Bendoc WheeL

bendocpa@bigpond.com 0458153074 Bendoc.org.au



CFA TRAINING BENDOC



The gang at Bendoc CFA shed

David Whitlock -Bendoc Captain
Kerry Seaton - Goongerah
Training Officer





Thanks to Jim & Pip for the pictures

Bendoc Neighbourhood House

TUES WED FRI
9.00-2.00
printing, laminating,
internet, computer, books
to browse & borrow,
friendly chats, tea & coffee
local info
Council Outreach
Local crafts for sale

Crafts & Get together
WED am

The Green Shed

RE-USE, RECYCLE,
repurpose
Behind Bendoc Hall

Normal Hours
Tues, Thurs, Sat 9-12ish
ring Bob to confirm
0408981524
Prices by Donation

East Gipps Shire Mobile Library

Join, borrow, return or order a book from the Mobile Bus at Bendoc Hall Grounds
Library books & audio books atlas
Neighbourhood house

Thurs 10.30 - 11.30

Wellness Nurse visits

Bendoc Thurs. Ft.
Goongerah Tues. Ft.
Tubbut Wed. Ft.

Ring Birgit
0456167011

Post Office

Mon-Fri 2.00 -5
Bendoc Pub

MON 8-11
WED 12 -3
SAT 8 -11

0403196528

Contact Jim for info

FOOD



With the rising cost of food and fuel, Bendoc Neighbourhood House is pleased to announce our affiliation with Foodbank Victoria. We will soon be offering a small free food bank with basic ingredients supporting the community for the unexpected & light-on times.

Take Note

VOTING 28TH NOV
There will be no voting booth in Bendoc

Voting centres will be open in Cann River, Orbost, Bairnsdale and other venues on the 28th

Early voting can be done between 18th & 27th Nov. The closest early voting centres to here are Lakes, Bairnsdale & Sale

If you have already registered to be a general postal voter you should have, or will soon received your ballot papers in the mail

Otherwise you can apply for a Postal Vote application online at vec.vic.gov.au/postalvote. The application is immediate & you'll receive papers in the mail
The neighbourhood house have paper applications for postal votes but you'll have to be quick to get it in on time
Voting info—132326.

Do you Crochet? or Knit?
or keen on learning?



Bendoc Neighbourhood House is seeking help in creating beautiful homemade blankets from knitted & crocheted squares

~ Join us for Wednesday craft mornings
~ or make your squares at home & contribute
~ donations of wool/ yarn much appreciated

Thanks to every one who has participated and donated beautiful handmade squares—we have a great variety ready to be put together & our first whole blanket is nearly compete

BNH will be holding another Clean Up Aust Day in March next year– If you have any suggestions on need, or ways — or wish to join in please let us know

Join Bendoc Neighbourhood House for a Xmas get together on the 12th December 1.00
Bring your own plate– ring to confirm

Xmas lunch at the Bendoc Hall ring 0411359091 Xmas Day



Some internet workshop attendees relaxing on the Verandah, chatting on the evils of Scams during Get Online Week Oct 21st.

If you would like to know more about IT, internet & computer skills & scams please register your interest for next year

ERRINUNDRA TO SNOWY WELLBEING SPACES
Tubbut Bendoc Goongerah

LINKING OUR REMOTE COMMUNITIES WITH SERVICES THAT MATTER

SCAN TO BOOK

Thank you to everyone who came to support our – your Service this month
December Christmas Break – 18/12 to 12/1/27

Nurse visits – Lachlan (0439 159 815) Birgit, Tubbut and surrounds, but can also offer home visits.
Marked in the calendar as Nurse visits.

A special shout out to the Men – November is Men's Health Month – book in with the nurse for a health check up!

Skin checks: We are negotiating with a Practitioner for early next year – watch this space.

Physio is not covering Tubbut at the moment, but everyone can book at Goongerah or Bendoc for January. Place to be confirmed for 21st January, might even be at Bonang Hall

Osteo
Our Osteo creates patient list. Once a patient's treatment is complete, they will include a new patient from his waiting list. If you would like to be added to the waiting list, please let Birgit know – 0456 167 011

1st December at Goongerah Wellbeing Space – please come and meet Goutham

My name is Goutham, and I'm a Family Violence Case Manager at ORH.
My role involves supporting individuals and families through life's challenges, providing practical assistance, information and connections to appropriate services.
I'm looking forward to visiting your community, meeting local residents and learning more about the community. I believe in taking a friendly, respectful and person-centred approach, and I'm always happy to have a chat about how I may be able to help.I look forward to meeting you all!

Service is again adapting to changing needs of communities, more in January.
Our main share point for updates are the **Tubbut Tattler** and **Bendoc Wheel**.

NEWS **NEWS** **NEWS**

Congratulations! We're pleased to confirm that Errinundra to Snowy Wellbeing Spaces (E2S) has been nominated for the 2026 Gippsland Primary Health Awards in the **Impact for Communities** category.

The awards recognise the people, teams and organisations contributing to health and wellbeing across Gippsland. Thank you for the work you do for our communities.

