



Bendoc Wheel

bendocpa@bigpond.com 02 64581531 Bendoc.org.au



BENDOC NEIGHBOURHOOD HOUSE

**TUES WED FRI
9.00-2.00**

printing, laminating,
internet, computer, books
to browse & borrow,
friendly chats, tea & coffee
local info
Council Outreach
Local crafts for sale

**Crafts & Get together
WED am**

THE GREEN SHED

RE-USE, RECYCLE,
REPURPOSE
BEHIND BENDOC HALL

NORMAL HOURS
TUES, THURS 9-12 ISH
SAT 10-12ISH
Prices by Dona-

EAST GIPPS SHIRE MOBILE LIBRARY

Join, borrow, re-
turn or order a book
from the Mobile
Bus at Bendoc Hall
Grounds

Library books &
audio books at-
las Neighbour-

Thurs 10.30 -

WELLNESS NURSE VISITS

Bendoc Thurs. Ft.
Goongerah Tues. Ft.
Tubbut Wed.

Ring Birgit
0456167011

POST OFFICE

MON-FRI 12-5
BENDOC PUB

MON 8-11
WED 12-3
SAT 8-11



0403196528

Contact Jim for info

BENDOC MARKET Sunday 13th Sept

Start preparing & Book a Stall

Calling for Musicians, Singers, Jammers
Join in on the fun



Do you Crochet or Knit? or keen on learning?

Bendoc Neighbourhood House is looking for help in creating
beautiful homemade blankets from knitted & crotcheth squares

~ Join us for Wednesday morning craft & get togethers

~ or make your squares at home & contribute

~ donations of wool/ yarn most appreciated



June was a BIG month for E2S Wellbeing Spaces

We had visits from
Shelly – Acupuncture
Sophie – Audiology

Tom – Osteopathy
Dr. Rob - GP

Thank you to everyone who came to support our – your Service

July was less hectic, as we had some changes to the Program, which we are still working on. We will communicate these to you via our Governance Committee.

In the meantime, fortnightly Nurse visits to each area will continue. Lachlan is back on board and will look after Goongerah and Bendoc. Birgit will concentrate mostly on Tubbut, but can also offer home visits to those who are unable to attend.

Extra visits in July from Simon – Podiatry & Tom – Osteopathy were well attended

We are waiting for an update on Acupuncture and plan our months ahead.

Have you tried our booking platform yet? Feel free to give us feedback about it.

For July appointments please
ring Birgit or check out the
online booking site

HOW TO BOOK ALL E2S APPOINTMENTS

ONLINE BOOKING PLATFORM

OR Use this Link to book. <https://www.picktime.com/home/E2S>

Book directly through
Birgit – 0456 167 011

or your local Community Centre
Bendoc – 02 6458 1531
Tubbut – 0482 855 670

See the calendar for dates of the attending Nurse in your community, book an appointment or just pop in to see them.

You can also expect a phone call from your Nurse Lachlan in the coming weeks, to introduce himself. We are hoping to host a morning tea in his areas to meet him in person.

Questions, Feedback, Concerns?

Call Birgit - 0456 167 011

SHARING INFORMATION WITH THE COMMUNITIES

Aside from the super interesting and informative local newsletters, the other way E2S Wellbeing Spaces shares information on Health Specialists attending E2S Wellbeing Spaces is via a bulk SMS Service. Birgit writes the message and a third-party SMS messaging service sends the message out to each community. These messages always start with Hi Bendoc, Goongerah or Tubbut Community. This is a fantastic way to stay up to date and book in early as the services usually book out fast these days.

If you would like to be **added to this service**, please let Birgit know via text or call.

NOTE: The number the bulk SMS is sent from is not an E2S worker number, it is a randomly generated number. When responding to the bulk SMS messages, please respond directly to Birgit on 0456 167 011 so she is sure to receive it and book you in.

See the calendar for dates of the attending Nurse in your community, book an appointment or just pop in to see them

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Birgit - Goongerah and home visits all areas	5 Birgit - Tubbut Osteo Am - Goongerah Pm - Bendoc	6 Osteo - Tubbut	7	8
9	10	11 Lachlan - Goongerah	12	13 Lachlan - Bendoc	14	15
16	17	18 Birgit - Goongerah and home visits all areas	19 Birgit - Tubbut	20	21	22
23	24	25 Lachlan - Goongerah	26	27 Lachlan - Bendoc	28	29
30	31					

Errinundra to Snowy (E2S) Program Update

Staffing Changes

Our Registered Nurse **Lachlan Tompsett** is now delivering care at the Wellbeing Space at Bendoc and Goongerah on a fortnightly basis, following the resignation of our Bendoc Enrolled Nurse **Stephanie Miller**. The program supported Lachlan to complete immunisation and ear cleaning training, which are services now available to our community members.

Although **Tama Green** is no longer with the program, we extend our thanks for her great work setting up a range of specialist visits to the Wellbeing spaces, including skin and hearing checks, osteopathy and podiatry. Tama made these new providers feel comfortable and welcome visiting the region by organising their travel and accommodation.

Our Nurse Coordinator **Birgit Schaedler** will continue to provide care at Tubbut Wellbeing Space and organise the external specialist visits that Tama established.

