



BENDOC WHEEL



bendocpa@bigpond.com 02 64581531 Bendoc.org.au



Celebrating Neighbourhood & Community Centres Week 10-17th May.
On a perfect Sunday, close to 30 Soup Sippers gathered at Bendoc Neighbourhood House & enjoyed helpings of homemade delicious soup, snacks & great company



Soups on offer & ready to go- Moorish Mushroom, Perfect Pumpkin, Zesty Zucchini & Green Pea, Beautiful Beef & Barley, Velvety Vegetable & Comforting Chicken & Corn



BENDOC NEIGHBOURHOOD HOUSE
TUES WED FRI 9.00-2.00
printing, laminating, internet, computer, books to browse & borrow, friendly chats, tea & coffee local info
Council Outreach
Local crafts for sale
Crafts & Get together WED am

THE GREEN SHED
RE-USE, RECYCLE, REPURPOSE
BEHIND BENDOC HALL

NORMAL HOURS
TUES, THURS 9-12 ISH
SAT 10-12ISH
Prices by Donation

EAST GIPPS SHIRE MOBILE LIBRARY
Join, borrow, return or order a book from the Mobile Bus at Bendoc Hall Grounds
Library books & audio books atlas
Neighbourhood house
Thurs 10.30 - 11.30

WELLNESS NURSE
Bendoc Thursday
Goongerah Tues.
Tubbut Wed

Ring Birgit
0456167011

POST OFFICE

MON-FRI 12-5
BENDOC PUB

DENTIST in BENDOC
The Royal Flying Dentists are still at the Bendoc Hall. If you've missed them you still may get an appointment.
NEWSFLASH
See inside for more details

MON 8-11
WED 12-3
SAT 8-11


0403196528
Contact Jim for info

EmergencyRedi & Insurance Workshop in Bendoc

EmergencyRedi workshops help you prepare for emergencies at home and in your community. Learn the basics of emergency planning, start your Redi-Plan, understand your insurance policy and take away practical tools to help you and your loved ones stay safe.

Please register your interest at Bendoc Neighbourhood House bendocpa@bigpond.com 0264581531



Working together to prepare for Emergencies

Australian Red Cross EmergencyRedi workshops are FREE for your community
Please join us for a free lunch, and learn some tips for preparedness!

- *Tuesday 11 August*
- *Bendoc Neighbourhood House, 18 Dowling St Bendoc Vic.*
- *12pm - 2pm*
- *Light lunch provided- RSVPs for catering essential (please advise any dietary needs) to Alli Norfolk anorfolk@redcross.org.au*

About the workshops EmergencyRedi workshops help individuals and households prepare for emergencies. They provide people with an introduction to emergency preparedness, and help them to learn practical ways to prepare for emergencies.

RSVPs to anorfolk@redcross.org.au



Flying Doctor Dental Clinic

Dowling St.
Bendoc Hall

COVID SAFE
COVID SAFE

Eligibility criteria apply, so to find out more about our dental clinic, or to book an appointment, please call (03) 8412 0444.

dental health services victoria
oral health for better health

ADA VICTORIA

Royal Flying Doctor Service VICTORIA

We have claimed a date for a craft/wares/home produce MARKET

Sunday 13th September

Start preparing & help us make it a great one.

bendocpa@bigpond.com

0264581531

OLD DELEGATE POST OFFICE

Home of the Healing Hub and Creative Hub Homewares

Gourmet Foods Handcrafted Gifts & Toys Thursday to Saturday

*10am to 4pm
40 Bombala St Delegate
02 64585289*

*Thursday afternoon Creative Hub Workshops
12.30 to 2.30pm*

*Small charge for materials
Serendipitous Markets last Saturday of the month.*

*Barista Coffee, Hot chocolate and Tea
Herb and flower posies now available*



2026 PROGRAM LAUNCH

REMOTE MICROENTERPRISES AUSTRALIA

We champion women to start or grow businesses in East Gippsland

About the Program

A 12-week intensive supporting women to start, grow or rejuvenate a micro business with practical training, mentoring, and a supportive community.

Why Attend?

- Get clear on your business idea and who it's for
- Build confidence and a business mindset
- Get practical, step-by-step support
- Learn simple marketing and sales basics
- Set achievable goals and stay accountable
- Build finance and business skills
- Connect with other women in East Gippsland
- Leave with a realistic plan

12 Week Program Starting 21st May 2026

What You'll Experience:

- A supportive community with chat group
- Live masterclasses led by awesome women
- Online co-working sessions
- Peer mentoring and group coaching
- Feedback and accountability
- Great resources, videos and templates

Enrol Today
remotemicro.com.au
A Wilderness Collective Initiative

wilderness COLLECTIVE

Fully subsidised places are available thanks to our partners

GIPPSLAND Community Foundation
Bendoc Community Foundation
VICTORIAN WOMEN'S TRUST
future? Make the Difference



No more long commutes for quality healthcare, we bring the clinic to you AT NO COST

NEW ONLINE BOOKING PLATFORM – Now working seamlessly!