And the Winner is? We find out on 18th December

What we offer:

Health Assessments Health Education
Telehealth appointments + support
Urine analysis ECG
Spirometry
Ear Wax Removal/Clean
Mental health support
Wound care/dressings Suture removal

Help navigating health services
Health checks and health care plans
Immunisations and other injections with Dr's orders including

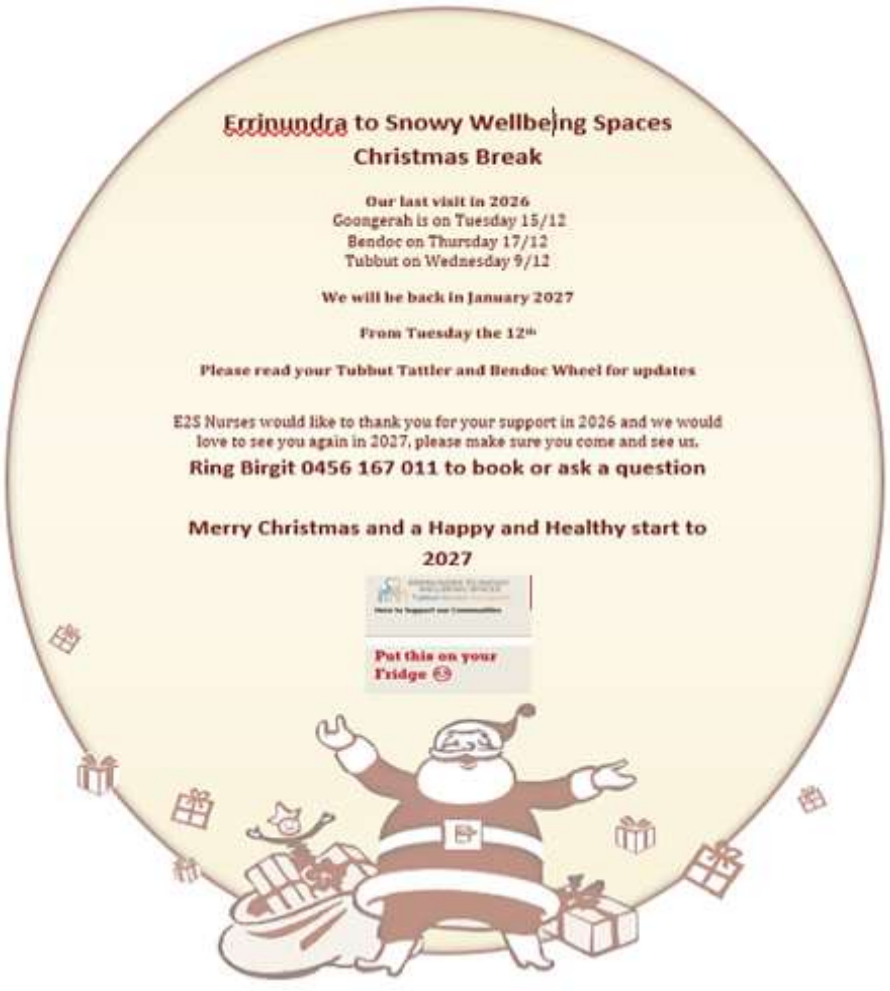
Blood Pressures & Blood Glucose readings

Help filling out medical forms,
My Aged Care & Home Care Packages

Hosting service providers
Podiatry
Osteopath
and more
Pathology coming soon

Other services will be added as they become available.

Can't see what you need?
Give us a call 0456 167 011



NOTE - The green waste disposal voucher only be used at designated tips, Bendoc & Bonang tip do not accept green waste. The closest designated tips are Cann River & Orbost.

Your next read is just a tap away

Love flicking through your favourite magazines? You can now do it all online with BorrowBox ePress through East Gippsland Libraries.

Library members can access a wide range of digital magazines for free, with titles covering travel, food, lifestyle,

Engage with us

2027/28 Budget feedback
Looking Ahead: Have your say on the future of farming advocacy in Gippsland
East Gippsland Disability Network – expression of interest open
Port of Bairnsdale Masterplan – feedback is open

Here's a look at the upcoming events in our community that we proudly support, including our own calendar of events:
6 November – The Traveling Wilburys Collection, The Forge
7 November – Virtuoso, The Forge
8 November – Community • Collaboration • Carmen, The Forge
12 November – Council (Statutory) Meeting, Bairnsdale
17 November – Council Meeting, Bairnsdale
21 November – The Roy Orbison Story, The Forge
For other events and further details, please see East Vic Events, What's On, Library events, Forge Theatre and Arts Hub and Community Directory.

Snippets from the Council

For more info visit www.eastgippsland.vic.gov.au/our-council

Pay your rates your way

Looking for a simpler way to manage your rates payments? Payble gives you more flexibility, allowing you to choose how and when you pay.

You can pay your rates in full or by instalments, or set up automatic weekly, fortnightly or monthly payments to ensure that rates are paid on time.

Payble is free and easy to set up, and you can check your balance or change your payment schedule at any time if your circumstances change.

Getting started is easy – simply go to Pay Rates, enter your mobile number or email address and follow the prompts.

You can pay using your bank account, debit card or credit card. If you're having difficulty paying your rates, please contact us to discuss the support and payment options available.