Contact Details

Our Nurses work part-time, but if you need to get in touch with them, please call:

Birgit Schaedler on 0456 167 011

Lachlan Tompsett on 0439 159 815

Nurse Visit Hours

Due to travel times from Orbost, all nurses at every Wellbeing Space will see clients between 10 am and 3pm.

Specialist Visits

The program will continue to fund specialist visits until our Primary Health Network funding finishes on 30 June 2027. These visits include:

Monthly physiotherapy between October 2026 and June 2027.

Hearing checks at Bonang Hall in January and June 2027.

Skin checks at Bonang Hall in October 2026 and April 2027.

Osteopathy in October 2026 and February, April and Jun 2027.

Optometry in May 2027.

Podiatry and acupuncture services – visit dates to be confirmed.

We will confirm appointment booking processes as soon as possible.

Your Support Matters

We really appreciate the community continuing to support us to deliver the E2S program. Your attendance at the nurse and specialist visits helps with the ongoing sustainability when our Primary Health Network funding finishes. Thank you for making the effort to attend on a regular basis, and encouraging your family and friends to attend too.

BENDOC MARKET Sunday 13th Sept

BENDOC HALL

Start preparing & Book a Stall



Calling for Musicians, Singers, Jammers – Join in on the fun

- ☺ Free Sites ☺ Under cover & outside ☺ Site Insurance covered
- ☺ Giftbags for musical contributors ☺ Camping facilities ☺ BBQ

Please email or call to book your site

bendocpa@bigpond.com 0264581531

Get 20% off your vehicle registration



Victorian vehicle owners can now apply for 20% off their vehicle registration.

Applications open on 1 June and close on 31 July 2026.

The rebate applies to eligible vehicle registrations for the 2025–2026 financial year.

You can apply using the Service Victoria app or website.

Before you apply you will need:

- your vehicle registration number
- your Victorian driver licence number or VicRoads customer number
- your full name
- your bank account details (BSB and account number)

Payment will be made into your bank account.

STEP 1

Create a Service Victoria account

You must have a Service Victoria account before you can apply for the 20% off.

You can create an account on:

- the Service Victoria website
- the Service Victoria app on your phone

To create an account:

1. Go to service.vic.gov.au/account
2. Enter your email address, given name(s) and family name
3. Follow the steps to enter the security code sent to your email
4. Create a 6-digit password to protect your account
5. Log in with your email and password

Have these details ready:

- your registration number
- your Victorian driver licence number or VicRoads customer number
- your bank details

STEP 2

Apply for 20% off your rego

After you create your account:

1. Open the Service Victoria app and tap '20% off your rego', or visit service.vic.gov.au/rego-rebate
2. Tap 'Get started'
3. Check if you can apply by selecting your vehicle type and entering your registration number
4. Enter your full name and Victorian driver licence number or VicRoads customer number.
5. Enter your bank details. The rebate will be paid into this account
6. Review your details and tap 'Submit'

You will receive an email confirming we have received your application.

If you have not yet paid your vehicle registration for 2025–26, your application will be reviewed after VicRoads processes your registration payment.

BNH can assist with internet or tech support with applying for the rego rebate

The process is refreshingly simple

DELEGATE TO BOMBALA BUS

Pick up from RTC Delegate
10.30

1st & 3rd Wednesday of the month

Bus Leaves Bombala for return trip 12.30 - 1.00

Bookings essential
contact RTC Delegate

02 6458 8388

SAFETY WARNING

NATIONAL PHONE ALERT
MONDAY 27 JULY

A national test of the Emergency Alert system will be sent to mobile phones across Australia.

This alert will make a LOUD SOUND and show on your screen.



IF YOU ARE EXPERIENCING DOMESTIC VIOLENCE

This alert could put you at risk.



Consider where you will be when the alert happens.



Think about ways to silence your phone if possible.



Put your safety first. You know your situation best.

If you feel unsafe, call 000 in an emergency.



If you need support, help is available.

1800 737 732
1800RESPECT (24/7)

1800respect.org.au
Online chat and support

IN AN EMERGENCY, CALL 000

If you missed out on the online Food Safety course for Community Workers

You are still welcome to complete this at BNH or we can point you in right direction

Visit us to do your online Volunteers Police Check.

Compulsory for all Community Volunteers

NOTE Change of date — 25th August**EmergencyRedi & Insurance Workshop in Bendoc**

EmergencyRedi workshops help you prepare for emergencies at home and in your community. Learn the basics of emergency planning, start your RediPlan, understand your insurance policy and take away practical tools to help you and your loved ones stay safe. **Lunch included**

Please register your interest at Bendoc Neighbourhood House
bendocpa@bigpond.com 0264581531

***Working together to
prepare for Emergencies***

Australian Red Cross EmergencyRedi workshops are FREE for your community
Please join us for a free lunch, and learn some tips for preparedness!

- **Tuesday 11 August**
- **Bendoc Neighbourhood House, 18 Dowling St Bendoc Vic.**
- **12pm - 2pm**
- **Light lunch provided- RSVPs for catering essential (please advise any dietary needs) to Alli Norfolk anorfolk@redcross.org.au**

About the workshops EmergencyRedi workshops help individuals and households prepare for emergencies. They provide people with an introduction to emergency preparedness, and help them to learn practical ways to prepare for emergencies.