You are still welcome to book directly through Tama- 0448 639 754 or your local Community Centre
OR Use this Link to book. <https://www.picktime.com/home/E2S>

See the calendar for dates of attending Nurse in your community, book an appointment or just pop in to see them
Aside from the super interesting and informative local newsletters, the other way Tama shares information on Specialists attending E2S Wellness Spaces is via a bulk SMS Service. Tama writes the message and a third party SMS messaging service sends the message out to each community. This is a fantastic way to stay up to date and book in early as the services usually book out fast these days.

If you would like to be added to this service, please let Tama know via text or call.

NOTE: The number the bulk SMS is sent from is not an E2S worker number, it is a randomly generated number. If you respond to the messages, please respond directly to Tama on 0448 639 754 so she is sure to receive it.

AUDIOLOGIST SOPHIE IS COMING TO BONANG HALL
29th and 30th June – Bookings taken now

Sophie is coming out here from Cooma Hearing. She brings extensive clinical experience and a strong commitment to her community. Sophie worked for 8 years in large NHS hospitals in the UK, followed by 7 years in private audiology practice in Canberra, before relocating to Cooma with her husband and young family to live on their family farm. Outside of her professional role, Sophie enjoys spending time with her young family, assisting on the farm, and exploring the Snowy Monaro region. As both a clinician and a local resident, she understands the value of delivering high-quality, accessible hearing care close to home.

Services include:

hearing assessments
paediatric hearing assessments (from age 6 months)
tinnitus assessments
hearing aid fittings
custom ear plugs

Adults - A full diagnostic hearing assessment, includes pure tone audiometry, tympanometry, acoustic reflexes and speech audiometry. At the end of the appointment, the results will be discussed and further treatment recommendations given. A full diagnostic hearing report can be sent to your GP or other medical practitioner.

She can fit a range of different hearing aids and are able to offer products from all hearing aid manufacturers. There is no sales commission on any of our hearing aids, and we will always provide the correct level of technology for your hearing loss, with no upselling.

A tinnitus assessment including questionnaire based assessment on the severity and impact of tinnitus. A full diagnostic hearing assessment, including an assessment on the level and impact of the tinnitus.

They are able to make a variety of custom ear plugs depending on your needs. They can make Class 5 noise plugs for noisy workplaces, or sleep.

They are also able to make custom swim plugs for children, this is especially important following grommet surgery.

For more info: www.coomahearing.com.au

DOCTOR APPOINTMENTS TO RESUME IN THE E2S SPACES!
23rd - 25th June – Bookings taken now

Dr Robert Gassin has been a vocationally registered General Practitioner for well over 30 years. He graduated from Monash University with a MBBS and B(Med)Sc in 1986. He has completed graduate diplomas in Musculoskeletal Medicine at the University of Otago and in Pain Medicine at Sydney University and holds a certificate of advanced training in Manual Medicine (RACGP).

He is approachable and easy going and has a special interest in the management of musculoskeletal and neuropathic (nerve) pain.

Dr Gassin is fluent in English, French and Mauritian Creole.

In his spare time, Dr Gassin enjoys cycling, bush walking, botany and adventure travel.

APPOINTMENTS ARE 15 MINUTES, IF YOU WANT A LONGER APPOINTMENT, BOOK TWO TIME SLOTS

OSTEOPATH TOM IS COMING TO E2S WELLNESS SPACES
10th and 11th June – Bookings taken now

Osteopathy is a system of health care that focuses on the treatment of the physical body. Osteopaths treat the patient as a whole, rather than focussing on a single point of pain.

Osteopaths use hands on manual therapy to improve movement and mechanical function in your whole body. This helps to bring your body into balance and may improve your overall health and well-being.

Osteopathy is a recognised treatment for many conditions involving the bones, muscles, joints and nervous system.

It may be effective in the management and treatment of a variety of musculoskeletal complaints, including but not limited to: Back Pain, Sciatica, Neck Pain, Headaches & Migraines, Jaw Pain, Sports Injuries, Rehabilitation, Postural Complaints

Osteopaths treat patients of all ages – including newborn babies through to the elderly.

Osteopaths undergo a minimum of 4 years of university training with special emphasis on anatomy (body structure) and its normal physiology (how it functions physically and chemically). They are trained in assessment, diagnosis and treatment of conditions of the musculoskeletal system.

Osteopaths provide a unique approach to how they treat the body. They look for the 'health' within the body to determine the cause of the problem rather than just looking at 'disease'. They treat the body as a 'single unit of function' using a variety of treatment approaches that are specifically tailored to the individual's needs.

For more info: www.healthlinksgippsland.com.au

Optometrist Albert coming back to Bonang Hall

15th and 16th June – BOOKINGS TAKEN NOW

Seeing an optometrist offers essential protection for your vision and overall health. Regular eye exams can catch issues like refractive errors, glaucoma, and cataracts early—often before you notice any symptoms—making treatment more effective and helping preserve long-term eye health. Optometrists can also detect signs of broader health conditions such as diabetes and high blood pressure by examining the blood vessels and structures within the eye. This makes routine eye care a simple but powerful part of maintaining both clear vision and overall wellbeing.