Temporary Disaster Roaming implemented

One of our key advocacy priorities for East Gippsland has become a reality, with Temporary Disaster Roaming now available across Telstra, Optus and TPG networks.

Introduced from 1 October, Temporary Disaster Roaming provides an additional way for people to stay connected during major natural disasters. If a customer's usual mobile network is disrupted, they may be able to connect to another available network to make calls, send texts and access limited data for essential information.



Bendoc Neighbourhood House
Shire Outreach Centre

East Gippsland Shire resources
Forms Printed
Easy Access to Council Site
Library Resources

A sample of just some of our new titles from EGSC Mobile Library – more to come

Browse, Join up, Borrow Tues, Wed, Fridays 9-2 from the Neighbourhood House

Have a look at the audiobooks on CD (can be played on most regular CD players) and MP-3 audiobooks.

Digital eAudiobooks are also available through the library's online services

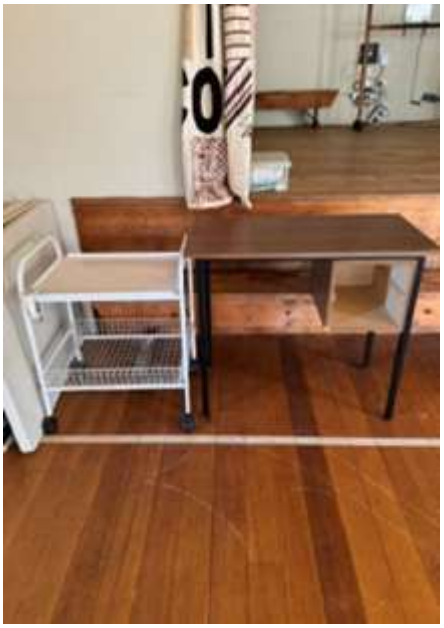
ERRINUNDRA TO SNOWY WELLBEING SPACES
Tubbut Bendoc Goongerah

LINKING OUR REMOTE COMMUNITIES WITH SERVICES THAT MATTER

PODIATRY CHAIR DONATION HEARTFELT THANKS TO PAT CAMPBELL

Recently the E2S Wellbeing Spaces have had a generous donation of a Podiatry Chair.
The E2S Governance Committee had procured a recliner chair from ORH however, have been on the lookout for a proper Podiatry chair for Bonang Hall.
The E2S Governance Committee would like to sincerely thank Pat Campbell of Delegate for the Podiatry Chair, Podiatry stool, Podiatry equipment and Equipment trolley to enable the visiting Podiatrist to be more comfortable when holding Podiatry clinics Bonang Hall.
The donation of the chair will mean that all Podiatry visits will now be held at Bonang Hall, therefore centralising the clinics making it more economical for the Podiatrist visits and enabling more appointments with the Podiatrist not having to travel to all E2S Wellbeing Spaces.

Heather Scroope
Chairperson
E2S Governance Committee





E2S CALENDAR

23	24 Nurse Visits	25 Nurse Tubbut	26	27 **November**
30				

MON	TUE	WED	THU **December**	FRI
	1 Nurse and Family Violence Worker Goongerah	2	3 Nurse Bendoc	4 **December**
7	8 Nurse visits	9 Nurse Tubbut and Osteo Goongerah and Bendoc	10 Osteo Tubbut	11
14	15 Nurse Goongerah last visit from Lachlan	16	17 Nurse Bendoc last visit from Lachlan	18
21 Christmas break starts till 12th January	22	23	24 	25
28	29	30	31	

MON	TUE	WED	THU	FRI
				1 Back from Christmas break on 12th
4 Podiatry in January or February to be confirmed call Birgit if interested	5	6	7	8 **January 2027**
11	12 Nurse visits	13 Nurse Tubbut	14	15
18	19	20	21 Physio Bendoc or Goongerah to be confirmed	22
25	26 Nurse Visits	27 Nurse Tubbut	28	29

Delegate Multi-Purpose Service
11 Craigie St, Delegate
(02) 64598000



The Delegate MPS Assessment and Treatment Care Centre (ATCC)

The Delegate MPS Assessment and Treatment Care Centre (ATCC) is not an Emergency Department, for all Emergency type presentations please proceed to the nearest Emergency Department at the Bombala MPS, or phone 000 for an Ambulance. The ATCC is open Monday to Friday 8.30am to 4pm, please call Delegate MPS (02) 64598000 to make an appointment. Outside of these hours, please consider if your presentation is an Emergency and therefore not for Delegate MPS.

Our nurse-led ATCC is offering:
- Wound Care
- Nursing Assessments
- Blood Pressure readings
- Blood Sugar readings
- Suture or Clip removal
- Injections with Doctors written order
- Other procedures that do not require a doctor

Pathology
Wednesday 9:30am-10:30am. No appointment necessary. Not available on public holidays

Women's Health Nurse
To refer to any of the above please ring Community Health Central Intake Team on 1800 999 880

Other Community Health Services Available – Please Phone Delegate MPS for further information

- Dietician
- Diabetes Educator
- Immunisations
- Podiatry
- Child and Family Health Nurse
- Generalist Community Health Nurse

Please Note– Victorian visits are no longer taking place, this may recommence according to need.