RSVPs to anorfolk@redcross.org.au



EASY FOOD

There's a bundle of ways you can use Pitta Bread-or Flat bread for a quick go to snack

Cooking ideas

Pizzas – if you find the bread is too thin, put two together with grated cheese in between. Crispy it up a bit on the bottom first & add whatever you want.

Hot Rolls— Chop reasonably fine cooked chicken pieces, capsicum, onion, green herbs, tomatoes or tomato relish if you want. roll up large flat bread rounds, sealing edges as you go.

Fry on low heat with a small amount of oil or butter until crispy, butter & serve with garlic yogurt, dip, relish soup & a number of other foods

Crisp up in oven with a sprinkling of rosemary, garlic & cheese

Heat & roll up with a filling of cooked apple & cinnamon, serve with cream or ice-cream when slightly cooled.

Spinach & Cheese pies, Wrap slightly cooked spinach, grated cheese, salt & pepper - add onion & garlic if you wish, cook in hot oven until crispy

Delegate Multi-Purpose Service

11 Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment and Treatment Care Centre (ATCC)

The Delegate MPS Assessment and Treatment Care Centre (ATCC) is not an Emergency Department, for all Emergency type presentations please proceed to the nearest Emergency Department at the Bombala MPS, or phone 000 for an Ambulance. The ATCC is open Monday to Friday 8.30am to 4pm, please call Delegate MPS (02) 64598000 to make an appointment. Outside of these hours, please consider if your presentation is an Emergency and therefore not for Delegate MPS.

Our nurse-led ATCC is offering:

- Wound Care
- Nursing Assessments
- Blood Pressure readings
- Blood Sugar readings
- Suture or Clip removal
- Injections with Doctors written order
- Other procedures that do not require a doctor

Pathology

Wednesday 9:30am-10:30am. No appointment necessary. Not available on public holidays

Other Community Health Services Available – Please Phone Delegate MPS for further information

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse



Women's Health Nurse

To refer to any of the above please ring Community Health Central Intake Team on 1800 999 880

Please Note– Victorian visits are no longer taking place, this may recommence according to need.

Did you know? -

if you are an active SES or CFA volunteer you can claim an **EMERGENCY SERVICES REBATE FROM YOUR RATES**

You can claim for your Principal place of residence, Farmland or Single Farm Enterprise (SFE)

You will need

- ◆ Your CFA or SES member number
- ◆ Bank details
- ◆ Rates notice
- ◆ Identification
- ◆ Phone connected to CFA/SES ID & access to your email (know your password or bring your own device)

CFA - members.cfa.vic.gov.au

SES -VICSES volunteer porthole sso.ses.vic.gov.au

Contact BNH on 02 64581531
or bendocpa@bigpond.com
If you would like some assistance

hint—the process can be quite time consuming. It will be handy if you're able to activate your CFA & SES accounts first using your member numbers.

Please read the guidelines before applying - you may need to provide more info depending on your circumstances
Department of Government Services [1300 778 931](tel:1300778931)



Don't forget just because winter is here that doesn't mean fire danger isn't around. Flues need cleaning & inside heating needs watching. If you are interested in info on joining the CFA & seeing what training is on offer for members

Management Meeting Bendoc — Wednesday 22/7/26 7.00p m
Ring Secretary Lyn Button 0488719233



Media Release

2 July 2026 | Media contact: media@deeca.vic.gov.au

Forest firefighters help protect Victorian communities

Applications are now open for seasonal and ongoing forest firefighter roles across Victoria.

Forest Fire Management Victoria (FFMVic) is recruiting entry-level forest firefighter positions across Victoria for the upcoming bushfire season. Both ongoing and seasonal roles are available.

FFMVic Chief Fire Officer, Chris Hardman, said seasonal firefighters boost Victoria's firefighting capacity in the lead-up to summer and during the peak fire season.

"New recruits train and work alongside our permanent firefighters, responding to bushfires to keep communities safer this summer," Mr Hardman said.

"They will be part of a team of close to 1800 frontline personnel and 1200 accredited incident management staff this bushfire season."

"These are fantastic jobs doing practical work, right at the frontline of protecting communities and the environment."

FFMVic firefighters responded to more than 900 bushfires across the state last summer and delivered priority planned burns which will help reduce the impact of future bushfires.

Mr Hardman said seasonal firefighter roles provide rewarding career opportunities for those with a passion for the outdoors, learning new skills and making a difference.

"In addition to responding to bushfires and helping to deliver planned burns, seasonal firefighters also undertake pest and weed control works, and maintain recreational reserves, fuel breaks and forest roads," he said.

"We want a diverse pool of people applying for our jobs. We want our crews to reflect the communities they serve and to have a range of skills and experiences."

"Most importantly, we're looking for recruits with a 'can do' attitude who can work as part of a team."

Some roles are designated for First Nations employment.

Applications close 26 July. Seasonal employment occurs between October and May, with some variations on start and end dates depending on seasonal requirements.

