

Bendoc Wheel

bendocpa@bigpond.com 0458153074 Bendoc.org.au



BENDOC NEIGHBOURHOOD HOUSE

**TUES WED FRI
9.00-2.00**

printing, laminating,
internet, computer, books
to browse & borrow,
friendly chats, tea & coffee
local info
Council Outreach
Local crafts for sale

**Crafts & Get together
WED am**

THE GREEN SHED

RE-USE, RECYCLE,
repurpose
Behind Bendoc Hall

Normal Hours
Tues, Thurs, Sat 9-12ish
ring Bob to confirm
0408981524
Prices by Donation

EAST GIPPS SHIRE MOBILE LIBRARY

Join, borrow, return or
order a book from the
Mobile Bus at Bendoc
Hall Grounds
Library books &
audio books atlas
Neighbourhood
house

Thurs 10.30 - 11.30

WELLNESS NURSE VISITS

Bendoc Thurs. Ft.
Goongerah Tues. Ft.
Tubbut Wed. Ft.

Ring Birgit
0456167011

POST OFFICE

MON-FRI 12-5
BENDOC PUB

MON 8-11
WED 12-3
SAT 8-11



0403196528

Contact Jim for info

Bendoc enjoyed a wonderful Market day on a beautifully sunny Sunday. Unfortunately we were far too busy having fun to take pictures of the market & crowd—so you'll just have to believe us :)

GREEN SHED OPEN FOR BUSINESS



Around 13 stalls offered a varied mix of goods, giving market-goers plenty to browse and buy.

Local CFA volunteers—big thanks to Glen and David—kept us fed with sausages throughout the day, while the pleasant perfume of Patrice's perfect Pizzas permeated the place pleasantly.

Craft products abounded: handmade cards; beautifully sewn, crocheted and knitted toys; bags; and numerous other textile items. We had glow-in-the-dark candles, homegrown honey, antiques and bric-a-brac, original artwork, plants (including conifers and exotic species), amazing locally baked sourdough bread, and other delectable delicacies. The Old Delegate Post Office stall showcased a huge variety of quality crafts, Bendoc wellness nurse Lachlan was on site with his blood-pressure machine and of course The Green Shed was open for business.

Many of our stallholders sell their products outside market days and offer locally produced alternatives for goods and gifts rather than far-away online products. Contact BNH for more info.

It was great to see so many locals enjoying the sunshine and Bendoc's scenery, along with visitors from nearby towns and members of the Cooma Car Club. The Bendoc Pub was buzzing with business, and praise for Caroline's multitude of meals reached our ears two (or three) doors up.

P.S. if anyone did get some market snaps please let us know

COOMA VISITORS ARRIVE IN BENDOC IN STYLE



1 Bendoc Community Resource Centre is Your Centre



More Bendoc Visitors from Delegate & Cooma Car Club.
If you are interested in learning more about the Club—Contact
0428484076, 0439676444 or look them up on Facebook



FRIENDS OF ERRINUNDRA PRESENT

Springtime in Errinundra



Thursday 15 – Sunday 18 October 2026
Bendoc, East Gippsland, Victoria

Explore old growth forests, cool temperate rainforests, alpine heights and a remote nature reserve over four spring days on the Errinundra Plateau.

- Guided drives through the plateau's forests
- Short walks to lookouts, rainforest gullies and the nature reserve
- Evening talks by noted botanist David Cameron

KNOW BEFORE YOU GO

- Based at Bendoc Hall — showers for a gold coin donation
- Free camping at Wilsons Hut
- BYO camping and cooking gear, food and water
- Fuel and supplies at Orbost, Bombala and Delegate
- Bendoc Hotel has meals and some accommodation

Bookings and further information: p.thwait@bigpond.net.au

EmergencyRedi Workshop in Bendoc

On the 25th August

Red cross, SES, CFA, Council members & Police from both sides of the border joined locals for a very informative session on learning more about being ready for emergencies in our district. Please visit BNH for useful resources and a copy of the Bendoc & surrounding Victorian districts Local Incident Management Plan (LIMP). This will explain the role Bendoc Hall can play in the event of an emergency, emergency services contacts, and information on things we need to prepare for that we may not think of at the time.



An information session will be held soon informing residents on how to use the emergency generator at Bendoc Hall. Let us know if you are interested in coming along

Do you Crochet? or Knit?
or keen on learning?



Bendoc Neighbourhood House is seeking help in creating beautiful homemade blankets from knitted & crocheted squares

- ~ Join us for Wednesday craft mornings
- ~ or make your squares at home & contribute
- ~ donations of wool/ yarn much appreciated



Bendoc Neighbourhood House has a new mobile phone number **0458153074**



Need help with an energy bill?

Call the Energy Assistance Program on [1800 161 215](tel:1800161215).