OLD DELEGATE POST OFFICE

Home of the
Healing Hub and Creative Hub
Homewares
Gourmet Foods
Handcrafted Gifts & Toys
Thursday to Saturday
10am to 4pm
40 Bombala St Delegate
02 64650259
Thursday afternoon Creative Hub Workshops
12.30 to 2.30pm
Small charge for materials
Serendipitous Markets last Saturday of the month.
Barista Coffee, Hot chocolate and Tea
Herb and flower posies now available

Lakes Live brings free music to running festival weekend

Andrew Swift, TIMBAKAT and Reversion will perform beside two days of racing on the Lakes Entrance foreshore.

The Lakes Entrance Running Festival will add a full programme of free live music to its inaugural weekend on Saturday 31 October and Sunday 1 November, giving runners, supporters and the wider community more reasons to stay in the Event Village.

Lakes Live will feature 2023 CMAA Male Artist of the Year and three-time Golden Guitar winner Andrew Swift on Saturday afternoon, followed by TIMBAKAT on Sunday morning and Reversion through the closing stages of Sunday's programme.

Lakes Live is open to the community, and spectators are encouraged to come down, enjoy the music and help create a strong finish-line welcome for every runner.

Event entries and weekend information: lakesentrance.run
Media enquiries
Sophie Bennett
Marketing and Media Coordinator
Fit City Events

DELEGATE TO BOMBALA BUS

Pick up from RTC Delegate 10.30am

1st & 3rd Wednesday of the month

The bus leaves Bombala for the return trip to Delegate 12.30 -1.00

Bookings essential

contact RTC Delegate **02 6458 8388**

Snippets from EGSC Agrinews

For more Agrinews or if a friend or a neighbour would like to receive a copy of this newsletter, please email Kaylene Wickham Agribusiness Development Officer East Gippsland Shire Council **kaylenewi@egipps.vic.gov.au** call 5153 9450, register online at **Agrinews Newsletter** or drop into the neighbourhood house for a copy

Digging Deeper - Lisa Miller Beyond the Surface: Exploring Soil Acidity

In this episode of Digging Deeper, Lisa Miller discusses why managing soil constraints is often harder than identifying them, emphasizing the need to assess the full soil profile and target the most production-limiting issues. Common constraints covered include acidity (treated with lime), sodicity and dispersion (often treated with gypsum), compaction, and dense clay subsoils where deep ripping alone can be a short-lived "band-aid."

More information on addressing Soil Constraints can be found at the Soil CRC https://soilcrc.com.au/projects/addressing-complex-soil-constraints/. Digger Deeper Chats with Al can be listened to at Podcast - Digger Deeper - AG Chats with AL.

Why Succession Planning Matters

Successful planning is not just about legal documents. It matters as it helps with:

Protecting relationships and family harmony
Preparing yourself and your family
Avoiding the crisis of having no plan
Supporting business viability and future direction
Planning for a secure retirement
Passing on your legacy fairly
Taking action before it is too late

For more information reach out to NEX 1300 045 747.

EXTENDED - WE NEED TO HEAR FROM YOU

Looking ahead 2026 survey needs more farmers voices
We are seeking East Gippsland and Wellington Shire farmers input to help shape the 2019 'Looking Ahead' advocacy paper for Gippsland agriculture.
We need your input on:

What are the key issues affecting your farm?
What opportunities do you see? What challenges are you facing?

Take 15 minutes to have your say. Complete the survey at Agricultural Assistance. For further information contact
Kaylene Wickham Agribusiness Development Officer
kaylenewi@egipps.vic.gov.au or phone 0423 205 007.

Roadside Grazing Permits Fees being waived

Many farmers across the Omeo district continue to face rising feed costs and ongoing green drought conditions. To help support local producers, East Gippsland Shire Council is waiving application fees for eligible Roadside Grazing Permits, making it easier for farmers to access additional feed while ensuring livestock are grazed safely and in accordance with permit requirements.
Farmers are still required to submit an application and obtain approval from a Community Laws Officer, however the permit fee will be waived. To find out more or apply for a permit, visit Council's Roadside Grazing Permits webpage: https://www.eastgippsland.vic.gov.au/community-laws-and-permits/roadside-grazing

Have your say - Your Say on Projects

Have you checked out Your Say, East Gippsland recently? Your Say is an online platform that lets you share what you think about the projects, services and places that matter to you. It's an important engagement tool for Council and community.

It is important to note that Council will also continue to consult with the community in a number of other ways including site meetings, community workshops, drop-in sessions and more.

East Gippsland Community Directory

East Gippsland Community Directory, helps people find local health and community organisations, services and activities available across our region. The directory is designed for health and community organisations that provide services or activities with a community benefit.

Organisations can register if they meet the eligibility criteria. Once the initial registration is complete, you can add further information to build out your organisation's listing. Register to assist for our community to discover the local services, activities and support available across East Gippsland at List for FREE

Are you Growing Profit or Eating it 19 November

There is a practical Business of Farming session focused on understanding your numbers, making smarter feed decisions and getting more out of your livestock enterprise in Omeo on Thursday 19 November.

