a spot to slot some lurid jokes,
A prop for political propaganda,
A smokescreen for salacious slander
Of almost innocent local folks?
The ladies and blokes.
Come clean now Wheel. What's the deal?

Yours sincerely, A. Ymous

BNH invites suggestions, points of interest, photos, news. & community notices. Contributions are free - please send to bendocpa@bigpond.com Ph 0264581531 or drop in.
THE WHEEL IS DISTRIBUTED TO LOCAL RESIDENTS MID MONTHLY & THE FINAL DATE FOR ARTICLES IS GENERALLY THE 13TH
If you would like the 'Wheel' emailed or don't receive it in the post please let us know & we'll update your details.

PRICES for business advertisement only

Small spot AD \$5.00	1 issue	6 issues	11 issues
¼ Page	\$17.50	\$87.50	\$157.50
½ Page	\$35.00	\$175.00	\$315.00
Full Page	\$70.00	\$350.00	\$630.00

AUGUST 2024

SUN	MON	TUES	WED	THU	FRI	SAT
11	12	13 BNH 12-4 <i>GR SHED 9-12</i> Last day 4 wheel contributions	14 BNH 9-1 Craft Morning 9.30-12 ish	15 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30 August Wheel	16 BNH 9-1	17 BNH 9-12 <i>GR SHED 9-12</i>
18	19	20 BNH 12-4 <i>GR SHED 9-12</i>	21 BNH 9-1 Craft Morning 9.30-12 ish	22 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	23 BNH 9-1	24 BNH 9-12 <i>GR SHED 9-12</i>
25	26	27 BNH 12-4 <i>GR SHED 9-12</i>	28 BNH 9-1 Craft Morning 9.30-12 ish SOUP DAY	29 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	30 BNH 9-1	31 BNH 9-12 <i>GR SHED 9-12</i>

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SUN	MON	TUE	WED	THUR	FRI	SAT
1	2	3 BNH 12-4 <i>GR SHED 9-12</i>	4 BNH 9-1 Craft Morning 9.30-12 ish	5 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	6 BNH 9-1	7 BNH 9-12 <i>GR SHED 9-12</i>
8	9	10 BNH 12-4 <i>GR SHED 9-12</i> MEMORIAL PARK MEETING	11 BNH 9-1 Craft Morning 9.30-12 ish DELEGATE HOSPITAL CASSEROLE DAY	12 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	13 BNH 9-1 Last day 4 wheel contributions	14 BNH 9-12 <i>GR SHED 9-12</i>
15	16	17 BNH 12-4 <i>GR SHED 9-12</i>	18 BNH 9-1 Craft Morning 9.30-12 ish	19 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	20 BNH 9-1	21 BNH 9-12 <i>GR SHED 9-12</i>
22	23	24 BNH 12-4 <i>GR SHED 9-12</i>	25 BNH 9-1 Craft Morning 9.30-12 ish	26 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	27 BNH 9-1	28 BNH 9-12 <i>GR SHED 9-12</i>
29	30	1 BNH 12-4 <i>GR SHED 9-12</i>	2 BNH 9-1 Craft Morning 9.30-12 ish	3 Wellness Nurse <i>GR. SHED 9-12</i> LIBRARY BUS 10-30-11-30	4 BNH 9-1	5 BNH 9-12 <i>GR SHED 9-12</i>