Learn about HOW TO SPOT SCAMS ON THE INTERNET

Bendoc will be hosting a fun and casual workshop designed for people aged 50 and over who want to build confidence with computers and learn how to spot internet scams. The session will cover basic computer skills in a simple, easy-to-follow way, with plenty of time for questions from our IT guru - Sharon

Snacks with morning tea & a light lunch included
PLUS - surprise gift bag for our keen learners.

Wednesday 21st October 9.30 -1.00

Contact Bendoc
Neighbourhood House &
register your interest



**Flying Doctor
Mobile Eye Care**

**Our FREE optometry service
is coming to Goongerah
22 October**

**Goongerah Hall
6933 Bonang Road
Goongerah**

**Reduced cost
glasses available!**

Eligibility criteria
apply, so to find out
more or to book an
appointment please
call (03) 8412 0444.

Message from Birgit



LINKING OUR REMOTE COMMUNITIES WITH SERVICES THAT MATTER

Thank you to everyone who came to support our – your Service this month

Nurse visits to the area will continue – now weekly (see calendar below). Lachlan is back on board and will look after Goongerah and Bendoc. Birgit will concentrate mostly on Tubbut, but can also offer home visits to those who are unable to attend in all communities. Marked in the calendar as Nurse visits. Please come and see them.

Skin checks: Sadly, our original Practitioner had to withdraw her service for personal reasons. We are currently negotiating with another Practitioner. Fingers crossed.

We will have the following Allied Health visits coming up

October

Podiatrist at Bonang Hall

Tuesday the 6th

Wednesday the 7th

Physio

22nd in Bendoc

November

Physio

17th Goongerah

17/12 Bendoc

19/1 Goongerah

11th Nov We are planning to have a Learn Technology Day at the Bonang Hall

FREE session is for anyone

50+ to bring their phones/ tablets/laptops and get coached on how to use them to do what they want to do

Physio is not covering Tubbut at the moment, but everyone can book at Goongerah or Bendoc.

ONLINE BOOKING PLATFORM OR Use this Link to book. <https://www.picktime.com/home/E2S>

If you experience problems with the online booking – call us

Bendoc – 02 6458 1531

Birgit – 0456 167 011

Tubbut – 0482 855 670

You can also expect a phone call from your **Nurse Lachlan Mob 0439 159 815** in the coming weeks, to introduce himself.

SHARING INFORMATION

Our main share point for updates are the **Tubbut Tattler** and **Bendoc Wheel**. You will also receive text messages from the Nurses phone and appointment reminders from Pick time.

Our Allied Health visits had to be cut back due to budget constraints. Please also note, that the Osteo creates his own patient list. Once a patient's treatment is complete, he will include a new patient from his waiting list. If you would like to be added to the waiting list, please let Birgit know.

MON	TUE	WED	THU	FRI	SAT	SUN
OCTOBER				1	2	3
			Osteo Tubbut - fully booked			4
5	6	7	8	9	10	11
	Nurse Goongerah Podiatrist Bonang Hall	Podiatrist Bonang Hall	Nurse Bendoc			
12	13	14	15			16
	Nurse Visits	Nurse Tubbut				
19	20	21	22			23
	Nurse Goongerah		Nurse and Physio Bendoc			
26	27	28	29			
	Nurse Visits	Nurse Tubbut				
NOVEMBER				5		6
2	3	4	Nurse Bendoc			
	Melbourne Cup no Nurse visit					
9	10	11	12	13	14	15
	Nurse Visits	Nurse Tubbut				
16	17	18	19	20	21	22
	Nurse and Physio Goongerah		Nurse Bendoc			
23	24	25	26	27	28	29
	Nurse Visits	Nurse Tubbut				
30						

SCAN TO BOOK



On Track



Score by award winning
composer Damian Barbeler

Experience an Immersive Multimedia
Performance

Delegate School of Arts

36 Bombala St Delegate

Friday 23rd October 2026 at 6:30 pm sharp

Adults \$40 10-18 yrs \$20

Primary school & under Free

Bookings & payment through Delegate Progress Assoc. 02 6458 8388

Card payments available. For further information call 02 6458 8388

Immerse yourself in the grandeur, sights and sounds of the timeless landscapes of the Bundian Way, one of the ancient walking tracks linking the mountains to the coast.

Award winning composer and multimedia artist Damian Barbeler has created an inspiring production featuring instruments as diverse as violin to didgeridoo with landscape imagery and selected excerpts from the book "On Track" narrated by the author John Blay.

This first performance in the south east is fittingly being held in the only town on the ancient pathway—DELEGATE



Sat, 14 Nov, 9am - 1pm AEDT

**Detox Your Home
- Bairnsdale**

East Gippsland Livestock Exchange,
Bairnsdale VIC, Australia

The Victorian Government has published the 2026-27 schedule for its popular **Detox Your Home program**, giving Victorians more opportunities to safely dispose of household chemicals and other hazardous waste free of charge. Detox Your Home events allow Victorians to drop off items such as pesticides, cleaning products and other household chemicals that cannot be disposed of through kerbside collection.