For information and to apply, visit jobs.careers.vic.gov.au/sffoo or call 136 186.

OFFICIAL

Applications for ongoing and seasonal forest firefighter roles close on Sunday, July 27. FFMVic is recruiting roles at 74 sites across Victoria.

For information and to apply, visit jobs.careers.vic.gov.au/sffoo or call 136 186.

For emergency information, including severe weather warnings, download the VicEmergency app. Environmental crime can be reported to Crime Stoppers on 1800 333 000.

Emergency (000)

Vic Emergency Hotline [1800 226 226](tel:1800226226)

CFA Headquarters

[\(03\) 9262 8444](tel:(03)92628444)

Register a Burn Off [1800668511](tel:1800668511)

Victorians can collect free firewood for personal use from designated state forest firewood collection areas until the autumn firewood season ends on 30 June, 2026, but collectors are reminded individual collection areas may closed earlier if there is fire risk or no more firewood available. Information and updates, including maps of collection areas are available on www.ffm.vic.gov.au/firewood.

Community members can find out more about collecting firewood by calling 136 186. Suspected illegal firewood collection can be reported to Crime Stoppers on 1800 333 000.

Financial assistance is available for people on low incomes who buy firewood:

www.ffm.vic.gov.au/firewood/energy-concession-and-support

For information on road closures visit ffm.vic.gov.au/permits-and-regulations/closures-of-parks-and-forests

Monday 28 September - 11am



Calling all fairies! Slip on your wings, wave your wand and join the Snow Fairy and her best friend Zuzu on an enchanting live adventure bursting with bubbles, magic, music and laughter. Dress in your favourite fairy costume and help the Snow Fairy create real magic before your very eyes. With dazzling surprises, sing-along fun and sparkle at every turn, it's a stage spectacular your little ones will adore — and memories your whole family will treasure forever.

Presale \$5 OFF ALL TICKETS - 7 Day's ONLY

Community Matters Newsletter

The monthly **Community Matters** newsletter shares updates on projects, services, decisions, open consultations and more. The previous community e-newsletter can be downloaded <https://www.eastgippsland.vic.gov.au/council/community-matters>

Free training for tradies

Are you an East Gippsland sparky, plumber or other tradie? Want to build your skills in electric vehicle charger installation, switchboard upgrades, reverse-cycle air conditioner installation or energy-efficient hot water systems? Free training is available through the [Victorian Government's Electrification Skills Training Program](#)

10c can, carton and bottle baskets

Keep an eye out for new [Container Deposit Scheme](#) bin baskets appearing at parks, reserves, foreshores and public spaces across East Gippsland.

When you're out and about, simply place eligible drink containers in the baskets instead of the rubbish bin. Schools, community groups, local charities and individuals can then collect and redeem them for a 10-cent refund through the scheme.

Scoot smart

E-scooters have become a common sight around East Gippsland — a handy way to get around town. But like any vehicle, they come with rules designed to keep riders and everyone around them safe.

Here's what riders need to know:

- E-scooter riders must be 16 years old or over
 - Ride at no more than 20km/h
 - Ride on shared paths and bike paths
 - Not allowed on roads with a speed limit over 60km/h
 - Illegal if capable of exceeding 25km/h
- Not permitted on footpaths

The Forge Theatre is East Gippsland's Performing Arts Centre. <https://www.eastgippsland.vic.gov.au/leisure/whats-on-and-buy-tickets>



Sat, 25 Jul, 7:30pm - 10p...

Australian Eagles Show — 50...

The Forge Theatre,
Bairnsdale VIC, Australia



Sat, 1 Aug, 8pm - 9:20pm ...

Lawrence Mooney

The Forge Theatre,
Bairnsdale VIC, Australia



Wed, 5 Aug, 6pm - 7pm A...

Robot Song

The Forge Theatre,
Bairnsdale VIC, Australia



Fri, 7 Aug, 7:30pm - 10:15...

"ZEPPELIN" The Life & Times of...

The Forge Theatre,
Bairnsdale VIC, Australia



Sat, 8 Aug, 7:30pm - 9:30...

Vika & Linda "Where Do Yo...

The Forge Theatre,
Bairnsdale VIC, Australia



Sat, 15 Aug, 6pm - 10pm A...

Heroes of The Forge

The Forge Theatre,
Bairnsdale VIC, Australia



Fri, 28 Aug, 7pm - 8:20p...

Saplings

The Forge Theatre,
Bairnsdale VIC, Australia



Fri, 4 Sep, 7:30pm - 9:30...

Rebecca Barnard &...

The Forge Theatre - East
Gippsland Shire Council,...

Snippets from July Agrinews

For more Agrinews or if a friend or a neighbour would like to receive a copy of this newsletter, please email Kaylene Wickham Agribusiness Development Officer **East Gippsland Shire Council** at kaylenewi@egipps.vic.gov.au or call 5153 9450 or register online at [Agrinews Newsletter](#).

Red Meat Conference – Every Decision Counts

25 August

More information at [Gippsland Ag](#). Social media pages

Sustainable Living Series 2026 June - August

The ongoing series of free monthly sustainable living webinars in 2026 continues. Independent experts from Renew present on topics including solar, batteries, EVs, renting, energy efficiency, building design and more.