VACCINATION NURSE COMING TO TUBBUT 27th May

During her visit, Katy can administer vaccinations for influenza (flu), COVID-19, shingles, pneumonia, and key childhood vaccines. She is also able to provide protection against whooping cough and tetanus, which are especially important for adults, carers, and those in close contact with young children. Katy is happy to answer questions and offer guidance on vaccine timing and suitability, helping people in the E2S region stay protected and up to date with their immunisations.

WHEN BOOKING PLEASE STATE WHICH VACCINATIONS YOU REQUIRE

DATE	SERVICE	LOCATION
May 26	Nurse Birgit	Goongerah
May 27	Nurse Birgit Katy – Vaccination Nurse	Tubbut Tubbut
May 28	Nurse Steph	Bendoc
June 3	Acupuncture Shelly	Morning Tubbut Afternoon Bendoc
June 4	Acupuncture Shelly	Morning Goongerah
June 4	Nurse Steph	Bendoc
June 9	Nurse Birgit	Goongerah
June 10	Nurse Birgit	Tubbut
June 10	Osteopath NEW	Morning Goongerah Afternoon Bendoc
June 11	Osteopath NEW	Tubbut
June 11	Nurse Steph	Bendoc
June 15	Optometrist Albert	Bonang Hall
June 16	Optometrist Albert	Bonang Hall
June 17	Acupuncture Shelly	Morning Tubbut Afternoon Bendoc
June 18	Acupuncture Shelly	Morning Goongerah
June 18	Physiotherapist Nicole	Tubbut
June 23	Nurse Birgit	Goongerah
June 23	Dr Rob Gassin NEW	Goongerah
June 24	Nurse Birgit	Tubbut
June 24	Dr Rob Gassin NEW	Tubbut
June 25	Nurse Steph	Bendoc
June 25	Dr Rob Gassin NEW	Bendoc
June 29	Audiologist Sophie NEW	Bonang Hall
June 30	Audiologist Sophie NEW	Bonang Hall

**DELEGATE TO
BOMBALA BUS**

Pick up from RTC Delegate
10.30

1st & 3rd Wednesday of the month
Bus Leaves Bombala for return
trip 12.30 -1.00

Bookings essential
contact RTC Delegate
PH 02 6458 8388



Standard Mental Health First Aid

Learn how to provide mental health first aid to friends, family members, co-workers and other adults.

Wednesday 10th & Thursday 11th of June
09:30am - 4pm



Wellways Bairnsdale
347 Main Street, Bairnsdale 3875



TO REGISTER
Contact Bianca Gouge
bgouge@wellways.org
0422 676 792



wellways.org | 1300 111 400

A NOTE FROM CANN RIVER/BENDOC POLICE

I have recently taken over as the officer in charge at The Cann River Police Station and now Bendoc as well. My aim is for Cann River police to drive up and open the Bendoc station and conduct patrols as needed once a week. There will be no set day or time as each week will need to be assessed for roster availability.

If members of the community have concerns they wish to raise and would like to meet with police on their next visit or need contact in the meantime, please feel free to share the following email and I will ensure the issue is looked in to and they are contacted by one of my officers. Cannriver-uni-oic@police.vic.gov.au

The phone number for The Cann River Police Station is (03) 5158 6202.

If there is an invoice, feel free to reply with it to this email or the email above.

Regards

Shiloh TREZISE | Sergeant 44749

Station Commander - Cann River Police Station | ED6 | Far East Gippsland | Victoria Police

Did you know? -

if you are an active SES or CFA volunteer you can claim an **EMERGENCY SERVICES REBATE FROM YOUR RATES**

You can claim for your Principal place of residence, Farmland or Single Farm Enterprise (SFE)

You will need

- ◆ Your CFA or SES member number
- ◆ Bank details
- ◆ Rates notice
- ◆ Identification
- ◆ Phone connected to CFA/SES ID & access to your email (know your password or bring your own device)

CFA - members.cfa.vic.gov.au

SES -VICSES volunteer porthole sso.ses.vic.gov.au

Contact BNH on 02 64581531
or bendocpa@bigpond.com
If you would like some assistance

hint—the process can be quite time consuming. It will be handy if you're able to activate your CFA & SES accounts first using

Please read the guidelines before applying - you may need to provide more info depending on your circumstances
Department of Government Services [1300 778 931](tel:1300778931)

Delegate Multi-Purpose Service

11 Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment and Treatment Care Centre (ATCC)

The Delegate MPS Assessment and Treatment Care Centre (ATCC) is not an Emergency Department, for all Emergency type presentations please proceed to the nearest Emergency Department at the Bombala MPS, or phone 000 for an Ambulance. The ATCC is open Monday to Friday 8.30am to 4pm, please call Delegate MPS (02) 64598000 to make an appointment. Outside of these hours, please consider if your presentation is an Emergency and therefore not for Delegate MPS.

Our nurse-led ATCC is offering:

- Wound Care
- Nursing Assessments
- Blood Pressure readings
- Blood Sugar readings
- Suture or Clip removal
- Injections with Doctors written order
- Other procedures that do not require a doctor

Pathology

Wednesday 9:30am-10:30am. No appointment necessary. Not available on public holidays

Other Community Health Services Available – Please Phone Delegate MPS for further information

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse



Please Note– Victorian visits are no longer taking place, this may recommence according to need.