Bookings are essential. For full details on locations, dates and accepted materials, visit environment.vic.gov.au/hazardous-household-chemicals/detox-your-home.

Delegate Multi-Purpose Service

11 Craigie St, Delegate
(02) 64598000

The Delegate MPS Assessment and Treatment Care Centre (ATCC)

The Delegate MPS Assessment and Treatment Care Centre (ATCC) is not an Emergency Department, for all Emergency type presentations please proceed to the nearest Emergency Department at the Bombala MPS, or phone 000 for an Ambulance. The ATCC is open Monday to Friday 8.30am to 4pm, please call Delegate MPS (02) 64598000 to make an appointment. Outside of these hours, please consider if your presentation is an Emergency and therefore not for Delegate MPS.

Our nurse-led ATCC is offering:

- Wound Care
- Nursing Assessments
- Blood Pressure readings
- Blood Sugar readings
- Suture or Clip removal
- Injections with Doctors written order
- Other procedures that do not require a doctor

Pathology

Wednesday 9:30am-10:30am. No appointment necessary. Not available on public holidays

Other Community Health Services Available – Please Phone Delegate MPS for further information

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse



Women's Health Nurse

To refer to any of the above please ring Community Health Central Intake Team on 1800 999 880

Please Note– Victorian visits are no longer taking place, this may recommence according to need.

OLD DELEGATE POST OFFICE

*Home of the
Healing Hub and Creative Hub
Homewares*

*Gourmet Foods
Handcrafted Gifts & Toys*

*Thursday to Saturday
10am to 4pm*

*40 Bombala St Delegate
02 64550259*

*Thursday afternoon Creative
Hub Workshops*

12.30 to 2.30pm

*Small charge for materials
Serendipitous Markets last
Saturday of the month.*

Barista Coffee, Hot chocolate and Tea

Herb and flower posies now available

Join us for the Launch of Natalie
Armstrong's new book
Memories of Delegate and Border
District

**Saturday 3rd October
10am**

Delegate School of Arts
36 Bombala St Delegate NSW

Signed copies will be available on the day

Copies will then be available at the Rural Transaction Centre, General Store and Old Post Office Shop in Delegate.

DELEGATE TO BOMBALA BUS

Pick up from RTC Delegate 10.30am 1st & 3rd

Wednesday of the month

Bus leaves Bombala for return trip to Delegate 12.30 -1.00

Bookings essential

contact RTC Delegate **02 6458 8388**





All group training day **Sunday October 9.30** start at Bendoc Fire shed. We will have props there helping us to train for real life situations. Please make the effort to attend this day – Fire season is just around the corner.
For more info please ring Jon 04 31719 671 or David 0437081644

Did you know? -

if you are an active SES or CFA volunteer you can claim an **EMERGENCY SERVICES REBATE FROM YOUR RATES**

You can claim for your Principal place of residence, Farmland or Single Farm Enterprise (SFE)

You will need

- ◆ Your CFA or SES member number
- ◆ Bank details
- ◆ Rates notice
- ◆ Identification
- ◆ Phone connected to CFA/SES ID & access to your email (know your password or bring your own device)

CFA - members.cfa.vic.gov.au

SES - VICESSES volunteer porthole sso.ses.vic.gov.au

Please read the guidelines before applying - you may need to provide more info depending on your circumstances

Department of Government Services [1300 778 931](https://1300.778.931)

Apply at- <https://service.vic.gov.au/find-services/housing-and-property/eligible-volunteers-rebate-scheme>

Emergency (000)

Vic Emergency Hotline [1800 226 226](https://1800.226.226)

CFA Headquarters [\(03\) 9262 8444](https://03.9262.8444)

Register a Burn Off [1800668511](https://1800.668.511)

For emergency information including severe weather warnings– download the VicEmergency app

- Go to the site Emergency.vic.gov.au
- ring the hotline number above
- Non English speakers—ring 131450 & ask for translated info from the site
- Hard of Hearing or speech impairment use the National relay service & ask for 1800226226
- Your Neighbourhood House can assist

For Information on firewood collection
call 136 186.



