

Bendoc Wheel

bendocpa@bigpond.com 02 64581531



SPRING seemed to have sprung, & then the snow reminds us – only just...



... & IT'S STILL BEEN CHILLY ENOUGH TO HAVE ENJOYED THE VARIETY OF HEARTWARMING deliciously cooked casseroles & desserts for the Delegate Hospital Auxiliary Luncheon held at the country club



Setting the mood, guests were treated to easy listening music through the beautiful voices of Crissy & Roger



BENDOC NEIGHBOURHOOD HOUSE

Free computer, printer & internet use. Tea coffee, swap/borrow books, Gifts for sale History & Local info.

WED CRAFT MORNINGS

Bring whatever you're working on or just pop in for a visit

**Tues 12-4 Wed 9-1
Fri 9-1 Sat 9-12**

THE GREEN SHED
Behind hall grounds. Great second hand stuff & forever changing

RE-USE, RECYCLE, REPURPOSE

If unattended, call Bob 0408981524

Tues Th Sat 9-12

EAST GIPPS SHIRE MOBIL LIBRARY
Join, borrow, return or order a book from the Mobile Bus at the Bendoc Reserve or access through BNH shire outreach service

Thurs 10.30 - 11.30

WELLNESS NURSE
Appts. ring 0456167011
More info on medical services through wellness spaces pg.4

Thursdays

PO
SAT 12-5
MON-FRI 2-5



MON 8-11
WED 12-3
SAT 8-11

BENDOC



NEWS

It's never not Fire Season. Even if it seems to be green and damp, fires can still occur.

Exciting news for Bendoc with the return of the ultralight. (Toyota 4wd fire unit) The CFA is undertaking a state wide retro fit of all these vehicles. A new crew protection has been fitted. This includes a CAFS (Compressed Air Foam System) to put a foam blanket over the cab and tyres. Pull down radiant heat shield curtains and re-mounted fire blankets are also part of the package. These safety features may well save the lives of a crew if found in a burnover situation.

Statewide, CFA is replacing all radios, both vehicle and portable, in the near future. Local members will undertake training to ensure readiness for when the roll out begins.

Planning is well underway for the Mt Delegate Group training day to be held **Sunday 13th October**. CFA members and our RFS colleagues will continue to hone skills in preparation for the coming fire season. A CFA fire "prop" will add reality to the fire fighting practice and other skill maintenance drills over the day will include: drafting, radio usage, burnover, relay pumping, use of Class A foam and more.

If anyone is thinking of joining the CFA, come along on the day and make yourself known.

Stay Safe

SAVE THE DATE: SUNDAY - 13th OCTOBER
CFA Mt. Delegate GROUP TRAINING DAY.

Last year's training day was attended by CFA brigades from Goongerah, Bonang and Bendoc together with a great representation from RFS brigades, Delegate, Craigie and Currawong. We'll be hoping for the same this year.

LET'S KEEP OUR SKILLS UP TO DATE

HOW DO I SEPARATE RUBBISH FOR THE BENDOC & BONANG TIP ?



◆ Generally waste is separated into 2 bins — **Recyclable & Rubbish**

◆ Most recyclables are put in together in the same bin

Glass jars & bottles
 Aluminium
 Cardboard
 Recyclable plastics

Food Cans
 Paper

◆ There are some exceptions - Give to Jim separately

Mirrors, windows & large metal pieces

◆ Polystyrene — Jim will collect & take to Bonang

◆ HINT- Rip up the old mattress, wrap cloth tight & dispose of springs for free

◆ Please do not place rubbish in the Park Bins

IF IN DOUBT PLEASE RING JIM 0403196528

RECYCLABLES FREE

Have goods to sell? **Book a stall**

Stall space
free/donation
Outside or in,
depending on weather
Only have a few items? For a
small % of sales you can put
your items on the BNH
fundraiser table.
Contact Bendoc
Neighbourhood House
bendocpa@bigpond.com
0264581531