Women’s Health Nurse
To refer to any of the above please ring Community Health Central Intake Team on 1800 999 880



Don't forget just because winter is around the corner that doesn't mean fire danger isn't around. Honing their skills, some of our members have been attending the Breathing Apparatus Training held in Bendoc recently. If you are interested in info on joining the CFA & seeing what training is on offer for members
 Ring Secretary Lyn Button -0488719233

Media Release



21 May 2026 | Media contact: media@deeca.vic.gov.au

Bushfire research strengthens Victorian preparedness and response

New bushfire research to review fire behaviour during major bushfires in western Victoria in February 2024 has identified important learnings for future bushfire preparedness and management.

Bushfire scientists from CFA and Forest Fire Management Victoria (FFMVic), through the Safer Together program, have reconstructed five bushfires from the 2023-24 fire season, including the Bayindeen – Rocky Road, Mt Stapylton, Bellfield, Staffordshire Reef and Dereel bushfires.

The reconstructions strengthen CFA and FFMVic's science and learnings across fire behaviour, modelling, suppression and overall management effectiveness to improve how we prepare for and manage major fires.

Researchers examined fires that burned more than 28,000 hectares and interacted with areas that had undergone planned burning in the past five years.

FFMVic Chief Fire Officer Chris Hardman said reconstruction reports are essential for understanding fire behaviour in real conditions and improving how agencies manage bushfire risk and are part of an annual program of research that fire agencies collaborate on.

"These reports help us learn directly from major fires and understand what worked, what was challenged and where we can improve," Mr Hardman said.

Researchers looked at how fuel treatments, the landscape, weather and firefighting efforts affected how the fires spread and how severe they became. This included on-the-ground observations, aerial infrared imagery, fuel moisture data and new 3D mapping technology.

Overall, research from the Bayindeen – Rocky Road fire found that fuel management can make a real difference during major fires by slowing or moderating fire behaviour in some parts of the landscape and creating safer conditions for firefighters.

"The research shows fuel-reduced areas can support decision-making during a fire by giving crews more options on the ground," Mr Hardman added.

When fire moved into areas that had been treated by planned burning, researchers found lower fire severity, suggesting that fire behaviour was less intense. Experienced crews on the ground reported that those treated areas made it safer and easier for firefighters to work closer to the fire edge, slow or stop the fire, and establish containment lines.

The research also observed lower fire severity in treated areas in parts of the fire footprint. This included reduced canopy scorch and char height compared with nearby untreated areas. These patches of lower severity fire can help reduce longer-term ecological damage and support environmental recovery.

The reports highlight variability in the effectiveness of planned burning, influenced by factors such as fire behaviour at the time of interaction, time since treatment, fuel regrowth and weather. This reinforces the need for ongoing research and continual improvement in how fuel management is planned and delivered.

The reports also reviewed how fire danger ratings and bushfire simulators performed. Those insights will help refine modelling, risk assessment and operational planning.

"By combining field data with operational experience, we're strengthening the evidence that underpins both fuel management and fire response," Mr Hardman said.

CFA Deputy Chief Officer Alen Slijepcevic AFSM said reconstruction reports ensure lessons from major bushfire events are recorded and shared across the sector so that we continually improve mitigation, planning and operations.

"By combining field data with operational experience, we're strengthening the evidence that underpins both fuel management and fire response," Mr Slijepcevic said.

"Each reconstruction helps build a clearer picture of how fire behaves under extreme conditions.

"This work is critical to improving preparedness, supporting firefighters during incidents and making Victoria more resilient ahead of future fire seasons."

To view the full reports, visit [Fire research and adaptive management publications](#)

Emergency (000)
 Vic Emergency Hotline [1800 226 226](tel:1800226226)
 CFA Headquarters
[\(03\) 9262 8444](tel:0392628444)
 Register a Burn Off [1800668511](tel:1800668511)

Victorians can collect free firewood for personal use from designated state forest firewood collection areas until the autumn firewood season ends on 30 June, 2026, but collectors are reminded individual collection areas may closed earlier if there is fire risk or no more firewood available. Information and updates, including maps of collection areas are available on www.ffm.vic.gov.au/firewood.

Community members can find out more about collecting firewood by calling 136 186. Suspected illegal firewood collection can be reported to Crime Stoppers on 1800 333 000.

Financial assistance is available for people on low incomes who buy firewood:

www.ffm.vic.gov.au/firewood/energy-concession-and-support

Call the DEECA Media team on 03 8624 3400 or email media@deeca.vic.gov.au

Snippets from East Gippsland Shire Council

LAWRENCE MOONEY - Full Moon Party

Saturday 1st August - 8.00PM
The Forge Theatre - 80 McKean Street Bairnsdale

Moonman has been playing with characters for years. Everyone loves his Malcolm Turnbull except of course Malcolm Turnbull. On The Front Bar in the past couple of years he's introduced us to; Dr Tyler Wall, the AFL Mind Set Coach, French Chef de mission Jean Le Camembert and Port Adelaide tragic Gavin Muntberry, and now all of them are together at one Full Moon Party.

Join the Moonman as he helps each of these wonderful individuals come to life live on stage in Bairnsdale. They'll be fighting for the spotlight as Moonman tries to wrangle these much-loved characters in what will be an unforgettable, hilarious show. It's going to be a riot.