LOCAL INCIDENT MANAGEMENT PLAN

BENDOC & DISTRICT

WHAT TO DO DURING A LOCAL INCIDENT: FIRE, FLOOD, STORM, ETC

GET READY NOW

- Develop a personal incident plan
- Make sure vehicle has fuel
- Pack an emergency kit
- Prepare your house

WHAT TO TAKE

- Protective clothing including hat, long sleeve top and pants and sturdy footwear
- Food and water
- Phone and charger, radio
- Prescriptions, medication and toiletries
- Torch and batteries
- Important documents, photos, insurance, USB sticks, etc
- Pet needs

WHEN TO LEAVE

- When you hear an incident will impact your area
- Close windows, doors, curtains, turn off gas and appliances
- When advised by CFA, SES, DEECA, Vic Police, Radio
- Notify family / friends when you leave

- DO NOT** rely on electricity to fight fires
- DO NOT** drive in smoke or flood water

WHAT TO EXPECT IN AN EMERGENCY

- Limited visibility
- Limited access
- Crowded at Assembly Area
- Loss of power and phone communication

YOUR ASSEMBLY AREA DOES NOT REPLACE YOUR PERSONAL PLAN AND DECISION TO LEAVE EARLY

- Assembly Areas offer **no guarantee** that emergency services will be present during an emergency
- Assembly Areas **may not** prevent death or injury from fire, embers or radiant heat
- Assembly Areas are a place to gain information
- Assembly Areas are a place to support each other
- Assembly Areas make people feel less isolated
- Assembly Areas can be a place for Authorities to leave information and maps
- Assembly Areas can be a place for Authorities to meet with community

ASSEMBLY AREA

BENDOC HALL
DOWLING STREET, BENDOC 3888

NEIGHBOURHOOD SAFER PLACE
BENDOC HALL CARPARK
DOWLING STREET, BENDOC 3888

STAY INFORMED

- Police, Fire, Ambulance 000
- VicEmergency Hotline 1800 226 226
- Bushfire Info Line (VBIL) 1800 240 667
- Regional Roads Victoria 13 37 78
- State Emergency Service 132 500
- VicEmergency (Information) www.emergency.vic.gov.au
- Regional Roads Victoria (Traffic Information) www.regionalroads.vic.gov.au
- ABC (News/alerts) www.abc.net.au/emergency
- East Gippsland Shire Council www.eastgippsland.vic.gov.au
- Bureau of Meteorology (Weather) www.bom.gov.au
- VicEmergency App (Free)
- ABC LOCAL AM – 720, 828 FM – 100.7, 103.5, 97.1
- ABC NATIONAL FM 106.3, 98.7, 99.7, 103.5 UHF CB – Channel 40

Rates Roadshow

We understand that rates can sometimes feel confusing, and you may have questions about how they are calculated, your property valuation, or whether you are receiving all the entitlements available to you, such as rebates or exemptions. Our friendly rates team is here to help, and they are heading out into the community to answer your questions, listen to your concerns, and support you in making sense of it all.

Come meet with our friendly rates team

Benambra Neighbourhood House

16 September, 11.30 am – 2.30 pm

Bendoc Mobile Library stop

1 October, 10.30 am – 11.30 am

Buchan Mobile Library stop

13 October, 10.30 am – 11.30 am

Cann River Community Centre

23 September, 10.30 am – 12.00 pm

Gelantipy Mobile Library stop

13 October, 9.00 am – 9.45 am

Lakes Entrance Service Centre

6 October, 9.30 am – 3.30 pm

Mallacoota Service Centre

23 September, 2.00 pm – 5.00 pm

Omeo Service Centre

15 September, 10.00 am – 5.00 pm

16 September, 9.00 am – 10.30 am

Orbost Service Centre

30 September, 9.30 am – 5.00 pm

We are here to help. If you cannot attend one of these sessions, please know that support is still available. You can call our office during normal business hours on 03 5153 9500 to speak with one of our customer service staff or a member of the rates team.

For more information on our support options, please contact us or visit our website.

(03) 5153 9500

eastgippsland.vic.gov.au

EastGippyShire

PO Box 1618, Bairnsdale 3875



A message from your Mayor

As you receive your 2026–27 rates notice, I want to take a moment to explain how your rates help support the services, facilities and infrastructure that make East Gippsland such a great place to live, work and visit. I also want to highlight the consideration that has gone into keeping rate increases as low as possible while continuing to deliver the services we all depend on.

This year's Budget has been developed during a challenging time, with ongoing cost pressures affecting households, businesses and our organisation. This means we have had to make careful decisions to balance affordability with the need to maintain essential services and plan responsibly.



We have set the average rate increase at 2.5%, which is below the Victorian Government's rate cap of 2.75%, and below inflation. This is the second year in a row that we have kept our rates below the rate cap, recognising the continued cost-of-living pressures many in our community are experiencing.

Support for our ageing population and those experiencing financial pressure includes \$483,000 in additional pensioner rate rebates, on top of the Victorian Government concession, to assist eligible pensioners with rising living costs.

Your rates help deliver the services and infrastructure our community relies on every day, including road maintenance, managing waste and recycling, caring for parks and gardens, providing libraries and community facilities, supporting emergency management, and delivering sport, recreation, health and local law services.