Bendoc Market

SUNDAY
27TH OCTOBER
10.30 – 3.00

BENDOC
COMMUNITY
HALL
GROUNDS

Enjoy the Bendoc surroundings & pick up some market fun

Pottery
Art & Crafts
Local produce
Old wares
Trash & Treasure
Plants & More

BUSKERS WELCOME



INVITATION

The community is invited to come along to the **Bendoc Hall on Saturday October the 19th of October** and join volunteers from the Pajero and Land Rover clubs who are assisting Parks Victoria over the weekend to open up 4wd tracks prior to their scheduled opening the Thursday before the Melbourne Cup Weekend. A BBQ is planned from **0530** to be followed by a presentation by Parks Victoria Area Chief Ranger, David Burton about his involvement in the recent whale entanglement offshore from Lakes Entrance. Following the presentation there will be a conservation film about Rangers who combat illegal poaching.

Questions Ring David 0408449419 gary.bellesini@parks.vic.gov.au or Gary 0447589571
Please Book for catering purposes at the Bendoc Neighbourhood House

KIDS FUN CRAFT ACTIVITIES AT BENDOC NEIGHBOURHOOD HOUSE

These Vic Shool Holidays

1-3 Tues 24/9
10-12 Sat 28/9

Tues 1/10 1-3
Sat 5/10 10-12



IF INTERESTED PLEASE RING
BNH 0264581531

PARENTS/CARERS MUST STAY WITHIN
VICINITY & ARE VERY WELCOME TO JOIN



Dr Edwina has now visited each Wellbeing Space and met with many members of the Errinundra to Snowy Community.

Patients that have seen Dr Edwina have all expressed inspiring feedback and are enormously grateful to have had a GP visit their community, as well as stating that Dr Edwina's thoroughness and the rarity of being heard by a medical professional will certainly encourage them to follow through with Dr Edwina's guidance and advice.

We extend a big thank you to Orbost Regional Health and Dr Edwina who willingly offered their services.

We are delighted that Dr Edwina has made available appointments for video telehealth - from 11:00 AM to 12:30 PM at each Wellbeing Space. **Goongerah** – Tuesdays. **Tubbut** – Wednesdays. **Bendoc** - Thursdays.

Sharon can assist with organising and setting up these appointments on-site and will offer you privacy or patient advocacy – your choice. You can also organise a phone appointment at home. Sharon can also assist with booking these appointments for you.

Please make the most of these appointments to request pathology, referrals, queries regarding medication, etc. Just as you would in a normal GP visit. (Without driving to Orbost or elsewhere).

Edwina and the Orbost Medical Clinic may not be able to continue blocking out these times for the Snowy to Errinundra community if they are not utilised.

New diagnostic testing available:

As well as ECG's, Blood pressure, Ankle Brachial Index (blood flow/circulation) and Spirometry - Spirometry is the most common type of pulmonary function or breathing test. This test measures how much air you can breathe in and out of your lungs, as well as how easily and fast you can the blow the air out of your lungs.

A 24-hour **blood pressure monitor** is also available – this will give an average blood pressure to your doctor to determine if medications and/or lifestyle changes are required.

DELEGATE MULTI-PURPOSE SERVICE

**Craigie St, Delegate
(02) 64598000**

The Delegate MPS Assessment, Treatment and Care Centre (ATCC)

The Delegate MPS Assessment, Treatment and Care Centre (ATCC) has replaced the Emergency Department. The ATCC is now open. For bookings, please call Delegate MPS (02) 64598000 or 'walk-in'. Our nurse led ATCC is a walk-in clinic open 24/7

Pathology

Wednesday 09:30am-10:30am. No appointment necessary. Every week except public holidays

Woman's Health Clinic

4th Thursday of the month at Delegate MPS

Phone 1800 999 880 (Community Health Central Intake Team) for an appointment

To refer to any of the above please ring Community Health Central Intake Team on ph. 1800 999 880

Victorian Visits

Community Nurse Visits Victorian Clients every fortnight. For referral of info ring ORBOST Regional Health (03) 51546666 or Delegate Community Health Nurse on (02) 64598000

Other Community Health Services

Dietician
Diabetes Educator
Immunisations
Podiatry
Child and Family Health Nurse
Generalist Community Health Nurse

Bendoc Field Day

**Thursday
7th November**

10:00am to 3:30pm

Meet at the Bendoc Hall

Join us for an information filled day;



Meter Soil Core Sampling:

Discover what's beneath the surface with live demonstrations of local soil core extractions.