Thursday 19 November 2026
10.00 am – 2.00 pm
Omeo Soldiers Memorial Hall
179 Day Avenue, Omeo

No cost to attend – lunch provided. Please register at https://wkf.ms/3UTziP0. For further information or book direct, contact Kelly on 0484 124 281.

Taking your farm vehicle on the road?

Special work vehicles are used for specific agricultural, maintenance or service tasks, including quad bikes and side-by-sides may require VicRoads conditional registration for road use, with specific conditions covering licensing, equipment, safety and where they can be operated. Special work vehicles - Transport Victoria
View more information on operator groups on the VicRoads non-compliant vehicles page. You can also apply for conditional registration at conditional registration for a SWV (quad bike) at VicRoads.

Reporting of Dingoes and Livestock Losses

Last month we featured an article on the timely reporting of dingo activity, including livestock attacks, sightings, tracks, and any other predation incidents support effective management and protect livestock. Every report contributes valuable information that helps government officers and management programs better understand the scale, location and movement of dingo populations, allowing resources to be directed where they are needed most. **If you see dingo activity, or experience livestock impacts, report it as soon as possible. Early and accurate reporting improves local responses, strengthens long-term management programs, and helps protect livestock and farming enterprises.**

More information at **Livestock predation management in eastern Victoria | Livestock predation management | Livestock health and welfare | Livestock and animals | Agriculture Victoria**. Report to DEECA Customer Call Centre on **13 61 86** or contact your local **Vertebrate Species Management Officer**

It was a terrific turnout on the 1st November for CFA training in Bendoc. Crew covered Burn Over / Entrapment Drill , Tree Hazard Awareness, Containerised Training Prop, Draughting Station and Radio/Communications training.

Thanks to Barry, Helen & Claire for the tasty barbeque

It was great to see so many of our neighbouring brigades join us for the day

Now is the perfect time for **new members—**

please contact Jim Stevenson on 0403 196528 , wilsonstevenson@hotmail.com Secretary Lyn Button 0488719233 or have a chat to Bendoc Captain – David Whitlock or Group officer—Jono at the pub

Fire Permits Victoria: **https://firepermits.vic.gov.au**
During Fire Season it may take up to two weeks for processing.
Apply for a fire permit / register a burn-off **1800 668 511**

VicEmergency information line **1800 226 226**

CFA headquarters / general fire-restriction enquiries **(03) 9262 8444**

DEECA / Forest Fire Management **136 186**

Emergency **000**



Financial assistance is available for people on low incomes who buy firewood:
www.ffm.vic.gov.au/firewood/energy-concession-and-support

Did you know? -

if you are an active SES or CFA volunteer you can claim an **EMERGENCY SERVICES REBATE FROM YOUR RATES**

Apply at- **https://service.vic.gov.au/find-services/housing-and-property/eligible-volunteers-rebate-scheme or visit the Neighbourhood House for assistance**

FOREST FIRE MANAGEMENT VICTORIA

Media Release

26 October 2026 | Media contact: media@deeca.vic.gov.au

Additional rappel firefighters strengthen rapid attack capability

Forest Fire Management Victoria's (FFMVic) specialist remote forest rappel firefighters have begun preparations ahead of the 2026-27 bushfire season.

Rappel firefighters provide a critical rapid response capability, enabling crews to quickly reach and contain fires in some of Victoria's most remote and inaccessible forests.

This bushfire season, additional Victorian Government funding will increase the number of rappelers by four, bringing the total to 40.

"These additional firefighters strengthen our ability to hit fires hard and fast in some of Victoria's most rugged and remote terrain," Acting Chief Fire Officer Aaron Kennedy AFSM said.

"Our priority is aggressive first attack, keeping fires small and preventing them from threatening communities and the environment."

The funding is part of the Victorian Government's $44.48 million investment in additional seasonal firefighters, training, equipment, fire detection capability, fleet and heavy machinery ahead of the bushfire season.

Based at Ovens and Heyfield during the fire season, FFMVic's rappel crews can be airborne within 15 minutes of a fire being detected.

Crews rappel from helicopters directly into the fireground, where they work to contain or slow the spread of the fire. Fire-bombing aircraft provide aerial support while additional crews and machinery are deployed.

Last season, rappel crews flew 56 missions to 22 fires, many of them started by lightning in otherwise inaccessible areas.

Over the coming weeks, recruits will complete four weeks of intensive specialist training before progressing to helicopter operations, while new rappel dispatchers are also being trained ahead of the bushfire season.

Since the program was established in 1985, more than 350 firefighters have completed the training.

"Every bushfire is different, but our aim is always the same: early detection, respond quickly, contain fires early and protect communities, property and the environment," Mr Kennedy said.

"Whether it's rappel crews deploying into remote forests, aircraft water bombing fires from the air, or crews and dozers building containment lines on the ground, each resource plays a critical role in our response."