Providing these services across East Gippsland's 21,000 square kilometres comes with unique challenges. Our region's size and diverse communities mean we need to maintain a wide network of facilities, services and assets – from libraries and waste transfer stations to open spaces, roads and community buildings – so residents across the region can access the services they need.

In 2026–27, we have allocated \$54.4 million to our Capital Works Program, with \$31.7 million funded through our operations and \$22.7 million supported by grants and external contributions. Making the most of what we already have remains a priority, with \$35.8 million of this investment dedicated to renewing existing assets. Securing external funding continues to be important as councils are being asked to deliver more while receiving less support.

We will continue to advocate on behalf of our community on costs outside our control, including the Emergency Services and Volunteers Fund (ESVF) levy, which we are required to collect and pass on to the Victorian Government. We understand the impact these additional costs can have and will continue to represent our community's concerns.

For more information about how rates are calculated, payment options, or to view the Council Budget, Council Plan or Rating Strategy, please visit our website or one of our Customer Service Centres.

Sincerely,

Jodie Ashworth

CR JODIE ASHWORTH
Mayor

(03) 5153 9500

eastgippsland.vic.gov.au

EastGippyShire

PO Box 1618, Bairnsdale 3875



East Gippsland Shire Mayor - Jodie Ashworth and Cr. Joanne

Eastman will be visiting the Bendoc community at the Neighbourhood House on the 30th September around 11.00. Please drop in, say hello & help us make them feel welcome.

Just some of the events to see at the Forge Theatre. Have a look & see what else is on show

The Forge Theatre is East Gippsland's Performing Arts Centre. <https://www.eastgippsland.vic.gov.au/leisure/whats-on-and-buy-tickets>

Mon, 28 Sep, 11am – 12pm AEST THE SNOW FAIRY The Forge Theatre, Bairnsdale VIC, Australia	Thu, 1 Oct, 7:30pm – 9:15pm AEST Daniel Champagne The Forge Theatre, Bairnsdale VIC, Australia	Sun, 4 Oct, 2pm – 5pm AEST East Gippsland Musical... The Forge Theatre, Bairnsdale VIC, Australia	Wed, 14 Oct, 10am – 12pm AEST East Gippsland Free Seniors Concert Riviera Christian Centre, Bairnsdale VIC, Australia
Thu, 15 Oct, 7:30pm – ... + 4 dates Allo Allo The Forge Theatre, Bairnsdale VIC, Australia	Fri, 23 Oct, 7:30pm – 9:30pm AEST My Leonard Cohen featuring Stewart... The Forge Theatre, Bairnsdale VIC, Australia	Sat, 24 Oct, 7:30pm – 9:40pm AEST Casey Donovan 'This is me' The Forge Theatre, Bairnsdale VIC, Australia	Sun, 25 Oct, 3:30pm – 5pm AEST Creedence Clearwater Revival The Forge Theatre, Bairnsdale VIC, Australia

Snippets from September Agrinews

For more Agrinews or if a friend or a neighbour would like to receive a copy of this newsletter, please email Kaylene Wickham Agribusiness Development Officer East Gippsland Shire Council kaylenewi@egipps.vic.gov.au call 5153 9450, register online at [Agrinews Newsletter](#) or drop into the neighbourhood house for a copy

Bigger solar rebates coming for farms

Great news for larger energy users! The Australian Government has announced an expansion of the Small-scale Renewable Energy Scheme (SRES), increasing eligibility from 100 kW to 1 MW.

This change will help businesses, farms and community facilities install larger rooftop solar systems, with installation costs expected to reduce by around 20%. A 250 kW solar system, for example, could receive an estimated \$68,000 discount and save around \$50,000 per year on electricity costs. The expanded scheme is expected to commence from 1 October 2026, subject to final regulations

Aussie Backyard Bird Count 19 – 25 Oct

With the appearance of Bird Flu (H5N1 virus) in Australia this year it's more important than ever to take part in the Aussie Backyard Bird Count.

The Aussie Bird Count is a fun, easy way to take a national snapshot of the birds we see and in the nature around us. With just 20 minutes, you can help build a picture of how our feathered friends are faring and contribute to something that really counts.

Register for the [Aussie Backyard Bird Count](#) and you will be reminded to participate and download the [Aussie Bird Count app](#) to start practicing. You can start planning your [activities and lesson plans](#).

H5 - Do you have backyard chooks?

As H5 bird flu continues to spread among wild birds, with detections along most of Victoria's coast, poultry housing requirements in southern parts of the state have been extended for at least another 28 days.

Poultry owners with 50 or more birds in coastal and southern shires are required to confine their birds as an ongoing precautionary measure to reduce contact with wild birds.