Moonman's new show is a carnival of his beloved characters from The Front Bar and Malcolm Turnbull.

https://www.lawrencemooney.com/

"ZEPPELIN"

The Life & Times of Led Zeppelin

Friday 7th August - 7.30PM
The Forge Theatre - 80 McKean Street Bairnsdale



The Beatles Anthology is coming to town, and it's two hours of great music, a bit of cheek, and a really good night out.

Thursday 4 June - 7.30PM

Contact us!
Phone: 03 5152 482
Our mailing address is
boxoffice@egipps.vic.gov.au

Book Now!

Public Art Policy - YourSay

We're reaching out because we know you have experienced art in East Gippsland before and you likely already know how important arts and culture are to shaping our region.

We're developing our first Public Art Policy, and we'd love to know your perspective. Public art plays a powerful role in creating places we feel proud of - places that reflect who we are and how we welcome others.

We'd like to hear what public art means to you, where you think it could make the biggest impact, and how it can reflect the stories, identity, and character of East Gippsland.

Public art takes many forms, and your insights will help shape a clear and practical approach to how it's supported, planned, and delivered across our region.

We encourage you to take a few moments to have your say and help guide a policy that reflects what matters

Visit East Gippsland Shire Council website for more Council News on Events, Business Matters, Environment Matters & Library Connect. www.eastgippsland.vic.gov.au

Community Matters Newsletter

The monthly Community Matters newsletter shares updates on projects, services, decisions, open consultations and more The previous community e-newsletter can be downloaded

The latest news from your Council.



Waste Matters Information Session



Practical tips for everyday recycling in East Gippsland!

Join us for a friendly and informative session designed to make waste and recycling simple, practical and easy to understand. Learn what goes in each bin, how to avoid common mistakes, and where to take those tricky items that don't belong in your kerbside collection.

Come along for a relaxed and friendly session with light refreshments provided. Over a cuppa, enjoy a short presentation, hands-on demonstrations, and plenty of opportunity to ask questions and connect with others.

Bairnsdale Library
Monday 1 June
10.00 am - 12.00 pm

Lakes Entrance Service Centre
Thursday 4 June
10.00 am - 12.00 pm

Orbost Service Centre
Thursday 4 June
2.00 pm - 4.00 pm

Paynesville Service Centre
Monday 1 June
2.00 pm - 4.00 pm

Book Now

At your library 5152 4225
www.trybooking.com/eventlist/eastgippslandshirelibraries
Scan the QR code



Drought Hardship Loan

Drought Hardship Loans are now available through RIC for farm businesses that have been affected by drought for at least 24 months and expect further impacts over the coming season.

Further information on the Drought Hardship Loan, including eligibility requirements and how to apply, go to www.ric.gov.au/drought-hardship. Don't self assess ring RFCS to chat about your situation To speak to a Wellbeing Counsellor call [1300 045 747](tel:1300045747) or find out more at: www.nexsolutions.org.au.

On-Farm Kangaroo Control Rebate

Farmers managing pasture and crop pressure can also access the **On-Farm Kangaroo Control Rebate**, which supports engagement of accredited professional harvesters.

More information at [Managing kangaroos on your farm/Drought support Farm management | Agriculture Victoria](#)

Temporary tax relief for businesses

The Australian Taxation Office will provide temporary relief for businesses unable to meet their tax obligations due to fuel supply issues, where appropriate. The Small Business Responsible Lending Obligation exemption will also be extended for a further 10 years to help small businesses access easier and faster credit. For more information go to ATO fuel response | Australian Taxation Office

Taking your Business

Online 27 May

Local business owners are invited to attend a free Business Victoria workshop designed to help you grow, connect and succeed in today's digital world. This practical session will cover essential online business strategies, including digital technologies, creating an effective website, social media and email marketing, and how to protect your business online.

Wednesday 27 May, 1–4 pm at Bairnsdale Library.

The workshop is tailored for local businesses and offers easy-to-understand, actionable insights to help you stay ahead.

Places are limited, so be sure to secure your spot by scanning the QR.



Drought support programs Farm Drought Support \$5,000 Grant to make on-farm infrastructure upgrades and improvements such as grain feeders, troughs, pasture restoration, stock containment areas, and more. This is a co-contribution grant. **Farm Drought Support Grants | Grants and financial support | Drought support | Farm management | Agriculture Victoria.**

One-on-one farm advisory service is an opportunity of a second consultation that is available for farmers across the state.

Book now at **Farm Advisory Service one-on-one sessions.**

Succession Roadshow NEX 9 & 11 June

"Off the back of the successful *"It's All Okay Until It's Not"* Succession Planning Roadshow in 2025, NEX and East Gippsland Shire Council are proud to host a new series of practical, three-hour succession planning workshops in May and June 2026.

These informative sessions will provide clarity, confidence and a clear pathway forward, exploring why succession planning matters, the real cost of doing nothing, and how a facilitated approach can protect both you and your family's future.