To find out more about FFMVic's rappel program visit www.ffm.vic.gov.au

CFA **Fire Danger Period 5 October 2026 to 1 May 2027**.
That means open-air fires are restricted unless you have a permit or meet the applicable conditions.cfa.vic.gov

DURING THE FIRE DANGER PERIOD

You may use a **barbecue, pizza oven, fire pit, brazier or chiminea** without a permit if all of these apply:

- It is for **cooking or personal warmth**, not burning rubbish or garden waste.
- It is in a properly constructed fireplace—stone, metal or concrete—or a commercially made fire pit/chiminea/brazier.
- The fire is **no larger than 1 m × 1 m**.
- Wind is **below 10 km/h**; if leaves are constantly moving, it is too windy.
- There is **3 m clear of flammable material around and above** the fire.
- A responsible person stays with it at all times and can extinguish it**. It is fully extinguished before you leave**

ON A TOTAL FIRE BAN DAY

No campfires, fire pits, chimineas, braziers or solid-fuel barbecues may be lit anywhere in the open air.

A **gas or electric barbecue** may be used only if it is designed/manufactured for cooking, stable, supervised, has water or a hose available, and has a clear safe area around it.

For Information on firewood collection call 136 186.

Need help with an energy bill? Call the Energy Assistance Program on 1800 161 215.

For information on road closures visit ffm.vic.gov.au/permits-and-regulations/closures-of-parks-and-forests

For emergency information including severe weather warnings– download the **VicEmergency app**

A DAY IN BENDOC IS BACK — AND THIS YEAR IS HUGE!

Our second A Day in Bendoc Woodchop is shaping up to be an absolute cracker, with a full day of action, food, entertainment and family fun — followed by a massive night of live music!

Tag your mates, round up the family and SAVE THE DATE!
For more info look us up—or ring 0264581453

#ADayInBendoc #BendocHotel #BendocWoodchop #FreeEntry #TheMidnightSpecialBand #LiveMusic #FamilyFun #VisitBendoc #LittleBushPub





Interested in having a stall on Dec 5th?
Contact Jon & Caroline at the pub or Bendoc Neighbourhood House
Bendocpa@bigpond.com
0458153074

Wood Chop '25



‘Spring Time in Errinundra’ based in Bendoc.
Presented By Friends of Errinundra – together with Parks Vic & Far East Track Clearing, enjoyed a 3 Day stay of Talks, Walks, Guided drives &Track clearing in Bendoc, Errinundra & Goongerah

Far East Gippsland Track Clearing with Parks Victoria
15-18 October 2026
By Andrew Mortlock & Prue Hasler



2026 marked the 20th anniversary of the Far East Gippsland Track Clearing event with Parks Victoria. With volunteers from the Pajero 4WD Club, the Melbourne 4WD Club and the Land Rover Owners Club of Victoria making the journey from Melbourne to assist Parks Victoria Rangers with clearing Seasonally Closed 4WD tracks and walking tracks over 4 days.
Camping was at Wilsons Hut with people in tents, caravans and camper trailers. Hot showers being available next to the Bendoc Hall. Volunteer numbers were down slightly on previous years, but we still fielded a very capable and willing group to tackle the tasks assigned to us by Parks Victoria. Some volunteering for many years and some new to the event.
The Parks Victoria Ranger team was organised and led by Gordon Anderson from Bendoc. With Rangers from Bendoc, Cann River and Mallacoota it was marvellous to chat about the issues and special features of the various National Parks
Thursday 15th and Friday 16th were aimed at various areas in the Errinundra National Park. We cleared vehicle tracks and walking tracks, including Mt Morris, Errinundra Saddle, Rooty Break, Tea Tree Flat and Goonmirk Rocks.
Nothing too taxing.
Some enjoyed dinners at the welcoming historic Bendoc Hotel. If you want to take home enough afterwards for a couple of extra meals, order the full size Chicken Parmigiana.
The main event is always the Saturday, and this year was no different. Supported by no less than 8 Parks Rangers we split into 4 groups, with 2 Rangers per team.
The Snowy River National Park was unavailable due to contractors starting work there on the Snowy River Icon 4WD track. Group 1 tackled the BA Road in Errinundra, while the other 3 teams went north to the Alpine National Park to open gates and clear tracks across the Mt Tingaringy range.
I was keen to go with Group 1, knowing that there was some big timber on BA Road that needed to be cleared. The chainsaw was twitching and the excitement was palpable.
We eventually arrived at BA Road and quickly found the trees that Gordon had spoken about. Four hours and plenty of 2-stroke and sweat later we had chainsawed, winched, crow-barred, and rolled several tonnes of timber off the track to make it safe and drivable again.



On the Saturday night we congregated at the Bendoc Hall for a great night to celebrate the 20 years of the event. We were joined by the original Parks Ranger, Wing Haggar, who organised the first track clearing events. Participants camped on Wing’s farm for a number of years. We had a slap-up BBQ organised by Parks Victoria (delicious) followed by presentations by the Bendoc – Cann River Team Leader Robyn Korn, volunteers Prue and John Hasler and Tony Jambu. We were amazed at the size of the East Gippsland area covering all the Parks Victoria managed by the Cann River – Bendoc Parks Victoria team, from the Point Hicks lighthouse to the northern border.
Sunday morning continued the clearing for some followed by the long drive home. The weather was fine for all the 4 days although the first couple of nights were very cold. No rain, storms or snow this time.