To book and see the full webinar list visit <https://thecap.com.au/>

Be Work Ready – Jobs on Farms Program

4 Aug – 13 Aug

People interested in exploring a career in agriculture are encouraged to register for the upcoming **Be Work Ready – Jobs on Farms** training program, designed to help participants build practical skills, industry knowledge and confidence for employment in the agricultural sector.

For more information or to book your place, contact the Heyfield Community Resource Centre on 5148 2100 or email coordinator@heyfield.net.

Safe Food Victoria up and running

Victoria's new streamlined food regulator Safe Food Victoria will cut red tape, making it easier to get fresh food to families. **Safe Food Victoria consolidates multiple regulators including Dairy Safe Food Victoria, Primesafe and other regulators** to simplify arrangements for businesses. The new regulator will report to the Minister for Agriculture.

Apply for a **Safe Food Victoria licence** [Apply for a licence](#) | safefood.vic.gov.au, contact the Safe Food Victoria recall officer on 1300 364 352 [Safe Food Victoria](#) | safe-food.vic.gov.au.

Now is a good time to start monitoring dams

[Farm water calculator](#) | [Tools and calculators](#) | [Support and resources](#) | [Agriculture Victoria](#)

[Now is a good time to start monitoring dams](#) | [Media releases](#) | [Media centre](#) | [About](#) | [Agriculture Victoria](#).

For more information about drought support available visit agriculture.vic.gov.au/drought or call **136 186**.

Victorian Trees on Farms Program Until 1 Nov

The Victorian Trees on Farms Program has been extended, with Round 1 applications now open until 1 November 2026.

The Professional Service Provider Register Expression of Interest has also been extended to 1 November 2026.
[Expression of Interest Guidance Note](#) | [Victorian Trees on Farms Program](#) | [Trees on farms](#) | [Plantations and farm forestry](#) | [Crops and horticulture](#) | [Agriculture Victoria](#)

H5 Bird Flu Update

Victorians are being urged to stay alert following confirmation of H5N1 high pathogenicity avian influenza (H5 bird flu) in wild birds in Western Australia and South Australia.

This disease is not present in Victoria, but it's a timely reminder to stay aware.

If you see sick or dead birds:

- **AVOID** contact
- **RECORD** what you see
- **REPORT** it to 1800 675 888 or via the [online form](#)

Report 5 or more dead birds anywhere in Victoria, or even one high-risk species like marine mammals, seabirds, waterbirds, shorebirds or birds of prey. [H5 bird flu detection in Western Australia](#) | [Media releases](#) | [Media centre](#) | [About](#) | [Agriculture Victoria](#)

Programs continue to be available to support farmers with recovery, uncertainty and decision making

One-on-one Farm Advisory Service

Free **one-on-one consultations** with a farm management specialist to take stock and work through farm business strategies.

- Two free consults
- [Choice of specialist](#)
- Wide range of expertise
- In-person, on-farm or online

Rural Financial Counselling Service

- Free, confidential and independent financial information, options, decision-making support and referral services
- Free wellbeing counselling to assist with mental health and wellbeing issues.

Farm Drought Support Grants

Up to \$5,000* for primary producers to support investment in **drought management and preparedness**, including on-farm infrastructure improvements.

- Link with the one-on-one consults to invest in identified improvements
- Submit up to two claims to max. of \$5,000
- Claim eligible costs incurred since 30 September 2024

- [Farm advisory service](#) | [Drought support](#) | [Farm management](#) | [Agriculture Victoria](#)

- [Farm Drought Support Grants](#) | [Grants and financial support](#) | [Drought support](#) | [Farm management](#) | [Agriculture Victoria](#)

A note from DEECA

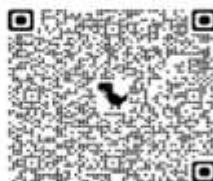
NOTIFICATION OF 1080 PEST ANIMAL BAITING PROGRAM

The Department of Energy, Environment, and Climate Action (DEECA) will be undertaking a 1080 pest animal poisoning program using buried baits and canid pest ejectors on public land to manage predation on livestock.

Baiting will occur from the 1 July 2026 to the 1 January 2027.

See attached map for an overview of where baiting will occur and for more detail refer to:

- <https://agriculture.vic.gov.au/livestock-and-animals/livestock-health-and-welfare/livestock-predation-management/livestock-predation-management-in-eastern-victoria/baiting-notifications> or <https://go.vic.gov.au/4dj5rCL>
- Alternatively scan the QR code with a device



The use of the 1080 pest animal bait product will follow the product label and the Directions for the Use of 1080 and PAPP Pest Animal Bait Products in Victoria (DFU). When used following the product label and the DFU the chances of non-target animal impacts are reduced but there is still some risk.