Pasture Productivity:

Learn strategies to boost pasture growth and maximize forage quality.



Carbon Farming Insights:

Understand how to "Know Your Number" in the complex world of carbon farming.



The Business of Farming:

Get clear on your finances with tips on income, expenses, and budgeting, and learn who to turn to for help.



Trigger Plan Essentials:

Prepare for water and feed shortages with a proactive Trigger Plan.



**Soils
Pastures
Carbon
Finances**



Contact Diane
Ph: 02 6458 1531
Mob: 0429 483 411



**INCLUDES
LUNCH**



This project is funded through the Gippsland Community Foundation



ROBINSON'S
WINDOWS AND CHIMNEYS
Professional Window Cleaning and Chimney sweeping

Get the job done right with Robinson's Windows and Chimneys. We offer fast, friendly services for all your window and chimney cleaning needs.

Get a free quote for a fast friendly service

Windows include:
Cobweb removal
Interior and exterior wash
Cleaning of flyscreens
Mobile pressure washing available

Chimneys include:
Cleaning flue
Cleaning glass door,
Checking cowl and flue damage
Remove blockages and creosote
Repairs and spare parts

Call Dave: 0497 911 548
Locally owned and operated servicing the Bombala Region

BENDOC HOTEL
10 - 12 Dowling St Bendoc (02) 64581453
Bendochotel@gmail.com
MON - SAT 2.00 - TILL CLOSE

CLASSIC PUB MEALS
BOOKINGS ESSENTIAL
DINNER - WED TO SAT LUNCH - SAT.

Thursdays - Meat Raffles Members Draw 7.30
Saturdays - *Joker Draw*

Use this page for your AD
Community notices, contributions etc.
are free. Business ads see page 14

Bushbubs Wildlife Shelter
Looking after sick and or injured Australian Wildlife

Lyn Button
Gap Rd
Bendoc Vic 3888
0488719233
Bushbubs01@gmail.com



**BENDOC
COMMUNITY HALL
AGM & Ordinary Meeting**

**Sunday 3rd November
10 am**

**Contact - Jim 0403 196 528
0475 575 258**

**Report road issues
Regional Roads Vic. 133778**

You can now drop off your
empty
10C RETURN CANS & PLASTIC
RECYCLABLE BOTTLES
in the yellow wheelie bin at
BNH
*They will be collected by Jim as
a fundraiser for the BNH*

SCOTT SANDERS

**BORE DRILLER WILL BE IN
BENDOC LATE SEPTEMBER**

PH-0472661333

Garden Structures
and Maintenance

Mobile: 0437 081 644
Email: Whitlockdavid369@Gmail.com

Welcome to free support in your community

East Gippsland Mental Health and Wellbeing Local is a new service that will offer mental health and wellbeing support whenever you need it. It's free, easy to access without a referral, and located in your community.

If you are 26 years of age or older and would like support with your mental health and wellbeing, East Gippsland Mental Health and Wellbeing Local is offering telehealth and outreach support. More supports will be available over the coming months.

We believe anyone needing help should be able to access straight-forward continued support. We will be with you throughout your journey.

mental health & wellbeing local
Free support in your community

For free support, call 1300 000 352 or visit betterhealth.vic.gov.au/mhwlocal

wellways Latrobe Regional Health COMPLETE Health



We are lucky enough to have Ele Mason-Sakkas - Mental Health Social Worker from The Healthy Communities Foundation Australia available in the far N/E Gippsland area.