Hints from the 60's



In the 60's, a woman's job was to keep the house spotless. Just as well, they had husbands to tell them where the spots were.

"Housework can kill you, so why take the chance"?
Phyllis Diller



Recipe Ideas

Simple Christmas Cake

Makes: one 20 cm round or square cake
Bake: 150°C (130°C fan-forced) for about 2½–3 hour

500 g mixed dried fruit — sultanas, raisins, currants, dates, apricots 100 g glacé cherries
50 g mixed peel, optional
1/2 cup brandy, rum, or strong cold tea
250 g butter, softened
1 cup brown sugar, firmly packed
4 eggs1 teaspoon vanilla
1 tablespoon marmalade or apricot jam
2 cups plain flour
1 teaspoon mixed spice
1 teaspoon ground cinnamon
1/2 teaspoon bicarbonate of soda
1/2 cup blanched almonds, optional

The night before, mix the dried fruit, cherries, peel, and almonds with the brandy, rum, or tea. Cover and leave overnight. This is the traditional step that makes the cake moist and deeply flavoured.

Heat the oven to 150°C. Line a 20 cm deep round or square tin with two layers of baking paper, letting it extend above the rim. For a very dark cake, line the outside with brown paper as well.

Beat the butter and brown sugar until pale and creamy. Add eggs one at a time, beating well after each. Beat in vanilla and marmalade.

Toss the soaked fruit with the flour, spices, and bicarbonate of soda, then fold everything into the butter mixture. Do not overmix.

Spoon into the tin, smooth the top, and bake for 2½–3 hours. Check after 2 hours; if the top is browning too quickly, cover loosely with foil. It is ready when a skewer inserted in the centre comes out clean.

While still warm, brush the top with an extra tablespoon or two of brandy if desired. Cool completely in the tin, then wrap well and store in an airtight container.womensweeklyfood.com

Gardening Hints

SPRING FERTILISING·

Prepare beds before planting: dig in compost or well-rotted manure, then apply a balanced slow-release fertiliser if the soil is poor. This gives young plants a steady nutrient supply as growth begins.

· Top-dress established beds with compost, pelletised poultry manure, or a balanced organic fertiliser; keep it a little away from stems and water it in.

· Start liquid feeding only once plants are actively growing. For vegetables, begin with a weak, balanced liquid feed after seedlings are established.

· Citrus and fruit trees: feed in early spring with a citrus or fruit-tree fertiliser, following the packet rate. For potted citrus, Gardening Australia advises a six-month controlled-release fertiliser applied twice yearly, plus regular watering.gardeningaustralia

Make your own Organic Liquid Manure

1 part well-rotted cow, sheep, or chicken manure — never fresh manure & 10 parts water
Add green vegetation- Comfrey leaves, herbs or Stinging nettle work well
A bucket or lidded container
An old pillowcase, woven sack, or fine sieve

Put about 1 kg of well-rotted manure into a porous bag, or place it loosely in a bucket. Add 10 litres of water.
Cover loosely and steep for 1–2 weeks, stirring every day or 2
When the water is brown, strain out the solids.
Dilute the strained liquid around 1:10 or when the colour is like weak tea.

Apply to moist soil around the roots, avoiding direct contact with stems and leaves.
Feed established vegetables and fruit roughly every 2 weeks during active growth.

Ads & Opportunities

Bendoc Hall Hire $60 for the Day

0403196528

Office space for hire at Bendoc Neighbourhood House.
Suitable for study, admin work, medical & wellness services
Very reasonable rates
Free for Community Services

Dexter Beef sides & partial sides.

Check availability

Contact Graham on

0429436202

wagradexters@gmail.com



Mowing Garden Care Hedging Pruning
Call David 0437081644

We're hiring....

We're looking for a **Marketing & Project Coordinator – Remote Microenterprises Australia** to join our team in Mallacoota.

This is a great opportunity to work alongside local women and small businesses, helping deliver our Remote Microenterprises Australia program.

If you know someone who might be a good fit, please share the opportunity with them.

- **Part-time, 12-month fixed-term 0.4-0.6 FTE**
- **Mallacoota, East Gippsland, VIC (hybrid/remote options may apply)**

Go to https://www.ethicaljobs.com.au/members/wildernesscollective/marketing-and-project-coordinator-remote-microenterprises-australia-mallacoota

Bushbubs Wildlife Shelter

Looking after sick and or injured Australian Wildlife

Lyn Button

Gap Rd
Bendoc Vic 3888

0488719233

Bushbubs01@gmail.com



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Call Dave: 0497 911 548
Locally owned and operated servicing the Bombala Region

Notices & Info

An information session is being planned for teaching residents how to use the emergency generator at Bendoc Hall. Let us know if you are interested in coming along

Bendoc Cemetery Trust are still looking for locals to join the Trust. At present the process for using the cemetery is managed interstate & more local representation is needed.

NOTE—Bendoc Hall has had two new general waste bins installed. Please keep in mind these bins are there for incidentals, campers & hall ground users and not for household rubbish.