If you have not received notification for the animal baiting program or would like to view the rest of this notice & the attached map contact

Vertebrate Species Management
<vertebratespeciesmanagement@deeca.vic.gov.au

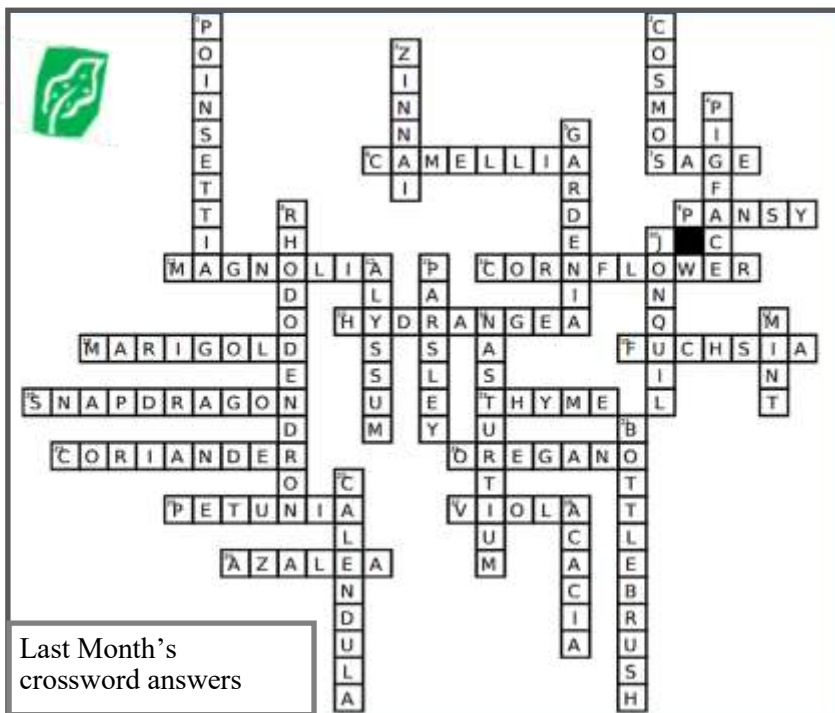
Or you can see a copy at BNH

Preparing your garden for spring planting

- Clear weeds, old plants, stones, and debris so they don't compete with new plants.
- Mix in a few cm's of compost, plus old manure for improving drainage & fertility
- Loosen the topsoil with a fork rather than over-digging. Try to open the soil without the destroying mycelium structure (network transferring water & minerals to plants) & worms
- If your soil is cloggy and slow to drain, try raised beds or mounded rows so roots are aerated after rain.
- Mulch while you're waiting to plant to hold in moisture and help suppress weeds.

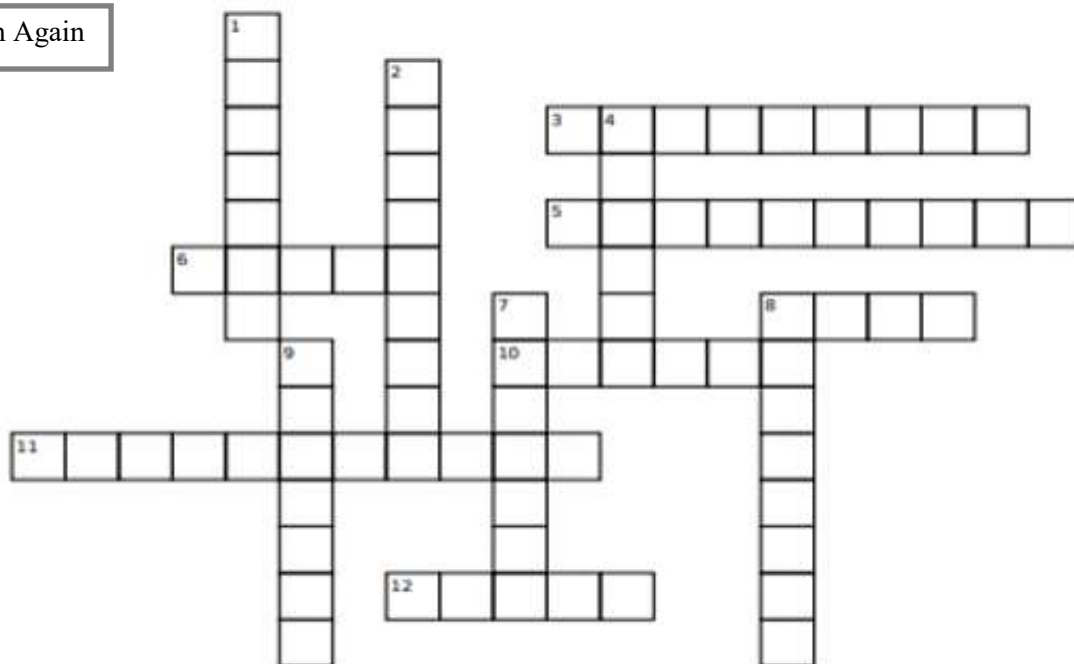
Good planting soil should crumble rather than stay in a hard lump. If water pools on top or runs off, the soil may need more organic matter or product before planting. Consider using more compost, peat moss, coconut coir or Gypsum

Adapted from <https://www.seasoil.com.au/soil>



Last Month's crossword answers

In Your Garden Again



Down:

1. Popular garden flower with trumpet-shaped blooms in many colours
2. Cilantro
4. Golden-flowered Australian native; also known as wattle
7. Green leafy herb used in cooking; also a garnish
8. Large fragrant flower on a tree native to the Americas and Asia
9. Pungent herb essential to Italian and Greek cuisine