For more info check out the website or ring

[1300 147 761 \(referral line\)](tel:1300147761)

thcfa.org.au

To access this service, You can refer yourself to Ele, through your local doctor, Errinundra to Snowy Wellness nurse Sharon, or you can pick up a referral form from the BNH. This service is FREE

1800RESPECT
Domestic/family violence
1800 737 732

Kids Help Line
1800 55 1800

Beyond Blue
1300 224 636

MensLine Australia
1300 789 978

EAST GIPPSLAND SHIRE CONTACTS

| Service | Contact & Position | Contact details |
|--|---|--|
| Agreement Communication issues, disputes, reviews, any other items | Lynda Arnold Service Centres Coordinator | 03 51 539 500 lyndaa@egipps.vic.gov.au |
| Council Services Information, reports, feedback, statistics, accounts | Andrew Thomson & Melissa Henry Senior Customer Service Officers | 51/53/9500 teamleaderbairnsdaleandpaynesville@egipps.vic.gov.au |
| Library Mobile service delivery and support Cann River - collection and day to day | Neil Richards – Team Leader Orbest Carla Puglisi and Brent Watts – mobile service delivery | 03 51 539 500 library@egipps.vic.gov.au |
| Library Bairnsdale Library services, stock | Naomi Barr – Bairnsdale Library Coordinator | 03 51 524 225 library@egipps.vic.gov.au |
| Visitor Information Services Brochures, stock supplies, events | Katie Harris Supervisor Visitor Information Centres | 1800 637 060 www.visiteastgippsland.com.au Visitorservices@egipps.vic.gov.au |

SHIRE OUTREACH SERVICES AT BNH

- Access to telephone, internet/computer and email facilities enable contact between the Council, customers and the BNH
- Access to completing and lodging "Customer Contact" forms either in hard format or online at the Centre. The Centre will email forms to the designated Council feedback@egipps.vic.gov.au address.
- Assistance with lodging reports, applications and any feedback to the designated Council feedback@egipps.vic.gov.au address or to the Council website.
- Assistance with searching the site, lodging feedback and submitting online forms.
- Assistance with photocopying and scanning requests in relation to Council services, e.g. pension concession and submissions.
- Area for Council staff visits and meetings.
- Provide feedback to Council on issues or concerns involving the Bendoc district that may have an impact on Council.
- Library and mobile services— Borrow, order, collect and drop off library stock.

NEWS FROM THE DEPARTMENT OF FAMILIES, FAIRNESS AND HOUSING

Victorian Seniors Festival returns this October

The Victorian Seniors Festival is back this October with free and low-cost events right across Victoria. The Festival features:

Live entertainment, country concerts, dances and high teas

Eight days of free public transport throughout Victoria for Victorian Seniors Card cardholders from 6 to 13 October 2024

Exciting new events celebrating the diversity of our community.

Action plan for family violence and sexual assault sectors now online

Framing the Future is the second action plan of the government's 10-year industry [plan to prevent and respond to family violence](#). It is now available online.

Framing the Future focuses on growing and maintaining a skilled workforce in the family violence and sexual assault sectors, and across community services. This includes services for children, families, disability and housing and homelessness.

Remember a local, name a place

You can now nominate the name of a local hero to be given to a place in your community.

It's expected that over the next three years more than 6,000 new places will be named including new streets, suburbs, schools, parks, community facilities, and buildings.

Nominate someone on [Engage Victoria](#).

Translated resources for workplace racism

A new guideline is available to help employers tackle racism at work. It can also help First Peoples and other racialised employees who have experienced race discrimination in the workplace.

Translations are available in Arabic, Chinese – Simplified, Chinese – Traditional, Farsi, Hazaragi, Karen, Khmer, Korean, Punjabi, Somali, Turkish and Vietnamese.