Session on: 9 June Lakes Entrance Library 2:00pm - 4:00pm
11 June Bairnsdale Library 10:00am - 12:00pm

For more Agrinews or if a friend or a neighbour would like to receive a copy of this newsletter, please email Kaylene Wickham Agribusiness Development Officer East Gippsland Shire Council at kaylenewi@egipps.vic.gov.au or call 5153 9450 or register online at [Agrinews Newsletter.](#)

Council information

My Lot – An Online tool

Planning a project and wondering "Do I need a planning permit?" *My Lot* is a new online tool available on Council's website that can help you find the answer — anytime, day or night.

My Lot is a new online tool available on Council's website to help determine if a planning permit is required. It guides users through a series of simple questions and generates a report outlining next steps, making it easier to plan projects and avoid delays. The tool is accessible via computer or mobile, with an instructional video available at "[My Lot](#)" on Council's website and Council staff can assist in person if needed call 5153 9500.

My Lot makes it easier to get the planning information you need, when you need it — helping to reduce delays and confusion before you start your project. To use the tool go to [Do you need a planning permit?](#)

Planning Department Update

Council has worked with the Department of Transport and Planning since 2023 to overhaul the planning controls relating to erosion and this project was recently finalised. The project amended the Erosion Management Overlay mapping to only apply to land or parts of land where erosion risk exists and to also amend the control to be a risk-based hazard control. In practice, that means that only high-risk proposals in mapped areas will need a planning permit but that where the risk is high, appropriate geotechnical investigations must be undertaken. This will ensure that the risk to life a property as a result of erosion is minimised. Ring the Planning Department for more information 5153 9500.

Community Matters e-newsletter

Check out the latest edition of our community e-newsletter, Community Matters!

Our Community Matters newsletter shares updates on projects, services, decisions, open consultations and more. [Click here to subscribe and stay informed.](#)

Your Say on Projects Have you checked out [Your Say, East Gippsland](#) recently?

Your Say is an online platform that lets you share what you think about the projects, services and places that matter to you. It's an important engagement tool for Council and community.

It is important to note that Council will also continue to consult with the community in a number of other ways including site meetings, community workshops, drop-in sessions and more.

Theres more in AgriNews on What's been happening, Council info, Agricultural Events, Opportunities, Funding

30,000 Census jobs available



- ✓ Support your community
- ✓ Work flexibly and locally
- ✓ Temporary jobs available all over Australia

We're looking for a broad range of people to reflect the diversity of Australia.



See all opportunities at census.abs.gov.au/jobs

INGREDIENTS

WARMING MEAT BALL SOUP

olive oil for frying
 2 brown onions
 3 cloves garlic
 3 cups vegetable stock
 (or boil for an hour, carrots, celery, onion, parsnip, turnip- any vegetable salt, pepper 1/2 tsp of curry to taste, drain & mash through sieve, use stock)
 2 tbsp tomato paste
 1 tsp chilli paste (depending on taste)
 150 gr pasta
 1/3 tsp dried basil or 4 fresh leaves
 2 kg chopped tomato

500 grams Mince Meat
 2 eggs
 2 tsp Oregano
 1 tsp dried parsley—or handful of chopped fresh
 Pinch of dried thyme & rosemary
 A tbsp of the onion, finely chopped
 Salt, pepper



METHOD

Cook Pasta

Mix & roll up into small balls, meat, herbs & mixed eggs. Lightly crumb Fry meatballs in oil, browning all sides, remove & drain.

In the same pan fry onion & garlic until soft, add tomatoes, simmer for 20 minutes, add a bit of stock to prevent catching

Add rest of stock, tomato paste & chilli, simmer for a further 10 minutes Cool slightly & puree
 Bring back to boil, add herbs, pasta & meatballs
 Add some finely chopped carrots & peas if you like simmer for about 5 minutes

INGREDIENTS

ROASTED CAPSICUM & TOMATO SOUP

3 red capsicums
 2 leeks
 500 grams roma tomatoes
 1 Tbsp tomato puree
 800 mls chicken or vegetable stock - or half & half
 Salt & pepper
 1 clove garlic
 Lightly oil roasting tray, spread out tomatoes, capsicum & leeks, drizzle oil on top & roast in preheated oven at 200 C. for 15 or 20 minutes



Serve with sour cream & green garnish

Remove capsicum seeds, chop vegetables, add garlic & bring to boil in stock, simmer for 10 minutes Mash or puree

Make some **croutons** to go with your soup

Loaf of crusty or day old bread
 3 tbsp butter
 1/3 cup olive oil
 2 tsps dried parsley
 Sprinkling of herbs of your liking -
 1/2 tsp dried thyme, marjoram, rosemary, chives
 Garlic powder
 Salt & Pepper

Add parmesan cheese
 Try chilli powder
 Swap butter for all oil

Or simply toast, butter & cool old bread

Using a bread knife chop bread into cubes
 Mix oil & butter, seasoning & dried herbs, melt over low heat.
 Toss in bread cubes & spread evenly on baking tray. Bake for about 15 minutes, turn for even cooking if necessary

Garnish ideas

Fried cheese,
 Bake parmesan cheese mounds on baking paper
 Bake oiled, seasoned thin strips of sweet potato
 Salsa or relish
 Sour cream, yoghurt, cream
 Spring onions— any green herbs

Try salted potato chips, plain, chili or black pepper & lime

What to do with pumpkins that wont be ripening

Use unripe pumpkin as you would zucchini, just cook it longer. The texture is good in soup. The flavour will be milder. Herbs like parsley, dill, mint, and basil go well & of course pepper.