Across:

3. Orange-yellow "pot marigold" often used in herbal remedies
5. Colourful flower with edible leaves; also a type of trumpet flower
6. Small flower resembling a pansy; also a violin-like instrument
8. Refreshing herb used in drinks, desserts, and savory dishes
10. Showy flowering shrub with clusters of bright spring blooms
11. Red-flowering Australian shrub with cylindrical brush-like flowers
12. Small-leaved aromatic herb common in Mediterranean dishes

BEAT DUMB THUMB

SET LIMITS BEFORE YOU BET

Ever noticed your thumb gets excited when it comes to gambling apps? Once it sees the alerts, bonus offers and multi bets, it can't get enough. Next thing, it's whacking bets on everything from the footy to Hungarian wrestling.

It's called 'Dumb Thumb'. But the good news is, you can beat it by setting limits.

- ✓ Max once a week
- ✓ Max 2 types of gambling
- ✓ Max 2% of weekly pay



🔍 Beat Dumb Thumb

VGCCC
Victorian Gambling
and Casino Control
Commission

VICTORIA
State
Government

Ads & Opportunities

Applications for ongoing and seasonal forest fire-fighter roles close on Sunday, July 27. FFMVic is recruiting roles at 74 sites across Victoria.

For information and to apply, visit jobs.careers.vic.gov.au/sffoo or call 136 186.

Call David for mowing, garden maintenance, hedge trimming 04370 81644

Wanted —

- ♦ Balls of wool
- ♦ Knitters & Crocheters
- ♦ Blanket squares

Bendoc Neighbourhood House

CENSUS NIGHT 11th August

Dexter Beef sides & partial sides.

Check availability

Contact Graham on 0429436202

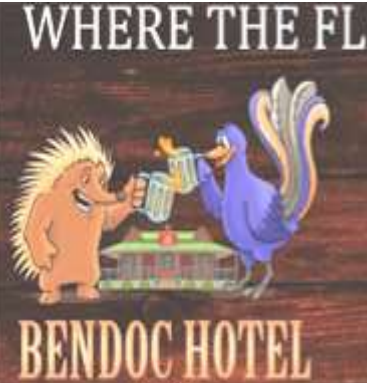
wagradexters@gmail.com

Looking for interested people to join the friendly group making up the Bendoc Progress Association.. The BPA auspices Bendoc Neighbourhood House.& holds meetings around 4-5 times a year.

Drop in or contact us.

02 64581531 bendocpa@bigpond.com

Wrecking -
HJ Holden— not many parts left
1954 Rover
0437 081 644



WHERE THE FLICK IS BENDOC

BENDOC HOTEL
Est 1908

"Little Bush Pub in the middle of nowhere"

10-12 DOWLING STREET, BENDOC, VICTORIA, 3688 • PH: 02 6458 1453 • EMAIL: BENDOCHOTEL@GMAIL.COM

WEDNESDAY - DINNER (6PM - 8PM)
Specials Night
THURSDAY - DINNER (6PM - 8PM)
Meat Raffles
FRIDAY - DINNER (6PM - 8PM)
Pat & Pami - \$30
SATURDAY - LUNCH (12PM - 2PM)
- DINNER (6PM - 8PM)
Happy Hours - 4:30 to 5:30
Joker Draw - Drawn at 7:30pm
Multiple Raffles - Local Vouchers
HOURS Mon - Thu (12pm to Late)
Fri - Sat (12pm to Late)
Sundays CLOSED

Bushbubs Wildlife Shelter
Looking after sick and or injured Australian Wildlife

Lyn Button
Gap Rd
Bendoc Vic 3888

0488719233

Bushbubs01@gmail.com




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Call Dave: 0497 911 548
Locally owned and operated servicing the Bombala Region

Office space for hire at Bendoc Neighbourhood House.

Free for Community Services, Suitable for study, admin work, medical & welfare services
very reasonable rates

Community Notices

A NOTE FROM CANN RIVER/BENDOC POLICE

I have recently taken over as the officer in charge at The Cann River Police Station and now Bendoc as well. My aim is for Cann River police to drive up and open the Bendoc station and conduct patrols as needed once a week. There will be no set day or time as each week will need to be assessed for roster availability.

If members of the community have concerns they wish to raise and would like to meet with police on their next visit or need contact in the meantime, please feel free to share the following email and I will ensure the issue is looked in to and they are contacted by one of my officers. Cannriver-uni-oic@police.vic.gov.au

The phone number for The Cann River Police Station is (03) 5158 6202.

If there is an invoice, feel free to reply with it to this email or the email above.