Read the guideline at [Victorian Equal Opportunity and Human Rights Commission](#)

Emergency Preparedness and Engagement

The Department of Families, Fairness and Housing invites you, or a representative from your agency or organisation, to attend the annual Emergency Preparedness and Engagement Forum. The forum is a live, virtual event, held on Microsoft Teams. It will cover:

- Seasonal weather outlook and preparedness
- Social services sector emergency management policy update
- Extreme heat, heatwaves and thunderstorm asthma health campaigns
- A case study in emergency preparedness.

Wednesday 9 October, 10.30am – 12pm | [Register now](#)

For more information, please contact EMforum@dffh.vic.gov.au

FOR MORE INFO ON THESE INITIATIVES PLEASE CONTACT BNH

0264581531

BENDOCPA@BIGPOND.COM

from - Food and Fibre Gippsland
<info@foodandfibregippsland.com.au>

Bee Friendly Farming's 'Tree Grants' program supports farmers to plant more trees for bees. Grants of up to \$10,000 are available to farmers and land managers to plant pollinator-friendly trees that are indigenous to their farms, with Bee Friendly Farming providing farmers and land managers with \$1 for every tree planted.

To receive a Tree Grant, farms must be certified with Bee Friendly Farming. The grants, which start at \$1,000, more than cover certification costs, making it both good for the environment and a sound business investment.

The current round closes on October 31.

Find out more on the Bee Friendly Farming [website](#), read about how to [become a Bee Friendly Farm](#), or [apply for a Tree Grant online](#).

Beefriendlyfarming.org.au
info@beefriendlyfarming.org.au

**Best Start
Best Life**

Financial incentives for kindergarten teachers and educators.

Giving Victorian children the best start means more qualified teachers and educators are needed across the state.

Get up to \$50,000* on top of your salary for positions at a priority service.

Relocation support is also available.

Search for a position with a financial incentive through the Early Childhood Jobs website at vic.gov.au/kinder



*Terms and conditions apply, visit vic.gov.au/kinder



Department of Education

9 Bendoc Community Resource Centre is Your Centre

RECIPE Ideas

CHICKEN & CORN SOUP

1 large chicken fillet – cut thin slices
1 pkt chicken noodle soup
3 pkts chicken 2 min. noodles

1 tin whole baby corn
1 tin creamed corn
1 tin corn kernels
1 tbsps. parsley fresh or dried
4 eggs whipped

Stir in slowly as all comes to the boil
Complete in 20 mins. Feeds 8.
If too thick, add more water

JJ

Make your own flat bread/pizza base

1.5 cups bread/white flour
1.5 cups wholemeal flour
1 can Beer
1/2 tablespoon Baking Powder

* Mix all ingredients to a sticky dough
* Let sit covered for about an hour

It'll rise slightly

* Grab a blob, flour, roll a ball, flatten out to fit your frypan

* Cook in an oiled heated pan, put on a lid, turn to low

* Turn over when bubbles are well formed

Place on pizza topping, replace lid

OR finish cooking both sides & serve with butter &/or a spread

Can also place straight in the oven or grill with pizza topping

Useful cooking
info from



1961



2

Bread, Damper and Other Recipes

*Though torn is my tent and my bed is a sack,
I pity that cove with a swag on his back,
From rush to new rush away scampers he,
While I'm here snugly taking my damper and tea.*
—V. S. Raphael.

ONCE, DAMPERS WERE simply made in the ashes. The cook would make a big fire, and when only white-hot ashes were left, the damper was cooked by scraping aside the hot coals with a long stick and carefully laying the dough in the heart of the fire, making sure first that the dough was not more than 2in. thick. (Keeping it thin facilitated quick and good baking.) Then the coals and ashes already scraped aside were heaped over the dough, and the lot was made airtight to prevent burning. When the damper was cooked, the ashes had to be scraped and brushed off.

Nowadays, dampers are made in camp ovens. These used to be three-legged pots made of cast iron, but they have been largely supplanted by Bedourie ovens, which were first made in West Queensland. Bedourie ovens are made of steel, so that you could put a Bedourie on a packhorse and, if the horse bucked and threw its pack, the steel oven would not break as the old brittle cast-iron pots did.