If you notice something unusual, talk to your local vet or call the Emergency Animal Disease Hotline on 1800 675 888. With H5N1 bird flu in Victoria, now is a good time to review your setup

Start with these simple steps:

- Keep feed and water away from wild birds
- Keep your birds away from dams, ponds and wild bird areas
- Use netting, roofing or fencing where practical
- Wear clean boots and clothes when entering poultry areas

Read more about biosecurity for backyard poultry owners at [Protecting poultry as H5 bird flu response continues](#) | [Media releases](#) | [Media centre](#) | [About](#) | [Agriculture Victoria](#).

If you provide backyard bird feeding please consider - [Backyard bird feeding could be a bird flu 'superspreader'](#).

H5 - Protect your pets

While the risk of H5 bird flu in pets is extremely low, it's best to take precautions. If you're out walking your dog or spending time outdoors:

- Keep dogs on a lead in areas with native wildlife
- Don't allow pets to investigate or eat dead animals
- Stop cats from roaming and hunting wildlife

These simple actions help protect pets, wildlife and curbs the spread of disease.

H5 - Further information

If you suspect H5 bird flu in birds, mammals, poultry or other captive birds, report it immediately by calling the Emergency Animal Disease Hotline on 1800 675 888 or to [DEECA](#) online. Read more at [H5N1 avian influenza](#) | [Poultry diseases](#) | [Animal diseases](#) | [Biosecurity](#) | [Agriculture Victoria](#).

New tools, resources & events for small businesses

[Business.gov.au](#) has released a range of new resources to help businesses stay informed and supported, including scam awareness tips, cyber security alerts, tax guidance for tradies, AI-related R&D tax incentive information, intellectual property advice, and workforce development opportunities.

Businesses can also access upcoming webinars, events, grants and free mental health support for business owners.

East Gippsland Shire Council has launched a redesigned website to make it easier for residents to find information, access services and connect with Council online. Featuring simpler navigation, improved accessibility and plain English content, the new site is available at the same address: [East Gippsland Shire Council](#).

Drought funding

Support is available to help farmers manage current conditions, access practical advice and plan ahead with more confidence, including: **Farm Drought Support Grants** – grants of up to \$5,000 are available for primary producers across the state

To view the full range of financial, technical and wellbeing support available visit the website or phone 136 186. Find out more at [Drought support](#) | [Farm management](#) | [Agriculture Victoria](#)

Wild Harvest Seafood Festival 25 – 27 Sept

The Wild Harvest Seafood Festival is happening in Mallacoota. The festival will serve up three delicious days of fresh seafood alongside an activity program packed with a combination of free and paid events.

Three days. Fresh local seafood. Wild places. Live music. Big adventures. And plenty of reasons to come to Mallacoota this September. **Friday 25 to Sunday 27 September** See the program at [Wild Harvest Seafood Festival | Mallacoota Australia](#)

Have you checked out [Your Say, East Gippsland](#) recently? Your Say is an online platform that lets you share what you think about the projects, services and places that matter to you. It's an important engagement tool for Council and community.

It is important to note that Council will also continue to consult with the community in a number of other ways including site meetings, community workshops, drop-in sessions and more.



EAST GIPPSLAND SHIRE LIBRARIES

FREE | BOOKINGS REQUIRED

Navigating the aged care system

Seniors Festival 2026



Spend some time with Cindy from Services Australia Centrelink!

Unsure where to begin navigating the Aged Care System? Cindy, an experienced Aged Care Specialist Officer (ACSO), will provide valuable information about My Aged Care and how she can support you and your family through the system.

Book now at your library 5152 4225
www.trybooking.com/event/eastgippslandshirelibraries

We are hoping to tap in to this session at BendocNH online
Let us know if you'd like to join us

Location	Date	Time
Bairnsdale Library	Monday 5 October	10:00am - 12:00pm
Lakes Entrance Service Centre	Tuesday 6 October	10:00am - 12:00am
Mallacoota Service Centre (Online)	Monday 5 October	10:00am - 12:00am
Ormeo Service Centre (Online)	Tuesday 6 October	2:00pm - 4:00pm
Orbost Service Centre	Tuesday 6 October	2:00pm - 4:00pm

Ćevapčići

small skinless meat sausages typically grilled
originating from the Balkans

INGREDIENTS

Makes about 12–14 rectangular chevapcicis

1 kg minced beef (or 700 g beef + 300 g pork mince for a softer texture)

- 1 onion, very finely grated (about ½ cup)
- 2–3 garlic cloves, crushed
- 1 tsp salt (or to taste)
- 1 tsp freshly ground black pepper
- 1–2 tsp sweet paprika
- 2–3 tbsp cold water or beef stock
- 1 egg
- Oil, for brushing or frying

Leavening/Texture: ½ tsp baking soda (essential if you want a springy texture & helps hold together)

METHOD

Mix the mince base In a large bowl, combine mince, grated onion, garlic, salt, pepper, paprika

If using baking soda, dissolve in the water.

Add the cold water/stock to the meat.

Add the beaten egg.