Regards

Shiloh TREZISE | Sergeant 44749

Station Commander - Cann River Police Station | ED6 | Far East Gippsland | Victoria Police

email: shiloh.trezise@police.vic.gov.au phone: (03) 5158 6202
address: 6 Monaro Highway, Cann River, VIC 3890

WANTED -
More jolly people to join the friendly mob volunteering to keep our services going

Bendoc Hall Committee ph Jim 0403196528

Bendoc Progress Association ph Lyn 0488719233

DROP OFF YOUR dead household batteries and **MOBILE PHONES** at BNH. We cannot take large batteries e.g. Car batteries

If you'd like a say in the positioning of a new bin at Bendoc Hall ring Hall President Jim - 0403196528

or contact the Neighbourhood House

10c return plastic, cans & glass bottles can be dropped off in our recycling bin outside BNH. These items are collected voluntarily & funds are donated back to Bendoc Neighbourhood House

Don't forget to visit the Green Shed

OPEN Most Tuesdays, Thursdays, Saturdays, 9 -12.30 ish

If you are travelling a distance, it may be best ring Bob — 0408981524 to check if the shed is open

More volunteers for the occasional few hours needed

NOTE The Green shed's clothes department is choc-o-block full & does not have room for any more for quite a while Shoes also :)

Donations of other usable items- Most Welcome

BNH invites suggestions, input, points of interest, photos, news & community notices. Contributions are free

bendocpa@bigpond.com Ph 0264581531
18 Dowling St Bendoc PO Box 50 Bendoc 3888

Website – bendoc.org.au

THE WHEEL IS DISTRIBUTED MID MONTHLY THE FINAL DATE FOR ARTICLES IS AROUND THE 15TH

If you would like the 'Wheel' emailed or are local & don't receive it in the post, please let us know & we'll update your details.

Contributions are readers own input, BNH does not necessarily share all opinions published.

Small spot AD \$5.00	1 issue	6 issues	11 issues
¼ Page	\$17.50	\$87.50	\$157.50
½ Page	\$35.00	\$175.00	\$315.00
Full Page	\$70.00	\$350.00	\$630.00

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Colour A4 50c copy

B&W A3 50c a copy. Colour A3 \$1.00 copy.

Laminating \$2.50 A4 \$5.00 A3

IMPORTANT CONTACTS

Emergency —————000

Bendoc Police—————0264581523

Delegate Police—————0264503360

Bombala Police—————0264583444

Report road issues Regional Roads Vic 133778

Bendoc/Tubbut/Goongerah

Wellness Nurse—————0456167011

Health Direct—————1800 02 2222

Delegate MPS—————0264598000

Bombala MPS—————0264585777

Orbost Regional Health——0351546777

Bombala Medical Practice—0264583022

Register your burn off——1800668511

Monaro Family support ——026458 4888

Delegate Pre School:——026458 8196

Delegate Public school:——026458 8183

Tubbut Neighbourhood House—0482855670

Bendoc Neighbourhood House—0264581531

Delegate Rural Transaction centre 02 6458 8388

Wellbeing Local **1300 000 352**

MensLine Australia **1300 789 978**

Kids Help Line **1800 55 1800**

Beyond blue **1300 224 636**

Domestic/family violence **1800RESPECT**
1800 737 732

S	M	T	W	TH	F	S
12	13 Vic School re- turns	14 BNH 9-2 GR SHED 9-12	15 BNH 9-2 Craft Morning	16 NURSE BENDOC GREEN SHED 9-12	17 BNH 9-2	18 GREEN SHED 9-12
19	20	21 BNH 9-2 GR SHED 9-12 NURSE GOONGERAH NSW SCHOOL RETURNS	22 BNH 9-2 Craft Morning NURSE TUBBUT CFA Manage- ment meeting	23 GREEN SHED 9-12	24 BNH 9-2	25 GREEN SHED 9-12
26	27	28 BNH 9-2 NURSE GOONGERAH GR SHED 9- 12	29 BNH 9-2 Craft Morning	30 NURSE BENDOC GREEN SHED 9-12	31 BNH 9-2	1ST AUGUST GREEN SHED 9-12
2	3	4 BNH 9-2 GR SHED 9-12 NURSE GOONGERAH	5 BNH 9-2 Craft Morning NURSE TUBBUT Osteo Goongerah & Bendoc	6 GREEN SHED 9-12 OSTEO TUBBUT	7 BNH 9-2	8 GREEN SHED 9-12
9	10	11 BNH 9-2 GR SHED 9-12 NURSE GOONGERAH	12 BNH 9-2 Craft Morning	13 NURSE BENDOC GREEN SHED 9-12	14 BNH 9-2	15 GREEN SHED 9-12
16	17	18 BNH 9-2 GR SHED 9-12 NURSE GOONGERAH	19 BNH 9-2 Craft Morning NURSE TUBBUT	20 GREEN SHED 9-12	21 BNH 9-2	22 GREEN SHED 9-12
23	24	25 BNH 9-2 GR SHED 9-12 NURSE GOONGERAH REDI EMERGENCY WORKSHOP	26 BNH 9-2 Craft Morning	27 NURSE BENDOC GREEN SHED 9-12	28 BNH 9-2	29 GREEN SHED 9-12
30	31	1 SEPT BNH 9-2 GR SHED 9-12 NURSE GOONGERAH	2 BNH 9-2 Craft Morning NURSE TUBBUT	3 GREEN SHED 9-12	4 BNH 9-2	5 GREEN SHED 9-12

NEXT PUBLIC HOLIDAY LATE SEPT- AFL

BENDOC MARKET 13TH SEPT