17



GARDENING BITS WITH BOB

With it's hot pink nectar rich flowers in spring, **Callistemon Fluro Burst** will be a resounding hit with the birds and the bees.

Growing 1-1.5 metres tall and 90 cm to 1.2m wide, it's ideal as a statement hedge or low screen, and needs little pruning to keep it tidy.

Alternatively use it as a middle layer in a garden bed. The fine dark green foliage contrasts beautifully with other flowers.

Plant in full sun to semi-shade. It has good frost and drought tolerance once established.



JOBS FOR THIS TIME OF THE YEAR

Start weeding before they get out of control
Finish off any winter pruning & straggly bits

Place down your compost & fertilizer
Start mulching ready for the hot summer - not to thickly yet, you still want the spring rain to get through

A word about Bearded iris - don't mulch the rhizomes, they need air & like to see the sun.

Start your new compost piles & don't forget the benefits of cardboard & ash - place dirt between layers

Prepare seedbeds in the garden. Sow seeds in the hothouse or by a sunny window, ready for planting early November

SOME INTERESTING INFO

As we zoom across the state border into New South Wales, we little think of the herculean efforts that led to the establishment of this boundary.

When Victoria separated from its mother colony in 1851, the Eastern boundary was fixed as a direct line between the headwaters of the Murray river and Cape Howe facing the Tasman sea - Easy !! Except that that line went through some of the most rugged country n the continent.

Two men had the task of surveying the line— Alexander Black who later became the surveyor General of Victoria and Alexander Allen. It took the best part of two years, 1870 –1872.

A series of canes was built along the route, which you can still find today.

Officially It's known as the Black—Allen line. B.

Three elder women were discussing the travails of getting older.
Bridget said "Sometimes I catch myself with a box of ketchup in my hand, in front of the fridge, and I can't remember whether I was taking it out or putting it away."
Margaret said "Yes, sometimes I find myself on the landing of the stairs, and I can't remember whether I was on my up, or on my way down."
Elizabeth chimed in "Well, I'm glad I don't have that kind of problem. Knock on wood."
With that, she rapped her knuckles on the table, then said "That must be the door. I'll get it."





Continuing the 2nd round of
The Battle of the Bards



ENTRY 6
ROUND 2

A Wave
The only order in chaotic prime,
Is the direction of time.
Direction and forces and horses for courses,
By dent of the way E behaves,
Forces make waves.
Who to consider and when to confess
What to discard or conserve to progress
Values ordered from zero to one,
The sadness and sorrow, the love or the fun
The wave begun.
Slide for a while, ride a style as we dance
Exploring the forces of class and romance.
The inevitable occasional dump on the bars,
No shame or pride as we ride with the scars,
Just the feeling of living with love and of loving.
Interaction, attraction, repulsion, never knowing,
Understanding that with some traction
And more understanding and just interaction
The will to define our relative entropy
As peace, harmony, and hopefully prosperity.
Learned just a little and little to teach.
All the best as we ride to the beach;
A wave to each.

ENTRY 7
ROUND 2

FEMALES
Born as a gift
Beautiful and sweet
Work through life
Mans great treat
Strength of the family
Laughter and love
Special dates remembered
Men are above
Find time to listen
Always there
Friendships worth having
Males don't care
Stand up; be counted
Time to break free
Bound by our values
Learning must be
Stand on your own
Rely unto you
Believe in the future
Yourself must be true
Put on this earth
No-one knows why
Live life to the fullest
We're all going to die....

ANNOUNCEMENT!!