Mix thoroughly until the mixture feels sticky and well combined (3–5 minutes). This develops the “sausage” texture.

Press the mixture firmly into a lightly oiled rectangular tray or loaf tin, about 1.5–2 cm thick.

Smooth the top.

Refrigerate for at least 2 hours

Turn out onto a board and cut into rectangles.



Cook Grill / barbecue, Pan-fry or oven bake.

Serve with

Roasted red capsicum dip or bottled roasted red-pepper spread.

Sweet chilli sauce, For a sweeter, spicier flavour

Tomato relish or mild salsa.

Hummus, A creamy alternative.

Garlic yoghurt, made by mixing plain yoghurt with crushed garlic, salt and lemon juice

& goes great with ...

Shopska Salad

Diced Cucumber, green peppers, red onions, extra dash of vinegar & olive oil, top with feta

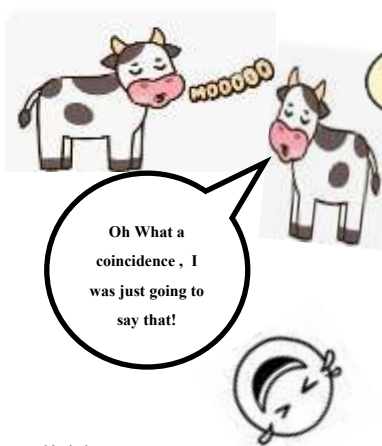
Balkan Cabbage Salad

Shredded Cabbage, vinaigrette of oil, white vinegar, pinch caraway seeds & salt

Garlic & Cucumber

Sliced cucumber, red onion, minced garlic, dill

Fried Flat Bread with butter



This book on anti gravity is really hard to put down

I went shopping for milk the other day and came out with a mortgage

Working for Centrelink is really tough — If I get fired I still have to come in the next day

I did have a Joke about inflation, but its not worth it now

The publican was told by local police his customers need to watch their drinking — so he installed mirrors

Camping together on a case, Holmes said “What do you deduce from the stars you see Watson?” . “It’s a clear night Sherlock, Saturn is in Leo, there are millions of galaxies, it’s about 3.15 and it’ll be fine tomorrow” Holmes cried out “No you idiot, Our tent has blown away!!”

Gardening Hints

• Watch forecasts from mid-September: act when overnight lows are forecast around 0° and colder

• Cover tender plants before dusk with horticultural fleece, old sheets, or row cover. Keep fabric off the foliage

• Slugs and snails: especially on lettuce, spinach, strawberries, and seedlings. Use iron-phosphate bait, beer traps, or nightly hand-picking; keep mulch slightly away from very young stems. seasol.com

• Aphids: check new growth on brassicas, peas, and fruit trees. Blast off with water or use insecticidal soap if numbers build; encourage ladybirds and hoverflies with flowering herbs. seasol.com

• Cabbage white butterflies: net or fleece brassicas if you’ve had plenty in previous years.

• Prepare beds with compost; direct-sow lettuce, spinach, carrots, beetroot, peas, and spring onions.

• Start tomato / capsicum / eggplant seeds in trays indoors or in a sheltered, sunny spot. seasol.com+2

• Top-dress fruit trees and berry bushes with compost; water in if the top 5 cm of soil is dry.

• Strawberry runners can be planted now; mulch well and watch for slugs.

We're Hiring

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*There may be more hours available on days off as well



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partial sides.

Check availability

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0429436202

wagradexters@gmail.com

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WHERE THE FLICK IS BENDOC



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Specials Night
THURSDAY - DINNER (6PM - 8PM)
Meat Raffles
FRIDAY - DINNER (6PM - 8PM)
Pot & Panto - \$30
SATURDAY - LUNCH (12PM - 2PM)
- DINNER (6PM - 8PM)
Happy Hours - 4:30 to 5:30
Joker Draw - Drawn at 7:30pm
Multiple Raffles - Local Vouchers
HOURS Mon - Thu (12pm to Late)
Fri - Sat (12pm to Late)
Sundays CLOSED



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Call Dave: 0497 911 548
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Lyn Button
Gap Rd
Bendoc Vic 3888

0488719233
Bushbubs01@gmail.com



SEEDS -
BNH fundraiser
Vegetable & flower packets of seeds for sale
& keen for more donations -
SAVE your seeds for the future

Notices & Info

Bendoc Progress Association AGM

Wednesday 28th October 10.00

At Bendoc Neighbourhood House

Hall Hire \$60 for the Day
0403196528

NOTE—Bendoc Hall has had two new general waste bins installed. Please keep in mind these bins are there for incidentals, campers & hall ground users and not for household rubbish. Fines do apply

Send us your email address if you would like to go on our Emailing list & see the Wheel in colour

BNH invites suggestions, input, points of interest, photos, news & community notices. Contributions are free
bendocpa@bigpond.com Ph 0264581531
18 Dowling St Bendoc PO Box 50 Bendoc 3888
Website – bendoc.org.au

THE WHEEL IS DISTRIBUTED MID MONTHLY THE FINAL DATE FOR ARTICLES IS AROUND THE 15TH

If you would like the 'Wheel' emailed or are local & don't receive it in the post, please let us know & we'll update your details.