Toss chunks in oil, salt, pepper, sage, rosemary & roast. Try sweet & sour- sweat chunks with shallots in oil add pinch of sugar, splash of water, cook till tender, add raisins, dill & mint

Sweet pumpkin pie filling

- Green pumpkin about 2.6 kg
- 1.5 cups maple sugar or brown sugar
- 1/2 cup apple cider vinegar
- Pinch salt
- 3/4 teaspoon ground cinnamon
- 1/8 teaspoon ground cloves or allspice
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon ground ginger

Info adapted from <https://foragerchef.com>

Are snakes still around during winter ? Yes. Snakes are semi dormant during cold months & will find a warm protected spot while they 'brumate' – meaning semi dormant- not quite sleeping. They will still defend themselves & could be hiding in the garden.

Distinguishing between four most common snakes seen around this area.

Eastern Brown are normally more slender overall, glossy with plainer smoother scales than the others and more likely to be seen in the open. They are the most aggressive

Tiger snakes are usually the heaviest, darker, have broader necks, are stocky and don't always have stripes or bands. They are likely to take on a defensive posture. Like the copper heads they are likely to be seen near water.

Copperheads typically have a coppery brown head, are more prone to flee than fight & not as stocky as the tiger snake.

A brief First Aid Reminder—
Patient to keep still, lying down
Call 000
Bandage firmly (elasticised if available) starting from fingers or toes –upwards as far as possible covering bite area
Use a splint, mark bite spot
Use CPR if no breathing



Copperheads are black or dark grey, with orange, gold or cream underbelly. Around a metre to 1.5 metres. They like to stay near water & they give birth to live young. They will eat frogs, lizards & grasshoppers & tiger snakes



Eastern Brown - Commonly around 1.5 metres, can get to 2.6. They like house mice to eat & are responsible for 60% of Australia's snake bite deaths. They are usually light brown but can be greyish or even black with a cream or yellow belly. Juveniles have a black head & brown body. Eggs can be found in places like rabbit burrows & tree stumps



The Tiger Snake is found in Australia's Southern states. Some have black & yellow stripes, others can be black or brown, this can also change with seasons. They are typically 1.2 metres long. They hang around water, don't lay eggs & can give birth to up to 30 young in summer




Red bellied Black – Less venomous than the other 3 and generally less aggressive. Can be found in woodlands, fields & around your home. They like water & can look like a black stick in a dam. They give birth to young in membranous sacs & emerge shortly after birth.

Info from wildsoutheast.wordpress & hodgsonsnakes@gmail.com

The Green Shed has a second hand fridge & numerous cupboards to off load – as well as the normal bric a brac, clothes, kitchen ware, books & kids stuff Donation only
 Dowling at Bendoc
 Open most Saturdays, Thursdays & Tuesdays
 ring Bob 0408981524 or Jim 0403196528
VOLUNTEERS WANTED

WHERE THE FLICK IS BENDOC



BENDOC HOTEL
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FRIDAY - DINNER (6PM - 8PM)
Pat & Parm - \$30
SATURDAY - LUNCH (12PM - 2PM)
- DINNER (6PM - 8PM)
Happy Hours - 4:30 to 5:30
Joker Draw - Drawn @ 7:30pm
Multiple Raffles - Local Vouchers
HOURS Mon - Thu (12pm to Late)
Fri - Sat (12pm to Late)
Sundays CLOSED

Do you have a caring nature, strong people skills and want to support our community? Work with us as a Support Worker with Monaro Community First! We provide care and support from Nimmitabel to Delegate and everywhere in between.

We're looking for people who can:

Communicate openly and respectfully with clients, families and team members

Show empathy and emotional intelligence

Be adaptable and flexible when situations change

Stay resilient and positive even when the work is challenging

Manage their time well and support people safely and reliably

As a Support Worker you will be assisting people with their everyday tasks in their homes and in

the community, enabling them to maintain their independence and wellbeing and to lead full and

engaging lives.

Contact Shannon Payten-McDonald on 0422 963 551 or shannon.payten@mcfirst.org.au. Head to our website

www.monarocommunityfirst.org.au for more information on how we deliver care and support

to the Monaro region.



Bushbubs Wildlife Shelter
 Looking after sick and or injured Australian Wildlife

Lyn Button
 Gap Rd
 Bendoc Vic 3888

0488719233

Bushbubs01@gmail.com



Wrecking — HJ Holden Sedan, 1974
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CENSUS JOBS

Dexter Beef sides & partial sides. Check availability
 Contact Graham on 0429436202
 wagraders@gmail.com

Call David for mowing, garden maintenance,
 hedge trimming 04370 81644

Looking for interested people to join the friendly group making up the Bendoc Progress Association..
 The BPA auspices Bendoc Neighbourhood House.& holds meetings around 4-5 times a year. Drop in or contact us.
 bendocpa@bigpond.com

Office space for hire at Bendoc Neighbourhood House.
 Free for Community Services, Suitable for study, admin work, medical & welfare services

Community Notices

1 A man shows you a portrait and says, "Brothers and sisters I have none, but that man's father is my father's son". Whose portrait is it?