**YOU CAN NOW
VOTE FOR YOUR
FAVOURITE PIECE
FROM THE LAST
10 ENTRIES**

VOTE VIA-EMAIL, PHONE,
POST OR DROP OFF

VOTING IS ANONYMOUS
YOU CAN ALSO PLACE
YOUR VOTE IN THE BOX
ON THE BNH VERANDAH

Next month 3rd
round begins

SOUR GRAPES

ENTRY 8
ROUND 2

Sir/Madam of the Bendoc Wheel,
I must relay how I feel, regarding your competition, recent run.
If all being said and done, the losers lost and the winner won, the former of
which "I" was one.

Of literature I know all, great works of poets at my recall. In poetic verse I
do profess, a laureate no less. My disappointment I must express, and further
shall digress.

The winning lines, I shall define, with words misspelt to fit with simple rhyme,
and lack of wit, the title "bard" unfit.

Not Like Mine!

With perfect stanza, verse and rhyme, subject, structure, well defined, mastery
of learned lines, with all knowledge that is mine. A magnum opus I did compose,
with all great works at my dispose. No want for line, pause, or prose.

Like: 'Orange groves,

Arranged in lines

Abandoned, where,

Borage blossoms fall, and ivy creeps,

on misted graves, where lovers weep.

My strains invoke emotions deep.

Ignorance, I do not begrudge, perhaps I'm, misunderstood, unfairly judged.
Or your results, perhaps been, fudged, your reputation hereafter smudged.
Regards.

Where could it be ?

ENTRY 9
ROUND 2

A pebble thrown in a stream
starts a ripple.

Growing bigger & bigger.

Who see this?

Does a bird up high?

A fish down deep? A frog on a rock?

Does the boy who threw the pebble stop to
watch?

If so what does he see? What did the bird see?

What did the fish see? What did the frog see?

If you asked all three what did they see
And all three say a pebble thrown in the stream,
so why did the boy throw the pebble?

If all three saw the pebble in the stream, where
did it go in the water?

So go ask the bird to tell to fish to look,,
so he can tell the frog, and then tell the boy
where his pebble is, or where it might be.

By I. Wonder

Drink

ENTRY 10
ROUND 2

Love a cold Tinnie
Its nice 'n' hot
Beer will do
Comes in a pot
Top-shelf steps up
Cash flows good
Mates are around
Girlfriend mistook
Everyone's drunk
One fool will drive
Hope there's no accident
Who will survive
When will it end
You have a choice
Isn't up to me
I'm only a voice....



Anonymous

*Are you a wordsmith,
literary luminary, or
just like to throw
words together ?
If so, the*



' BENDOC BARD COMPETITION
is calling your name for the 2nd round
*Get creative & send in your poem,
composition or ditty.*

**ENTRIES ARE ANONYMOUS & WILL BE PRINTED IN
THE WHEEL. YOU CAN ENTER MORE THAN ONCE
EMAIL , POST OR PLACE ENTRIES IN THE BOX ON
THE NEIGHBOURHOOD HOUSE VERANDAH.**

*When we receive ten entries, readers
will vote for their favourite piece.
The winning poem/prose will be
announced.*

*You can remain anonymous as a
winner, if you wish*

So, no matter your age, your style or literary skills,
Dust off your typewriter & grab your quills.

Open to all

BNH invites suggestions, points of interest, photos, news &
community notices. Contributions are free
bendocpa@bigpond.com Ph 0264581531
18 Dowling St Bendoc PO Box 50 Bendoc 3888
Website – bendoc.org.au

THE WHEEL IS DISTRIBUTED TO LOCAL RESIDENTS MID MONTHLY

THE FINAL DATE FOR ARTICLES IS AROUND THE 13TH

**If you would like the 'Wheel' emailed or don't receive it in the
post please let us know & we'll update your details.**

PRICES for business advertisement only

| Small spot AD \$5.00 | 1 issue | 6 issues | 11 issues |
|----------------------|---------|----------|-----------|
| ¼ Page | \$17.50 | \$87.50 | \$157.50 |
| ½ Page | \$35.00 | \$175.00 | \$315.00 |
| Full Page | \$70.00 | \$350.00 | \$630.00 |