Contributions are readers own input, BNH does not necessarily share all opinions published.

WANTED -
More jolly people to join the friendly mob volunteering to keep our services going

Bendoc Hall Committee ph Jim 0403196528

Bendoc Progress Association
ph Lyn 0488719233

Green Shed Volunteers
Bob 0408981524

Don't forget East Gippsland Shire

Mayor community visit 30th Sept

DROP OFF YOUR dead household batteries and MOBILE PHONES at BNH.
We cannot take large batteries e.g.
Car batteries

10c return plastic, cans & glass bottles can be dropped off in our recycling bin outside BNH. These items are collected voluntarily & funds are donated back to Bendoc Neighbourhood House

IMPORTANT CONTACTS

Emergency —————000
 Bendoc Police—————0264581523
 Delegate Police—————0264503360
 Bombala Police—————0264583444

Report road issues Regional Roads Vic 133778

Bendoc/Tubbut/Goongerah

Wellness Nurse—————0456167011

Health Direct—————1800 02 2222

Delegate MPS—————0264598000

Bombala MPS—————0264585777

Orbost Regional Health——0351546777

Bombala Medical Practice—0264583022

Register your burn off——1800668511

Monaro Family support ——026458 4888

Delegate Pre School:———026458 8196

Delegate Public school:——026458 8183

Tubbut Neighbourhood House—0482855670

Bendoc Neighbourhood House—0264581531

Delegate Rural Transaction centre 02 6458 8388

Wellbeing Local **1300 000 352**

MensLine Australia **1300 789 978**

Kids Help Line **1800 55 1800**

Beyond blue **1300 224 636**

Domestic/family violence **1800RESPECT**
1800 737 732

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S	M	T	W	TH	F	S
20	21 Vic School Hols start	22 BNH 9-2 Gr SHED 9-12 NURSE GOONGERAH	23 BNH 9-2 Craft Morning	24 Gr SHED 9-12 NURSE BENDOC	25 AFL PUBLIC HOLIDAY	26 Gr SHED 9-12
27	28 NSW School Hols start	29 BNH 9-2 Gr SHED 9-12	30 BNH 9-2 Craft Morning NURSE TUBBUT MAYOR VISIT	1 Oct Gr SHED 9-12	2 BNH 9-2	3 Gr SHED 9-12
4	5 VIC SCHOOLS BACK POSSIBLE DATE- FOR AGED CARE ONLINE INFO SESSION	6 BNH 9-2 Gr SHED 9-12 NURSE GOONGERAH Podiatrist Bonang/Goong.	7 BNH 9-2 Craft Morning Podiatrist Bonang	8 NURSE BENDOC Gr SHED 9-12 Lib. BUS 10.30-11.30	9 BNH 9-2	10 Gr SHED 9-12
11	12	13 BNH 9-2 Gr SHED 9-12 NSW SCHOOLS BACK	14 BNH 9-2 Craft Morning NURSE TUBBUT	15 Gr SHED 9-12 Lib. BUS 10.30-11.30	16 BNH 9-2 Friends of Errinundra & Parks Vic presentations	17 Gr SHED 9-12
18 CFA ALL GROUP TRAINING	19	20 BNH 9-2 Gr SHED 9-12 NURSE GOONGERAH	21 BNH 9-2 Craft Morning INTERNET SCAM WORKSHOP	22 Gr SHED 9-12 Lib. BUS 10.30-11.30 NURSE / PHYSIO BENDOC EYE DOCTOR GOONGERAH	23 BNH 9-2	24 Gr SHED 9-12
25	26	27 BNH 9-2 Gr SHED 9-12	28 BNH 9-2 Craft Morning BNH AGM NURSE TUBBUT	29 Gr SHED 9-12 Lib. BUS 10.30-11.30	30 BNH 9-2	31 Gr SHED 9-12
1 NOV	2	3 Gr SHED 9-12 MELBOURNE CUP PUBLIC HOLIDAY	4 BNH 9-2 Craft Morning	5 Gr SHED 9-12 Lib. BUS 10.30-11.30 NURSE BENDOC	6 BNH 9-2	7 Gr SHED 9-12
8	9	10 BNH 9-2 Gr SHED 9-12	11 BNH 9-2 Craft Morning NURSE TUBBUT	12 Gr SHED 9-12 Lib. BUS 10.30-11.30	13 BNH 9-2	14 Gr SHED 9-12
S	M	T	W	TH	F	S