WANTED -
More jolly people to join the friendly mob volunteering to keep things going

Bendoc Hall Committee
Ph Jim 0403196528
Bendoc Progress Association
Ph Lyn 0488719233
Green Shed Volunteers
Ph Bob 0408981524

Send us your email address if you would like to go on our Emailing list & see the Wheel in colour

***BNH* invites suggestions, input, points of interest, photos, news & community notices. Contributions are free**
bendocpa@bigpond.com Ph 0264581531
18 Dowling St Bendoc PO Box 50 Bendoc 3888
Website – bendoc.org.au
THE WHEEL IS DISTRIBUTED MID MONTHLY THE FINAL DATE FOR ARTICLES IS AROUND THE 15TH
If you would like the 'Wheel' emailed or are local & don't receive it in the post, please let us know & we'll update your details.
Contributions are readers own input, BNH does not necessarily share all opinions published.

Small spot AD $5.00	1 issue	6 issues	11 issues
¼ Page	$17.50	$87.50	$157.50
½ Page	$35.00	$175.00	$315.00
Full Page	$70.00	$350.00	$630.00

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Colour A4 50c copy
B&W A3 50c a copy. Colour A3 $1.00 copy.
Laminating $2.50 A4 $5.00 A3

Is anyone interested in assisting BNH with sifting through historical records to aid a request for information being sought for a family research project.?

DROP OFF YOUR dead household batteries and MOBILE PHONES at BNH. We cannot take large batteries e.g.

SEEDS - BNH fundraiser
Vegetable & flower packets of seeds for sale
& keen for more donations –
SAVE your seeds for the future

10c return plastic, cans & glass bottles can be dropped off in our recycling bin outside BNH. These items are collected voluntarily & funds are donated back to

Important Contacts

Emergency ——————000
Bendoc Police——————0264581523
Delegate Police——————0264503360
Bombala Police——————0264583444
Report road issues Regional Roads Vic 133778
Bendoc/Tubbut/Goongerah
Wellness Nurse——————0456167011
Health Direct——————1800 02 2222
Delegate MPS——————0264598000
Bombala MPS——————0264585777
Orbost Regional Health——0351546777
Bombala Medical Practice—0264583022
Register your burn off———1800668511

Monaro Family support ——026458 4888
Delegate Pre School:———026458 8196
Delegate Public school:——026458 8183

Tubbut Neighbourhood House—0482855670
Bendoc Neighbourhood House—0264581531
Delegate Rural Transaction centre 02 6458 8388

Wellbeing Local	**1300 000 352**
MensLine Australia	**1300 789 978**
Kids Help Line	**1800 55 1800**
Beyond blue	**1300 224 636**
Domestic/family violence	**1800RESPECT 1800 737 732**

November 2026

Bendoc Wheel

S	M	T	W	TH	F	S
15	16	17 BNH 9-2 Gr Shed 9-12 **NURSE GOONGERAH**	18 BNH 9-2 Craft Morning	19 Gr shed 9-12 Lib Bus 10.30-11.30 **NURSE BENDOC**	20 BNH 9-2	21 Gr Shed 9-12
22	23	24 BNH 9-2 Gr SHED 9-12 NURSE Area Visits	25 BNH 9-2 Craft Morning **NURSE TUBBUT**	26 Gr Shed 9-12 Lib. Bus 10.30-11.30	27 BNH 9-2 FISHING COMP	28 Gr Shed 9-12 **VICTORIAN ELECTION DAY** Fishing Comp
29	30	**1 DEC** BNH 9-2 Gr Shed 9-12 **NURSE /FAMILY VIOLENCE WORKER-GOONGERAH**	2 BNH 9-2 Craft Morning	3 Gr shed 9-12 Lib Bus 10.30-11.30 **NURSE BENDOC**	4 BNH 9-2	5 Gr Shed 9-12 Bendoc Wood chop & Market
6	7	8 BNH 9-2 Gr Shed 9-12 NURSE Area VISITS	9 BNH 9-2 Craft Morning NURSE Tubbut Osteo Bendoc Goongerah	10 Gr Shed 9-12 Lib. Bus 10.30-11.30 Osteo Tubbut	11 BNH 9-2	12 Gr Shed 9-12 BNH XMAS Lunch
13	14	15 BNH 9-2 Gr Shed 9-12 NURSE Goongerah Lachlan's last visit	16 BNH 9-2 Craft Morning **NURSE TUBBUT**	17 Gr Shed 9-12 Lib. Bus 10.30-11.30 NURSE Bendoc Lachlan's last visit	18 BNH 9-2 VIC School Holidays Begin	19 Gr Shed 9-12 VIC School Holidays Begin
20	21 E2S Wellness/ Medical program Xmas Break	22 BNH 9-2 Gr Shed 9-12	23 BNH 9-2 Craft Morning **BNH LAST DAY FOR '26**	24 Gr Shed 9-12	25  XMAS at BENDOC HALL	26 Gr Shed 9-12
27	28	29 Gr Shed 9-12	30	31 Gr Shed 9-12	**1st JAN**	2 Gr Shed 9-12
3	4	5 Gr Shed 9-12	6	7 Gr Shed 9-12 Library Bus 10.30-11.30	8	9 Gr Shed 9-12

E2S Wellness/Medical visits resume on the 12th Jan

S M T W TH F S