SEPTEMBER 2024

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|------------------------------------|-----|---|-----------------------------|---|--------------------------------|---|
| 22 VIC SCHOOL HOLIDAYS START | 23 | 24 BNH 12-4 Gr SHED 9-12 KIDS HOLIDAY CRAFTS | 25 BNH 9-1 CRAFT 9.30-12 | 26 Gr SHED 9-1 LIB. BUS 10.30-11.30 NURSE | 27 VIC PUBLIC HOLIDAY | 28 BNH 9-12 Gr SHED 9-12 KIDS HOLIDAY CRAFTS |
| 29 NSW SCHOOL HOLIDAYS START | 30 | 1 OCT BNH 12-4 Gr SHED 9-12 KIDS HOLIDAY CRAFTS | 2 BNH 9-1 CRAFT 9.30-12 | 3 Gr SHED 9-1 LIB. BUS 10.30-11.30 NURSE | 4 BNH 9-1 | 5 BNH 9-12 Gr SHED 9-12 KIDS HOLIDAY CRAFTS |

OCTOBER 2024

| | | | | | | |
|--|-------------------------------|-----------------------------|--|--|---|--|
| 6 DAY LIGHT SAVING VIC & NSW | 7 NSW PUBLIC HOLIDAY | 8 BNH 12-4 Gr SHED 9-12 | 9 BNH 9-1 CRAFT 9.30-12 | 10 Gr SHED 9-1 LIB. BUS 10.30-11.30 NURSE | 11 BNH 9-1 GET YOUR VOTE IN FOR THE POETRY COMP. | 12 BNH 9-12 Gr SHED 9-12 |
| 13 CFA TRAINING FINAL DAY WHEEL CONTRIBUTIONS | 14 | 15 BNH 12-4 Gr SHED 9-12 | 16 BNH 9-1 CRAFT 9.30-12 XMAS CRAFTS | 17 Gr SHED 9-12 LIB. BUS 10.30-11.30 NURSE | 18 BNH 9-1 | 19 BNH 9-12 Gr SHED 9-12 PARKS VIC PRESENTATION- BBQ MOVIE |
| 20 | 21 | 22 BNH 12-4 Gr SHED 9-12 | 23 BNH 9-1 CRAFT 9.30-12 XMAS CRAFTS | 24 Gr SHED 9-12 LIB. BUS 10.30-11.30 NURSE | 25 BNH 9-1 | 26 BNH 9-12 Gr SHED 9-12 |
| 27 MARKET DAY | 28 | 29 BNH 12-4 Gr SHED 9-12 | 30 BNH 9-1 CRAFT 9.30-12 | 31 Gr SHED 9-12 LIB. BUS 10.30-11.30 NURSE | 1 BNH 9-1 | 2 BNH 9-12 Gr SHED 9-12 |

NOVEMBER 24

| | | | | | | |
|--------------------------------------|----|--|---|--|------------|-----------------------------|
| 3 Bendoc Community Hall AGM | 4 | 5 VIC PUBLIC HOLIDAY Gr SHED 9-12 | 6 BNH 9-1 CRAFT 9.30-12 | 7 FARM DAY Gr SHED 9-12 LIB. BUS 10.30-11.30 | 8 BNH 9-1 | 9 BNH 9-12 Gr SHED 9-12 |
| 10 | 11 | 12 BNH 12-4 Gr SHED 9-12 | 13 BNH 9-1 CRAFT 9.30-12 FINAL DAY WHEEL CONTRIBUTIONS | 14 Gr SHED 9-12 LIB. BUS 10.30-11.30 NURSE | 15 BNH 9-1 | 16 BNH 9-12 Gr SHED 9-12 |
| 17 | 18 | 19 BNH 12-4 Gr SHED 9-12 | 20 BNH 9-1 CRAFT 9.30-12 | 21 Gr SHED 9-12 LIB. BUS 10.30-11.30 NURSE | 22 BNH 9-1 | 23 BNH 9-12 Gr SHED 9-12 |

S M T W TH F S