2 You're in a room with two doors. One leads to freedom, and the other to doom. Two guards know which door is which. One always tells the truth, the other always lies. You can ask only one question to one guard. What do you ask?

3 Five glasses are placed in a row. The first three are filled with water, and the last two with poison. By only moving one glass, make it so no two glasses with water are next to each other

1 His son.
2 If I asked the other guard which door leads to freedom, what would they say?
3 Pour the water from the second glass into the fourth, then place the empty glass second.

WANTED -
More jolly people to join the friendly mob volunteering to keep our services going

Bendoc Hall Committee ph Jim 0403196528

Bendoc Progress Association ph Lyn 0488719233

DROP OFF YOUR dead household batteries and **MOBILE PHONES** at BNH. We cannot take large batteries e.g. Car batteries

If you'd like a say in the positioning of a new bin at Bendoc Hall ring Hall President Jim - 0403196528

or contact the Neighbourhood

10c return plastic, cans & glass bottles can be dropped off in our recycling bin outside BNH. These items are collected voluntarily & funds are donated back to Bendoc Neighbourhood House

IMPORTANT CONTACTS

- Emergency —————000
- Bendoc Police —————0264581523
- Delegate Police —————0264503360
- Bombala Police —————0264583444
- Report road issues Regional Roads Vic 133778
- Bendoc/Tubbut/Goongerah
- Wellness Nurse —————0456167011
- Health Direct —————1800 02 2222
- Delegate MPS —————0264598000
- Bombala MPS —————0264585777
- Orbost Regional Health ———0351546777
- Bombala Medical Practice—0264583022
- Register your burn off ———1800668511
- Monaro Family support ———026458 4888
- Delegate Pre School: ———026458 8196
- Delegate Public school: ———026458 8183
- Tubbut Neighbourhood House—0482855670
- Bendoc Neighbourhood House—0264581531
- Delegate Rural Transaction centre 02 6458 8388
- Wellbeing Local **1300 000 352**
- MensLine Australia **1300 789 978**
- Kids Help Line **1800 55 1800**
- Beyond blue **1300 224 636**

LAST MONTHS WORD FIT ANSWERS

BNH invites suggestions, input, points of interest, photos, news & community notices. Contributions are free
bendocpa@bigpond.com Ph 0264581531
18 Dowling St Bendoc PO Box 50 Bendoc 3888
Website – bendoc.org.au

THE WHEEL IS DISTRIBUTED MID MONTHLY THE FINAL DATE FOR ARTICLES IS AROUND THE 15TH

If you would like the 'Wheel' emailed or are local & don't receive it in the post, please let us know & we'll update your details.
Contributions are readers own input, BNH does not necessarily share all opinions published.

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BENDOC WHEEL

S	M	T	W	TH	F	S
17	18	19 BNH 9-2 GR SHED 9-12	20 BNH 9-2 Craft Morning	21 NURSE BENDOC GREEN SHED 9-12	22 BNH 9-2	23 GREEN SHED 9-12
24	25	26 BNH ++ 9-2 NURSE GOONGE-RAH GR SHED 9-12	27 BNH 9-2 Craft Morning NURSE TUBBUT	28 NURSE BENDOC GREEN SHED 9-12	29 BNH 9-2	30 GREEN SHED 9-12
31	1st JUNE	2 BNH 9-2 GR SHED 9-12	3 BNH 9-2 Craft Morning Acupuncture Bendoc	4 NURSE BENDOC GREEN SHED 9-12	5 BNH 9-2	6 GREEN SHED 9-12
7	8 PUBLIC HOLIDAY Kings Bday	9 BNH 9-2 GR SHED 9-12 NURSE GOONGE-RAH	10 BNH 9-2 Craft Morning NURSE TUBBUT	11 NURSE BENDOC GREEN SHED 9-12	12 BNH 9-2	13 GREEN SHED 9-12
14	15	16 BNH 9-2 GR SHED 9-12	17 BNH 9-2 Craft Morning	18 NURSE BENDOC GREEN SHED 9-12	19 BNH 9-2	20 GREEN SHED 9-12
21	22	23 BNH 9-2 GR SHED 9-12 NURSE GOONGE-RAH	24 BNH 9-2 Craft Morning NURSE TUBBUT	25 NURSE/ DOCTOR BENDOC GREEN SHED 9-12	26 BNH 9-2	27 GREEN SHED 9-12
28	29 VIC SCHOOL HOLIDAYS START	30 BNH 12-4 GR SHED 9-12 End of fire wood season	JULY 1 BNH 9-2 Craft Morning	2 NURSE BENDOC GREEN SHED 9-12	3 BNH 9-2	4 GREEN SHED 9-12
5	6 NSW SCHOOL HOLS start	67 BNH 9-2 GR SHED 9-12 NURSE GOONGE-RAH	8 BNH 9-2 Craft Morning NURSE TUBBUT	9 NURSE BENDOC GREEN SHED 9-12	10 BNH 9-2	11 GREEN SHED 9-12

Census night 11 August See page 4 for all medical professional visits Emergency Redi workshop 11 August

S M T W TH F S